

May Day bank holiday pool programme

Monday 5th May 2025

		7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4 pm
Harrogate Leisure and Wellbeing Hub	Main Pool	General swim 7am – 1.45pm															Fun session 2 – 3.30pm			
		Lane swim 7am – 1.45pm																		
	Activity Pool		Dive squads 8am – 12noon											Aquafit 12.15 – 1pm						
	Learner Pool							General swim 9am – 1.45pm												
Knaresborough Leisure and Wellbeing Hub	Main Pool	General swim 7 – 9am				Social swim 9 – 10am		General swim 10am – 12noon				Aquafit 12noon – 12.45			Fun session 1 – 2.30pm		General swim 2.45 – 4pm			
		Lane swim 7am – 12.45pm																		
	Learner Pool					General swim 9am – 12.45pm														
Pateley Bridge Leisure and Wellbeing Hub		Lane swim 7am – 7.45pm		General swim 7.45 – 9.30am			Adult swim 9.30 – 11am			General swim 11am – 2pm				Family swim 2pm – 3.45pm						
Ripon Leisure and Wellbeing Hub – The Jack Laughter Centre		Lane swim 7 – 9pm				Adult lessons 9 – 10am		Family swim 10 – 11am			Lane swim 11.15am – 12.30pm		General swim 12.30 – 2pm				Rafts 2.15 – 3.45pm			
Starbeck Swimming pool			Lane swim 7.30 – 8am	General swim 8 – 10am				Family swim 10am – 12noon			Adult swim 12.05 – 1.30pm			Family swim 1.30 – 3pm			Adult swim 3 – 4pm			
		7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4 pm

Programme subject to change.