



**North Yorkshire**  
County Council

# **FESTIVAL OF** **practice**

**Celebrating  
adult social care  
in North Yorkshire**  
**3-27 May 2022**

**Programme**



## 3rd May 10-11:30AM Joy Carter: Diversity & Wellbeing

This session opens up a lively conversation about difference and diversity in families, the work place and our personal life. We examine best practice to encourage truthfulness, unity and solution finding. Racism is not always the front door issue the media portrays, it is usually a hidden ignorance or systemic pattern of behaviours that can creep into decision-making and conversations when we least expect it.

### About Joy Carter:

I am a transracial adoptee from Nigeria to the UK arriving into the arms of my new white family against all the odds in a washing up bowl! I've hated washing up ever since. Diversity and difference have been my life language as I've overcome bullying, racism at school and in my career, mental health issues, much family loss and spent most of my life learning the tools of healing, self discovery and personal overcoming.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Art of Brilliance: Brilliant Strengths,  
Art of Brilliance: Self-care

## 5th May 10-11:00AM The role of the AMHP including NYCC AMHP services

Have you ever wondered about Approved Mental Health Professionals - What is their role and how do they do it? In this session we will provide an overview of the AMHP role, the core duties and responsibilities and the legal framework in which they work. We will also outline the AMHP service structure in NYCC, how we operate, what we can help with and what happens when a referral is made.

We'll finish with some myth busting and information for where you can find out more.

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

TEWV: Trauma Informed Care

## 6th May 10-10:45AM Help us grow the social workers of tomorrow!

Can YOU help us grow the social workers of tomorrow!

We would like explore with you today, the importance of having social work students in YOUR teams. We are all crucial in the support, assessment and continuing professional development of student Social Workers.

Currently, teams in Health and Adult services are professionally generous; share their knowledge, expertise and skills. We would like to reflect on that further and ask you to listen to a short video which discusses how we are all part of training the next generation of Social Workers. Can YOU help us?



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Celebrating ASYE with Lyn Romeo,  
Social Work England: CPD Session

**9th May 10-11:30AM**  
**Art of Brilliance: Brilliant Strengths**

BRILLIANT STRENGTHS is a journey of self-strength-discovery. In our signature fun and interactive way, we will re-ignite inherent strengths – and uncover new ones. The result is revitalised and re-energised individuals who are able to operate as a high-performance team.

Research suggests that playing to your strengths is the smallest change that can have the biggest impact on employee engagement. If you look closely, you'll see that 'strengths' is the golden thread that runs through any high performance team.



**How to book:**

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

**Like this session? Why not try...**

Joy Carter: Diversity & Wellbeing,  
Art of Brilliance: Self Care

**10th May 10-11:00AM**  
**Alex Merrett**

Alex will talk about his lived experience as a Transgender male and how he came to transition later in his life. He will explain what it means to be Transgender and will share some experiences of younger generations.

**About Alex Merrett**

My name is Alex Merrett and I live in Settle. I have a background in the voluntary sector in Craven but am now retired. With personal experience of a number of protected characteristics, I have become an Activist around Health & Social Care and have done various pieces of work with NYCC on mental health, autism, advocacy, disability and transgender.

**How to book:**

Appointments have been circulated. If you are missing the invite please contact

**Like this session? Why not try...**

Hannah Green: How can we use real experiences to create lasting change?,  
Wendy Mitchell: Living with Dementia

**10th May 1-1:45PM**  
**National Centre for Domestic Violence: Domestic Abuse Legal Training**

How to give a victim of domestic abuse legal protection from their abuser when the police can't help? What is a Non Molestation and an Occupation order? How do NCDV cope with 97,000 referrals? What is ASSIST? How do civil orders work? These are just a few of the questions that are answered during our 45 minute training session.

**About the National Centre for Domestic Violence**

The National Centre for Domestic Violence was established in 2003 to help survivors of domestic violence and abuse obtain protection against an abuser, as well as offering services to the police, probation service, domestic abuse agency workers, the legal profession and judiciary.



