

Ripon Leisure and Wellbeing Hub – The Jack Laughter Centre pool programme

Summer holidays – Monday 21 July to Sunday 31 August 2025

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday *Bank Holiday Monday 25th August – pool open 7am-4pm	Lane swim 6.30 – 9am				Adult lessons 9 – 10am		Family swim 10 – 11am		Lane swim 11.15am – 12.30pm LTS Crash Courses/ Private lessons 11.15am – 12.30pm		General swim 12.30 – 2pm				Rafts 2.15 – 3.45pm				Learn to swim 4 – 6pm			General swim 6 – 7pm		Lane swim 7 – 9pm						
Tuesday	* Lane swim 6.30 – 7.45am		Lane swim 7.45 – 9am		Aquafit 9 – 10am		Accessible swim 10 – 11am		LTS Crash Courses/ Private lessons 11.15am – 12.30pm Lane swim 11.15am – 12.30pm		General swim 12.30 – 2pm				Rafts 2.15 – 3.45pm				Learn to swim 4 – 6pm			General swim 6 – 7pm		Aquafit 7 – 8pm		Lane swim/ Private hire 8 – 9pm Adult lessons 8 – 9pm				
Wednesday	* Lane swim 6.30 – 7.45am		Lane swim 7.45 – 9.15am				Learn to swim 9.30 – 11am		LTS Crash Courses/ Private lessons 11.15am – 12.30pm Lane swim 11.15am – 12.30pm		General swim 12.30 – 2pm				Rafts 2.15 – 3.45pm				Learn to swim 4 – 6pm			General swim 6 – 7pm		Aquafit 7 – 8pm		Lane swim 8 – 9pm				
Thursday	* Lane swim 6.30 – 7.45am		Lane swim 7.45 – 9am		Accessible swim 9 – 10am		Aquababes 10 – 11am		LTS Crash Courses/ Private lessons 11.15am – 12.30pm Aquafit 11.15am – 12.30pm		General swim 12.30 – 2pm				Rafts 2.15 – 3.45pm				Learn to swim 4 – 6pm			Swim squads 6 – 9pm								
Friday	* Lane swim 6.30 – 7.45am		Lane swim 7.45 – 9am		General swim 9 – 10am		Family swim 10 – 11am		LTS Crash Courses/ Private lessons 11.15am – 12.30pm Lane swim 11.15am – 12.30pm		General swim 12.30 – 2pm				Rafts 2.15 – 3.45pm				Learn to swim 4 – 6.30pm			General swim 6.30 – 8pm		Lane swim 8 – 9pm						
Saturday		Lane swim 7 – 7.45am	General swim 7.45 – 8.30am		Learn to swim 8.30am – 12 noon				General swim 12 noon – 2.15pm					Fun session with inflatable 2.30 – 3.45pm			Party hire 4 – 5pm		Private hire/ staff training 5 – 6pm		* 45 minute session available for members to book via the Active North Yorkshire App ** Special Education Needs and Disabilities session									
Sunday		Lane swim 7 – 8.30am		Learn to swim 8.30 – 10.30am			General swim 10.30am – 12 noon		Family swim 12 noon – 1pm			**SEND's 1.15 – 2.15pm			Fun session with inflatable 2.30 – 3.45pm			Party hire 4 – 5pm		Private hire/ staff train- ing 5 – 6pm										
	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9

Programme subject to change. We run an alternative programme during school holidays.