

Main Pool and Lagoon

		6.45am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9pm
MON	M	General Lanes ♦					School Swimming					Adult Lane Swim ♦		Disabled & Rehabilitation		Discount Dip				Learn to Swim					Northallerton Amateur Swim Club						
	L							School Swimming													Learn to Swim					Northallerton Amateur Swim Club					
TUES	M	General Lanes ♦					50+ ♦		General Swim			Adult Lane Swim ♦		Aquanatal		General Swim ○				Learn to Swim				General Swim ●		Adult Lessons		Adult Lane Swim ♦			
	L						Parent & Tots		General Swim					Parent & Tots		General Swim ○				Learn to Swim				General Swim ●		Adult Lessons		Adult Lane Swim ♦			
WED	M	General Lanes ♦					School Swimming					Adult Lane Swim ♦		Aquafit		General Swim ○				Learn to Swim				Northallerton Amateur Swim Club							
	L						School Swimming									General Swim ○				Learn to Swim				Northallerton Amateur Swim Club							
THURS	M	General Lanes ♦					50+ ♦		General Swim			Adult Lane Swim ♦		General Swim		Staff Training				Learn to Swim				General Swim ●		Adult Lane Swim ♦					
	L						Parent & Tots		General Swim					General Swim		Staff Training				Learn to Swim				General Swim ●		Adult Lane Swim ♦					
FRI	M	General Lanes ♦					School Swimming					Adult Lane Swim ♦		General Swim ○					Learn to Swim		Big Swim			Aquafit		Northallerton Amateur Swim Club					
	L						School Swimming							General Swim ○					Learn to Swim		Big Swim			Aquafit		Northallerton Amateur Swim Club					
SAT	M	General Lanes ♦			Learn to Swim				Big Swim																						
	L						Learn to Swim				Big Swim																				
SUN	M				General Lanes ♦		SEND swim		Big Swim												Book your party here										
	L						SEND swim		Big Swim												Book your party here										
		6.45am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9pm

KEY

M Main Pool

L Lagoon

● Water slide

○ Water slide used intermittently

♦ Lanes available

A call out process will be implemented if maximum numbers are reached.

General Information

- ▶ Lockers £1 returnable
- ▶ Vending machines are available
- ▶ Swimwear and swimming equipment available to buy at reception
- ▶ Times are subject to change on Bank Holiday
- ▶ We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C
- ▶ Please check our website and facebook page for news on any changes to the programme
- ▶ All sessions are inclusive of any changeover time required



Part of