National Centre for  
**Domestic Violence**  
A Community Interest Company

**How to book:**

Appointments have been circulated. If you are missing the invite please contact

**Like this session? Why not try...**

Karma Nirvana: Honour Based Abuse

## 11th May 12-1:30PM Celebrating ASYE with Lyn Romeo

This 90 minute event will celebrate the achievements of the Newly Qualified Social Workers who have successfully completed the ASYE programme in Health and Adult Services over the past eighteen months.

The event will be for approximately one and a half hours, with an introduction from Richard Webb, Corporate Director of Health and Adult Services and a presentation from Lyn Romeo, Chief Social Worker for Adults as guest speaker.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Social Work England: CPD Session

## 11th May 2-3:00PM Social Work England: CPD Session

Social Work England (SWE) are delighted to provide a session to talk all things continuing professional development (CPD). The informal and interactive session will focus on the new CPD requirements and spend time talking about the peer reflection CPD requirement which is new for the 2021 to 2022 registration period. Peer reflection enables you to discuss the content of your CPD activity with a peer, your manager or another professional. Peer reflection discussions can be formal or informal, and can take place in one to one or group settings. It is also a great opportunity to meet colleagues and to share good practice



### How to book:

Please book in advance on **LEARNING ZONE**.

### Like this session? Why not try...

Celebrating ASYE with Lyn Romeo

## 12th May 1-2:00PM Changing Places: Awareness Session

Thousands of people with profound and multiple learning disabilities, as well other disabilities that severely limit mobility, cannot use standard accessible toilets. Changing Places toilets offer a solution. They are larger facilities that have the right equipment, including a changing bench and a hoist, designed to support disabled people who need assistance. This one-hour awareness session will teach you everything you need to know about Changing Places toilets and how you can find out more about Changing Places in North Yorkshire.

### About Changing Places

The Changing Places Consortium is a group of organisations working to support the rights of people with profound and multiple learning disabilities and/or other physical disabilities. Established in 2005, the Consortium campaigns for Changing Places to be installed in all big public spaces so people can access their community.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Foundations: Housing solutions and adaptations for prevention

## 12th May 3-3:45PM Canary Home Monitoring System for Independent Living

An informal discussion and information session with our Service Manager for Technology Enable Care on the Canary Care system and what it can do to support reablement and assessment and provide evidence to support changes or indeed no change to support packages.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Brain in hand: Awareness session

## 13th May 10-11:30AM Supported Loving: Sex & Relationships for People with Learning Disabilities

This 60 minute talk will explain the challenges faced by those with learning disabilities looking for relationships, the benefits of relationships and will include positive stories. It will examine things through a human rights perspective and there will be a discussion about Supported Loving's rights charter.

### About Dr. Claire Bates

Dr Claire Bates is the leader of Supported Loving, a national network that believes people with learning disabilities and/or autism should be able to enjoy the same sexual and romantic freedoms as everyone else. Claire is also a researcher at the Tizard Centre, conducting research into sexuality and relationships.



Supported Loving

### How to book:

Appointments have been circulated. If you are missing the invite please contact

### Like this session? Why not try...

Stay Up Late: Why good support means no bedtimes

## 13th May 1-2:00PM Hannah Green: How can we use real experiences to create lasting change?

This session will provide attendees with a greater understanding of what it is like to be facing homelessness and living with the effects of complex trauma. There will be a focus on the power that those working in social work have to affect lasting change and how they can go about doing this whilst bettering their practice.

### About Hannah Green

Hannah Green is an Author, Spoken Word Poet and the Lived Experiences Specialist at the Centre for Homelessness Impact. She is also a keen surfer and believes in the power of the sea to both change and save lives.

She is very passionate about using real life stories to create change and own experiences of homelessness, trauma and addiction drives this passion to change things for other young people.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Wendy Mitchell: Living with Dementia,  
Alex Merritt,  
Joy Carter: Diversity and Wellbeing



## 16th May 10-11:00AM

### Wendy Mitchell: Living with Dementia– The role you play

When people hear the word 'dementia' they skip straight to the end stages. I want to show you how there is still so much life to be lived for anyone with dementia, but only if those around us play their part. I was diagnosed with Young Onset Dementia on the 31st July 2014 at the age of 58 years young. Post diagnosis, I was so shocked by the lack of awareness, both in the community and the clinical world, that I now spend all my time travelling around the country raising awareness and encouraging others to speak out in order to reduce the stigma associated with dementia.

