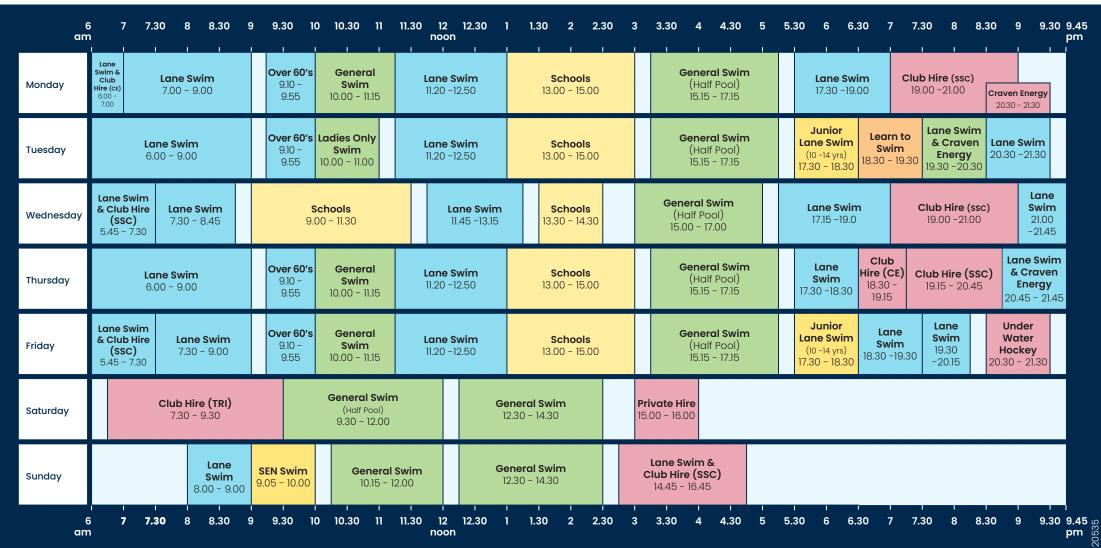
Skipton Leisure and Wellbeing Hub Programme

From Monday 3rd November 2025





General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.



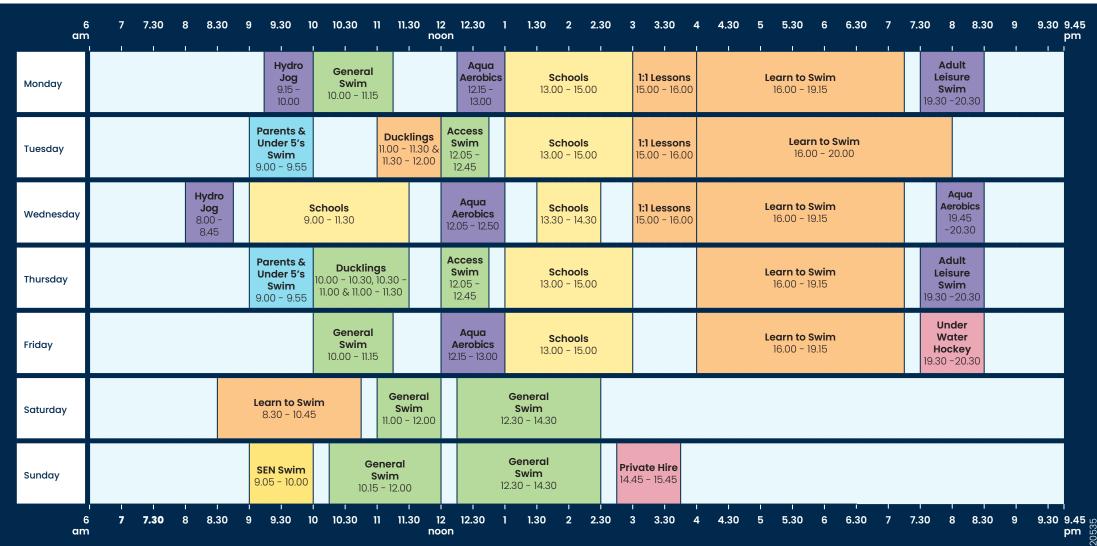




Skipton Leisure and Wellbeing Hub Programme

From Monday 3rd November 2025





General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Small pool 30°C - 32°C. All sessions are inclusive of any changeover time required. Vending machines are available.







Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00 10:45	06:00 - 12:45	06:00 - 08:45	06:00 - 12.45	06:00 - 12.45	08:00 - 14:30	00:00 16:45
06:00 - 12:45	(Ladies Only 10:00 - 11.00)	11:45 - 13:15				08:00 - 16:45
15:15 - 21:30	15:15 - 21:30	15:00 - 21:30	15:15 - 21:30	15:15 - 21:30		

Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00 - 21:30	06:00 - 21:30	06:00 - 21:30	06:00 - 21:30	06:00 - 21:30	08:00 - 16:00	08:00 - 16:00

Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 16:00	09:00 - 16:00

Pricing

Adult General Swim	£6.00	Adult Lane Swim	£6.00	Adult Gym Workout	£8.20
Junior General Swim (5-15)	£3.45	Junior Lane Swim	£3.45	Junior Gym Workout (14-17)	£5.75
Concession General Swim (60+)	£3.65	Concession Lane Swim (60+)	£3.65	Concession Gym Workout (60+)	£6.00
Family Swim (2 Adults + up to 3 children)	£17.15				



