Ripon Leisure and Wellbeing Hub - The Jack Laugher Centre pool programme

Half Term - Monday 27th October to Sunday 2nd November 2025

	5.30 7 7.30 am	8 8.30	9 9.30	10 10.30 11	1 11.30 1 no	2 12.30 1 on	1.30 2		2.30 3 3.30	4	4.30	5 5.30 6	6 6.	30 7	7.30	8 8.30 9 pr
Monday	* Lane swim 6.30 - 7.45am	lessons		Family swim 10 - 11am	Lane si 11.15an 12.30p	n- Gen	_ General swim		Rafts 2.15 - 3.45pm		Learn to swim 4 - 6pm		General swim 6 - 7pm		Lane swim 7 - 9pm	
Tuesday	* Lane swim 6.30 - 7.45am			Accessible swim 10 - 11am	Lane sv 11.15ar 12.30p	n - Gen	eral swim 60 - 2pm		Rafts 2.15 - 3.45pm	Learn to sv 4 - 6pm			General swim 6 - 7pm		Aquafit 7 - 8pm	Lane swim /Private hire 8 - 9pm Adult lessons 8 - 9pm
Wednesday	* Lane swim 6.30 - 7.45am	Lane swir 7.45 - 9.30c		a rn to swim 1.30 - 11am	Lane sv 11.15an 12.30p 2 Lane Lifeguard d	Gen om s -	General swim 12.30 - 2pm		Rafts 2.15 - 3.45pm		Learn to swim 4 - 6pm		Gen sw 6 - 7	im	Aqua Zumba 7 - 8pm	Lane swim 8 - 9pm
Thursday	* Lane swim 6.30 - 7.45am	Lane swim 7.45 - 9am	Accessible swim 9 - 10am	Aquababes 10 - 11am	Lane sv 11.15am-12 Aqua 11.15am-12	12.3 lfit	eral swim 10 - 2pm Lanes - uard course		Rafts 2.15 - 3.45pm		Learn to 4 - 6				swim squad: 6 - 9pm	3
Friday	*Lane swim 6.30 - 7.45am	Lane swim 7.45 - 9am	General swim 9 - 10am	Family swim 10 - 11am	Lane st 11.15an 12.30p 2 Lane Lifeguard (General swim 12.30 - 2pm			Rafts 2.15 - 3.45pm	Learn to swim 4 - 6.30pm		General swim 6.30 - 8pm		Lane swim 8 - 9pm Private hire 8 - 9pm		
Saturday	Lane swim 7 - 7.45am	General swim 7.45 - 8.30am		arn to swim am - 12noon		General swim 12noon - 2.15pm 2 Lanes - Lifeguard course			Fun session with inflatable 2.30 - 3.45pm		Private hire/staff training 5 - 6pm		* 45 minute session ava for members to book v Active North Yorkshire			via the
Sunday		swim 30am	Learn to swir 8.30 - 10.30ar			Family swim 12noon - 1pm	wim ** SEND 's oon - 1.15 - 2.15p		Fun session with inflatable 2.30 - 3.45pm		Party hire 4 - 5pm	Private hire/staff training 5 - 6pm	** Special Education Needs and Disabilities session			
	5.30 7 7.30 am	8 8.30	9 9.30	10 10.30 11	1 11.30 1 no	2 12.30 1 on	1.30 2		2.30 3 3.30	4	4.30	5 5.30 6	6 6.	30 7	7.30	8 8.30 9 pr

Swim England
Water Wellbeing Accredited

Programme subject to change.