#### About Wendy Mitchell

Wendy Mitchell spent twenty years as a non-clinical team leader in the NHS before being diagnosed with Young Onset Dementia in July 2014 at the age of fifty-eight. Shocked by the lack of awareness about the disease, both in the community and in hospitals, she vowed to spend her time raising awareness about dementia and encouraging others to see there is life after a diagnosis. She is now an ambassador for the Alzheimer's Society. She has two daughters and lives in Yorkshire.



#### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

#### Like this session? Why not try...

Dementia Forward, Music & Dementia,  
Alex Merrett, Hannah Green

## 16th May 1-2:00PM

### North Yorkshire Fire & Rescue Service

North Yorkshire Fire & Rescue Service offer Safe & Well visits to people in their home environments, during this visit we undertake a review of the domestic fire risks in the property which is underpinned by research and experience of fire incidents, we offer advice, equipment and interventions to help people reduce the risk in properties.



Recent developments and advancements in technology have been beneficial at reducing fires in properties but emerging risks such as emollient creams, airflow mattresses and home oxygen supplies are now seen as some of our high-risk areas. I will talk you through our process, how we define and manage risk, what support we offer and how to access our services.

#### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

#### Like this session? Why not try...

Karma Nirvana: Honour Based Abuse

## 16th May 2-3:15PM

### Curiosity Partnership

Curious about how research can help improve adult social care? Curious about how you can get involved in research? Come and join the Curiosity Partnership! Join [Mark Wilberforce](#) for an introduction to the [Curiosity Partnership](#), an exciting and ambitious project to build adult social care research capacity in local authorities in Yorkshire and Humber. The introduction will be followed by a workshop led by Juan Pablo Winter to explore YOUR adult social care research priorities to help guide the work of the Partnership over the next four years. Everyone with experience of or interest in adult social care is welcome - we're looking forward to hearing what sparks your research curiosity.

#### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

#### Like this session? Why not try...

Celebrating ASYE with Lyn Romeo  
Social Work England: CPD

Join this brief training session by Dementia Forward to find out about what they do, a brief introduction to dementia and the most common types, dementia behaviours and why they occur and the importance of person centred care for people living with dementia.

**About Dementia Forward**

Dementia Forward is the leading dementia charity for York and North Yorkshire. We provide support, advice and information to anybody affected by dementia across the county, and have developed a comprehensive range of services; all with people living with dementia at their heart.

**How to book:**

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

**Like this session? Why not try...**

Wendy Mitchell: Living with Dementia  
Music for Dementia



Care and Support for Life

**17th May 1-2:30PM**  
**Foundations: Housing solutions and adaptations for prevention**

The whitepaper on Social Care has once again reinforced the critical role that housing solutions, such as adaptations, will play in reducing, delaying, and preventing health and social care needs of older and disabled people. In this session, we will explore the vital role of occupational therapists in finding housing solutions that provide a personalised approach to health and social care – including their role in the adaptations process. Furthermore, how this personalised approach ensures the skills and knowledge of occupational therapists are used effectively. **Practitioners from ALL backgrounds are strongly encouraged to come.**

**About Rachel Russell**

As a practitioner, Rachel has been a Principal Occupational Therapist in an adult social care team in the north of England. As an academic, she researched the home adaptations process and was part of the team involved in the UK government-commissioned review of the Disabled Facilities Grant. Rachel was also one of the lead authors of the RCOT 2019 publication Adaptations without delay.

**How to book:**

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

**Like this session? Why not try...**

Changing Places: Awareness session



Foundations

**18th May 9-12:30PM**  
**Jane Reynolds: NHS Continuing Healthcare - Getting it right first time**

This session intended to provide an overview of what NHS Continuing Healthcare is, it will include key discussion areas on 'What are health needs and what are social care needs?' and 'Well-managed needs and well-controlled needs' in addition to details on the NHS Continuing Healthcare Checklist and some case studies. Managers, Social Workers, Social Care Coordinators in Localities, Discharge HUBs, Mental Health and Sensory areas across Health and Adult Services should be encouraged to attend where they are likely to be considering the need for NHS Continuing Healthcare or completing CHC Checklists.

