

North Yorkshire Preparation for Adulthood Outcomes

Foundation Stage – Stage 2

A range of Preparation for Adulthood (PfA) outcomes that children can achieve, starting from their earliest years through to adulthood.

Included outcomes consider:

- Education / World of Work ■ Health
- Independent Living ■ Community Inclusion

Pupil: _____ →

Parent: _____ →

School: _____ →

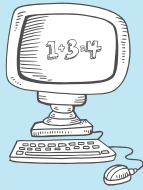
Date: _____ →



Foundation Stage - - - -

How to:

The outcomes listed can be set in any order that is relevant to an individual. Some children may never be able to achieve certain PfA outcomes and this is OK. The guide provides outcomes that children can work towards to improve their independence skills and help them to lead happy and healthy lives. Please ask a parent/carer/teacher to add brief comments or photos as evidence and sign when the outcomes are completed.



Education / Learning to think about the world of work

Completed ✓

- 0.01 I can follow a simple instruction.
- 0.02 I can adapt to new environments.
- 0.03 I can join in games and activities with others.
- 0.04 I can role play (builder / doctor / police officer / train driver etc).



Health

Completed ✓

- 0.05 I have had my health checks at birth.
- 0.06 I have a varied diet and enjoy different foods.
- 0.07 I have had my 2 year old development review.
- 0.08 My immunisations are all up to date.



Independent Living

Completed ✓

- 0.09 I can wash my hands.
- 0.10 I can go to the toilet on my own.
- 0.11 I can put my coat on without help.
- 0.12 I can wipe my nose.



Community Inclusion

Completed ✓

- 0.13 I have made friends at nursery/school.
- 0.14 I can play games with others.
- 0.15 I can share toys and take turns.
- 0.16 I like to go on visits with mummy / daddy / main carer.

Foundation Stage Evidence

I am happiest when I am:

I am good at:

Parent/Carer comments:

Outcome evidence

Additional evidence pages available at the back

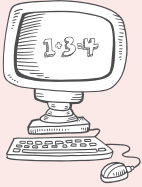
Parent/Carer Signature: Teacher Signature:

Stage Completion Date:

Stage 1

Education / Thinking about the world of work

Completed ✓



- 0.17 I can read, write and recognise my numbers to twenty.
- 0.18 I can recognise community buildings/recreation areas (fire stations, hospitals, parks).
- 0.19 I can talk about "what I want to be when I grow up".
- 0.20 I can recognise jobs in the community (postal worker, teacher, police officer).

Health

Completed ✓



- 0.21 I can make healthy choices with food.
- 0.22 I have visited a dentist either in school or with my parents/carer.
- 0.23 My Immunisations are up to date.
- 0.24 I can take part in Physical Exercise (PE)

Independent Living

Completed ✓



- 0.25 I can wash my face and brush my teeth independently.
- 0.26 I know what time I go to bed and have made a start with telling the time.
- 0.27 I can help an adult pay for items in the shop.
- 0.28 I can help with simple cooking tasks at home.

Community Inclusion

Completed ✓



- 0.29 I can take part in team games.
- 0.30 I have attended school clubs.
- 0.31 I have taken part in activities at the weekend.
- 0.32 I have developed friendships in school.

Stage 1 Evidence

What people like about me:

My interests and hobbies are:

Parent/Carer Comments:

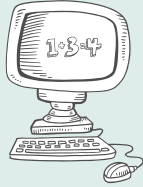
Outcome evidence

[Additional evidence pages available at the back](#)

Parent/Carer Signature: Teacher Signature:

Stage Completion Date:

Stage 2



Education / World of Work

Completed ✓

- 0.33 I can talk about different careers and my Secondary school options.
- 0.34 I have had access to career related role models.
- 0.35 I can talk about my interests and ambitions.
- 0.36 I have listened to a visitor in school talking about their career.



Health

Completed ✓

- 0.37 I can manage minor health needs e.g. asthma/hayfever.
- 0.38 I know about puberty and how my body will change.
- 0.39 I have taken part in the Year 6 national measurement programme.
- 0.40 I can tell an adult when I am in pain or when I feel unwell.



Independent Living

Completed ✓

- 0.41 I can help with cooking at home.
- 0.42 I understand money i.e. paying for an item and receiving the correct change.
- 0.43 I can move around the school independently.
- 0.44 I know how to stay safe when walking near busy roads.



Community Inclusion

Completed ✓

- 0.45 I know how to stay safe on and offline.
- 0.46 I can make and sustain friendships with my peers.
- 0.47 I understand bullying and know to tell an adult.
- 0.48 I can manage changes to my routine.

Stage 2 Evidence

My favourite subjects at school are:

When I grow up I want to be:

Parent/Carer Comments:

Outcome evidence

Additional evidence pages available at the back

Parent/Carer Signature: Teacher Signature:

Stage Completion Date:

Additional Evidence - - -

Additional evidence

Example: Foundation Stage - 0.03 - Joe Bloggs - brings toys to circle time and interacts with other children'

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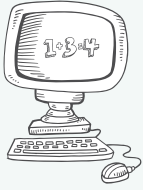
Additional Evidence - - -

Additional evidence

Example: Foundation Stage - 0.03 - Joe Bloggs - brings toys to circle time and interacts with other children'

Useful links

Education / World of Work



Communication Trust
BBC Teach Careers Support
Childrens sleep charity
Family Lives Primary

ican.org.uk
www.bbc.co.uk/teach
thesleepcharity.org.uk
www.familylives.org.uk/advice/primary

Health



Childline
Samaritans
Find a GP
Find a Dentist
Mental Health
Good health
Bullying

www.childline.org.uk or freephone 0800 1111
www.samaritans.org or freephone 116 123
www.nhs.uk/service-search/find-a-GP
www.nhs.uk/service-search/find-a-dentist
www.mind.org.uk
www.nhs.uk/healthier-families
www.familylives.org.uk/advice/bullying

Independent Living



Travel planning
Independent travel training
Road safety
How to open a Bank Account
and budgeting

Plan Your Journey | Traveline
cyps.northyorks.gov.uk/independent-travel-training
www.think.gov.uk

www.citizensadvice.org.uk/debt-and-money/banking

Community Inclusion



E-safety
Stay safe online
PFA

mysafetynet.org.uk
www.ceop.police.uk
www.preparingforadulthood.org.uk

North Yorkshire Local Offer:

www.northyorks.gov.uk/send-local-offer

The local offer provides useful information for children and young people with special educational needs and disabilities (SEND) and their families. It is here to help families, individuals, groups and organisations find information so you have more choice and control over what support is right. Please visit the North Yorkshire SEND Local offer website for more information.