

Richmond Swimming Pool Programme

From Monday 21st April – Sunday 25th May 2025

Main pool

	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday	RDASC		Aquafit bookable session 7.30 – 8.30am		General swim 8.45 – 10am		50+ swim session 10 – 11.30am			General swim 11.30am – 1.30pm			Schools 1.30 – 3pm		General swim 3 – 4pm		Swimming lessons 4 – 6.30pm		Richmond Triathlon Club		Adults only 8 – 9pm								
Tuesday		General swim 7 – 10.45am						Schools 10.45 – 11.15am	Inclusive swim 11.15am – 1pm		Schools 1 – 2.30pm		General swim 2.30 – 4pm		Swimming lessons 4 – 6pm		Aquafit bookable session 6.15 – 7.15pm		Adults only 7.30 – 9pm										
Wednesday	RDASC	General swim 7.15 – 10.15am					Schools 10.15 – 11.15am		Aquafit bookable session 11.45am – 12.45pm	Schools 12.45 – 2.15pm		General swim 2.30 – 4pm	Swimming lessons 4 – 7pm					Richmond Triathlon Club	Adults only 8 – 9pm										
Thursday	General swim 7am – 1.45pm													Schools 1.45 – 3pm	Pool closed	RDASC						Pool closed							
Friday	RDASC	General swim 7.15 – 10am					50+ swim session 10 – 11.30am		Aquafit bookable session 11.45am – 12.45pm		General swim 1 – 3pm		Staff Training 3.15 – 5.15pm		RDASC					Pool closed									
Saturday	RDASC		Swimming lessons 8 – 10.45am					General swim 10.45am – 3pm							Pool closed														
Sunday	General swim 7am – 3pm																	Pool closed											

Programme subject to change. We run an alternative programme during school holidays. The pool will close 10 minutes after the last session on the day. All sessions are inclusive and everybody is welcome. All our Early Birds, General Swims, 50+, Adult Only swimming sessions and £15 Family Swims include 2 lanes. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water.

Richmond Swimming Pool Programme

From Monday 21st April – Sunday 25th May 2025

Learner pool

	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday	Pool closed					General swim 9.30am – 1.30pm								Schools 1.30 – 3pm			General swim 3 – 4pm		Swimming lessons 4 – 6.30pm					Pool closed					
Tuesday	Pool closed							Schools 10.45 – 11.45am		Pool closed		Schools 1 – 2.30pm			General swim 2.30 – 4pm		Swimming lessons 4 – 6pm				Pool closed								
Wednesday	Pool closed						Schools 10.15 – 11.15am		Pool closed		Schools 12.45 – 2.45pm			General swim 2.45 – 4pm		Swimming lessons 4 – 7pm					Pool closed								
Thursday	Pool closed					General swim 9.30am – 1.45pm								Schools 1.45 – 2.45pm		Pool closed													
Friday	Pool closed					General swim 9.30am – 3pm											Pool closed												
Saturday	Pool closed		Swimming lessons and aquababes swimming lessons 8am – 12.15pm							General swim 12.15 – 3pm					Pool closed														
Sunday	Pool closed					General swim 9.30am – 3pm											Pool closed												

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