**About Jane Reynolds**

Jane Reynolds is Chairman, NHS England (London Region) Continuing Healthcare Independent Review Panel and provides training for both local authorities, CCGs and NHS England.

**How to book:**

Please book in advance on **LEARNING ZONE**.

**Like this session? Why not try...**

Foundations: Housing solutions and adaptations for prevention

## 18th May 1-1:45PM Brain in Hand: Awareness session

Brain in Hand is a digital self-management support system for people who need help remembering things, making decisions, planning, or managing anxiety. It's not condition-specific, but is often used by people who are autistic or managing anxiety-related mental health challenges. Combining practical human support and simple digital tools, Brain in Hand helps people live more independently.



Come along to this awareness session to find out about how Brain in Hand is helping people to live more independently.

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Canary Home Monitoring System for Independent Living

## 19th May 10-11:00AM Music for Dementia

It is anticipated that there will be 1.14m people living with dementia in the UK by 2025, according to Alzheimer's Research – up from around 885,000 today. We believe that everyone living with dementia should have access to music as part of their care from diagnosis to end of life, whatever their age, social or economic status.



### About Music for Dementia

The Music for Dementia campaign was set up in direct response to the ILC-UK Commission report exploring the existing provision of music for people with dementia. What would life be – without a song and dance, what are we? We work with more than 200 charities and organisations in the music and dementia sector, as well as health and social care, the music industry and government departments.

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

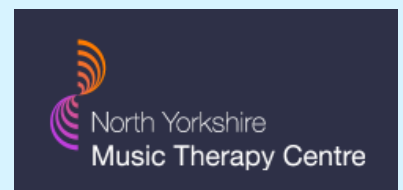
Dementia Forward,  
North Yorkshire Music Therapy Centre: Music Therapy session

## 19th May 1-2:00PM North Yorkshire Music Therapy Centre: Music Therapy Session

For many people and across a wide range of conditions, music therapy is beneficial regardless of age or cognitive ability. Music engages several areas distributed throughout the brain, including those that are usually involved in other kinds of emotion, cognition and the control of movement. Join us for a relaxing hour-long session of music therapy. To fully participate in the session, bring along paper, coloured pencils or felt tip pens, a scarf and a small blanket.

### About North Yorkshire Music Therapy Centre

The North Yorkshire Music Therapy Centre aims to play a growing role in the life and well-being of the community through its work with individuals and groups, and to provide the local area with a significant resource. We provide music therapy and group music sessions both in our own premises and across the region.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Art of Brilliance: Brilliant Strengths  
Art of Brilliance: Self Care  
Joy Carter: Diversity & Wellbeing



## 20th May 11-12:30PM Stay Up Late: Why good support means no bedtimes

Stay Up Late is a charity campaigning for the rights of adults with a learning disability. Director, Paul Richards, and Campaigns Co-ordinator, Darren Johnson, will talk about the work they've been doing lobbying local authorities to deliver flexible support that enables people to lead fun and active social lives. They will share findings from their recent lobbying work and provide examples of good practice from around the country. The session will also include direct input from some of the Stay Up Late Ambassadors – adults with a learning disability and /or autism who speak up on behalf of the charity. The Ambassadors will share their own experiences, talking about what they see as important in order to enjoy a good life as well as highlighting what needs to change.



### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Supported Loving

## 20th May 1-3:00PM Karma Nirvana: Honour Based Abuse

This two hour training session will serve as an introduction to honour based abuse by Karma Nirvana. Forty five percent of referrals to our national Honour Based Abuse Helpline are from professionals. Police officers, social workers, teachers, housing professionals and health workers are often the first to respond to a victim. Therefore it is vital they can recognise this form of abuse, and can offer a safe and appropriate response. In this line of work, we often come across the phrase 'The One Chance Rule'. Responding in the right way can literally save lives. Our goal is to reset the way frontline practitioners perceive, understand and respond to Honour Based Abuse. Our training builds confidence, ensuring that victims and survivors receive the best response on the ground.



### About Karma Nirvana

Karma Nirvana were established in 1993 as the first specialist charity for victims and survivors. We are committed to ending Honour Based Abuse in the UK

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Karma Nirvana: Lived experience

## 23rd May 10-11:00AM REACH: Awareness Session

The Scarborough based REACH Team works with people who are homeless and experience multiple disadvantages in terms of social, crime, drugs, alcohol and mental health issues. The focus will be on an introduction to the role and function of the team, referral assessment and some challenges and successes along the way.

