

## What you can see

### Heritage

A fascinating area combining old buildings and settlements, linked by historic lanes and set along a winding industrial canal.

The canal was constructed to carry woollen goods from Leeds and Bradford and limestone from Skipton. The flight of five locks and bridge at Bank Newton were built about 1790.

Bank Newton was mentioned in the Domesday Book and has now shrunk to a few farms and cottages. The hall has a 17th century wing thought to have been part of a much larger house.

### Nature

The route starts on the towpath of the Leeds and Liverpool Canal. The aquatic plant arrowhead grows here, with its long stalked arrow-shaped leaves emerging from the water. Along the banks are stands of reed sweet-grass and meadowsweet. You may see mallard and coot, or grey wagtail, especially around bridges where it likes to nest.

While many of the fields along the route will be dominated by rye-grass and clover, some may still support wildflowers, such as the tall white oxeye daisy and creeping yellow trefoils in summer. Near Turnbers Hill, the path runs along the left side of Newton Grange Pasture, a Site of Importance for Nature Conservation. This is a grazed pasture with colourful wildflowers, such as common knapweed (pictured below) and betony. There are also the familiar buttercups, the daisy like rough hawkbit and common bird's-foot-trefoil.



## At a glance

How far?	7¼-mile (12.5 km)
How hard?	Easy
Which map?	OL2 and OL41
Starting at?	Bank Newton Locks SD916 5356
Buses?	traveline 0871 2002233
Parking?	Layby next to canal
Any facilities?	None

**A circular off-road mountain bike route from Bank Newton Locks, mainly on tracks over rolling hills. Also suitable for horseriders\* (except section along canal towpath).**

## Contact us

**North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD**

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If you would like this information in another language or format such as Braille, large print or audio, please ask us. Tel: 01609 532917  
Email: [communications@northyorks.gov.uk](mailto:communications@northyorks.gov.uk)

