

Walk of the month

Gristhorpe and the Cleveland Way



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GRISTHORPE Bay is a rather rocky beach with unusual formations, with names such as Castle Rocks, Casty Rocks, Old Horse Rocks and Yons Nab.

The walk

A five-mile (9km) circular walk beginning at Gristhorpe and proceeding to the edge of Filey, then onto the Newbiggin and Gristhorpe Cliff path (Cleveland Way) and back into Gristhorpe.

Difficulty rating: Easy. You will need OS Explorer Map No.301 (Scarborough, Bridlington & Flamborough Head) Grid Reference TA 087 820.

Parking: Ample parking in Gristhorpe.

Public Transport: A regular bus service operates to Gristhorpe village. East Yorkshire Motor Services service121



operates to/from Gristhorpe village hourly from Monday to Sunday. Check times by visiting www.yorkshiretravel.net or by telephoning traveline on 0870 608 2 608.

1. Starting on the main street in Gristhorpe near to the Bull Inn, walk northwards past the village hall and take the road towards Filey. Passing the TT Electronic-Dale Power Solutions factory and offices, turn right onto Carless Lane. Continue along the side of this road until a gap in a post and rail fence that leads out near to the A165-A1039 roundabout.

2. Cross to the footway alongside the A1039 leading to Filey and follow this until the outskirts of the town, where a public footpath turns off to the left by Filey Field farm.

3. The track passes by the farm and some houses and continues straight on for a short distance before following the hedge to the left for a few metres and then right next to a ditch and across a field towards the cliff edge, where our route is then in a westerly direction.

4. Continue on the cliff path through the Newbiggin National Trust area towards the holiday caravan park. After leaving Newbiggin Cliff behind, the Blue Dolphin caravan park covers quite an extensive area alongside the footpath.

5. The path skirts another holiday park and on the cliff edge is a wooden signpost "To Gristhorpe" where it turns inland between the caravan site onto a narrow white chalk track that then becomes a tarmac lane. This passes Cliff House Farm onto Stonepit Lane, which leads south to the A165 road, reached by using a footway at the sharp right-hand bend.

6. Cross over the main road carefully and take the short tree-lined lane leading back into Gristhorpe Village.

Compiled by the
Countryside Service