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Hannah Green: How can we use real experiences to create lasting change

## 24th May 10-11:00AM Moving Social Work

Physical activity is good for health and wellbeing. Social workers have been identified in new research as trusted and important people to promote physical activity to disabled people. This training offers professional development that aligns with the 9 domains of the Professional Capabilities Framework Values the professional standards of promoting the rights, strengths, and wellbeing of disabled people Why Attend? The aim of the workshop is to provide training on how to promote physical activity to disabled people. **This session is open to all adult social care staff.**



### About Moving Social Work

The Moving Social Work programme aims to create resources and co-produce strategies for the education of the social workers of today and tomorrow. Having begun in November 2020, the project is currently moving through four stages (scoping, content production, effectiveness testing and final production). We will aim for a national rollout by developing knowledge and testing the developed resources. The entire project is being co-produced with a team comprised of practising social workers, social worker lecturers, social work students and Disabled people.

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Curiosity Partnership

## 25th May 2-3:30PM Michael Mandelstam: Manual Handling & The Law

This webinar will give an overview of manual handling related issues with which practitioners typically have to grapple. Including competence of handlers (paid and unpaid), balancing need with safety and risks with benefits, assistive handling and rehabilitation, compliance with recommendations, mental capacity, safeguarding, limited resources, single handed care. These issues will be related to relevant legislation, legal cases and ombudsman cases. The webinar will consist of a presentation followed by the opportunity for questions and discussion.

### About Michael Mandelstam

Michael Mandelstam has provided independent legal training on health and social care for over 25 years. He has also written many legal books, most recently Manual Handling in Health and Social Care (2nd edition, Jessica Kingsley Publishers, 2021).

### How to book:

Appointments have been circulated. If you are missing the invite please contact

### Like this session? Why not try...

Jane Reynolds: NHS Continuing Healthcare

## 26th May 10-10:30AM Karma Nirvana: Lived Experience

Following the training session offered by Karma Nirvana on honour based abuse, you can join this half hour long key note talk from an individual with lived experience. **Please note, this talk is not being recorded.**

### About Karma Nirvana

Karma Nirvana were established in 1993 as the first specialist charity for victims and survivors. We are committed to ending Honour Based Abuse in the UK

### How to book:

Appointments have been circulated. If you are missing the invite please contact [festivalofpractice@northyorks.gov.uk](mailto:festivalofpractice@northyorks.gov.uk)

### Like this session? Why not try...

Karma Nirvana: Honour Based Abuse

## 26th May 2:30-4:00PM TEWV: Trauma Informed Care

Amanda Hall, Trauma Lead, and Annette Bailey, Personality and Relational Lead, from Tees Esk and Wear Valley's NHS Trust will provide a brief introduction to Trauma Informed Care. We will explore how this approach to working with people can benefit us all in developing meaningful relationships with others including our service users, colleagues, and in and between organisations. We will also explore how looking at situations through a trauma informed lens can assist us in understanding people who may present with relational difficulties and risk.

**This session is open to all practitioners, with the aim to better equip all teams with an understanding of trauma informed care.**

### **How to book:**

Appointments have been circulated. If you are missing the invite please contact

### **Like this session? Why not try...**

Hannah Green: How can we use real experiences to create lasting change

## 27th May 10-11:30AM Art of Brilliance: Self Care

Once upon a time...

... someone, somewhere, decided that a day would be split into 24 hours. That might have been okay back when 24 hours was plenty, but nowadays? It's not nearly enough. We end up cramming. The result? Look around you. Most people are living life fast, but are they living it well?



Although the 24 thing remains fixed, the quality & quantity of energy available to us is not. The more we take ownership of our own energy, the more empowered, effective and brilliant we become. Our SELF-CARE session seeks to impart ideas, information and most importantly, strategies for application towards a shift in energy & engagement.

### **How to book:**

Appointments have been circulated. If you are missing the invite please contact  
festivalofpractice@northyorks.gov.uk

### **Like this session? Why not try...**

Art of Brilliance: Brilliant Strengths,  
Joy Carter: Diversity & Wellbeing