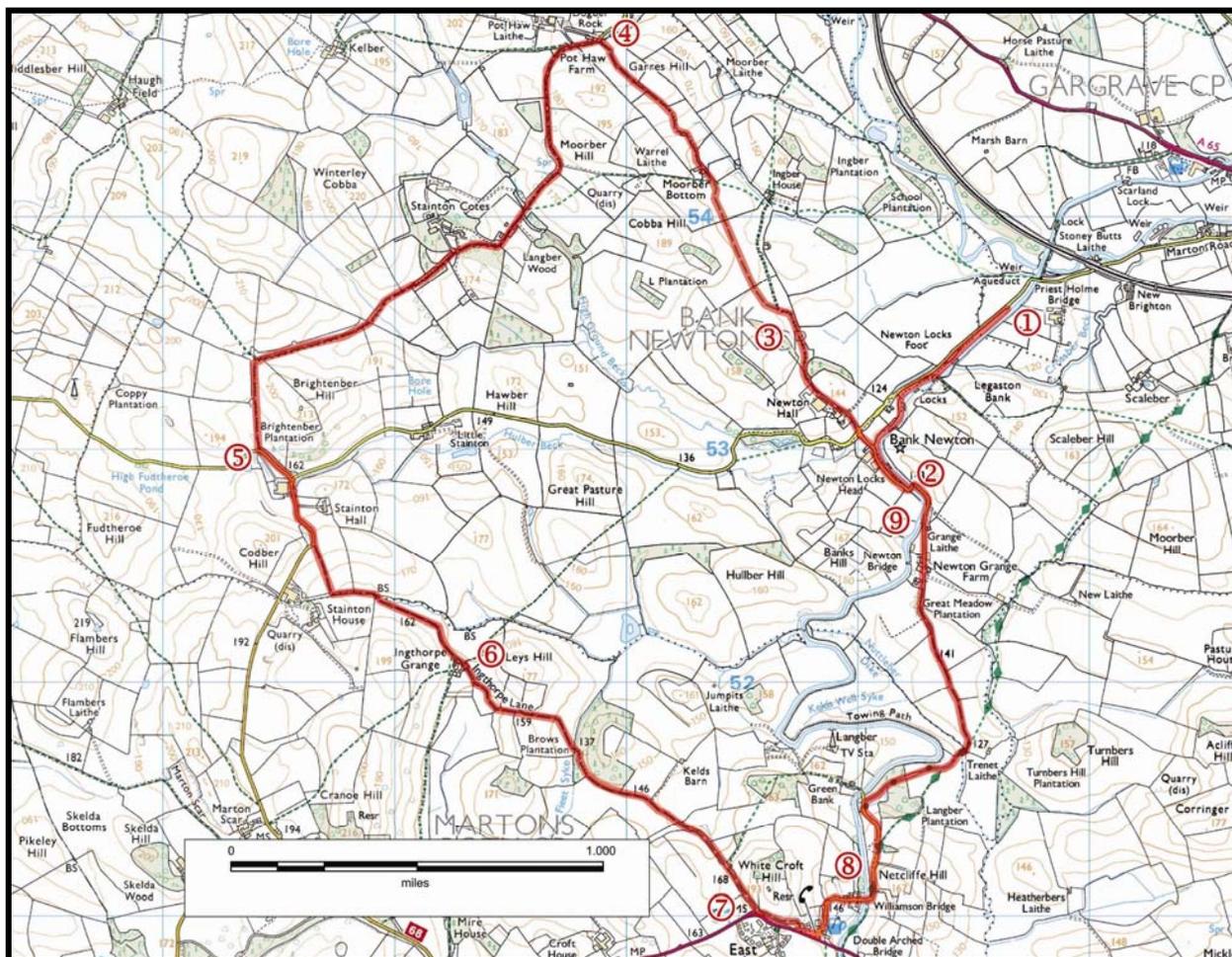


# ny rides

Bank Newton family mountain  
bike ride



1. \*See note below. From the layby, go through the gate onto the towpath (to cycle on the canal towpath, you will need to download a free permit from British Waterways at [www.waterscape.com/things-to-do/cycling/permit](http://www.waterscape.com/things-to-do/cycling/permit)). The canal to your left covers a distance of 127 miles and has 91 locks. It was built in the 18<sup>th</sup> century to provide a transport link between the industrial towns of Leeds and Liverpool.
2. At the canal bridge (no. 165), go under the bridge and then leave the towpath to the right. Turn left and continue down the lane. On reaching the crossroads, continue straight ahead along the bridleway past farm buildings.
3. At the bridleway signpost, leave the track and bear left across the field to the gate. Head for the ruined house through two more gates. Passing the ruined house on your left, go to the right of the hedge and continue up the track to Pot Haw Farm.
4. Turn left along a surfaced track for ¾ of a mile, past some houses on the right. Go left immediately before the garages on your left. Follow the track for ¾ of a mile to join the road.
5. Turn left onto the road and then right at the T-junction. Continue up the hill. On reaching the brow of the hill, turn left down the track signposted as a bridleway.
6. Follow the track along Ingthorpe Lane for 1½ miles. The tarmac track turns into a gravel track heading over the hill towards East Marton. Notice the elongated small hills all aligned in the same direction, these are called drumlins and were formed by the ice retreating during the last ice age.
7. Just a few yards before you get to the A59, go left along the new bridleway that was kindly created by the landowner. At the end of the bridleway turn left at the lane and left again before the pub, following the lane down the hill.
8. Follow the lane past the stables on your right. Continue along the lane, then the bridleway, for 1½ miles, past houses at Newton Grange.
9. Cross the canal bridge and turn immediately left, go under the bridge onto the towpath and retrace your route back to the start. Alternatively, horse riders continue down the lane back to the crossroads at Point 2.



**\*NOTE: Horseriders are not permitted to use the canal towpath, so should start the route from Point 3. Parking for horseriders is available on the roadside at Bank Newton (grid ref SD909 530)**