

Bedale Leisure and Wellbeing Hub Programme

22nd to 28th December 2025

pool

6.45 am77.3088.3099.301010.301111.3012 noon12.3011.3022.3033.3044.3055.3066.3077.3088.309 pm																																			
Monday	General Lanes ♦ 6.45 – 9am					General Swim ● 9 – 11am					50+ ● 11am – 12.30pm					Adult Lane Swim ♦ 12.30 – 1.30pm		General Swim 1.30 – 3.45pm					Learn to Swim 3.45 – 5.15pm			General Swim ● 5.15 – 7.15pm					Adult Lane Swim ♦ 7.15 – 8.45pm		Adult Lessons 7.15 – 8pm		
Tuesday		General Lanes ♦ 7 – 9am					General Swim ● 9 – 11am					Fun Zone 11am – 12.30pm					Adult Lane Swim ♦ 12.30 – 1.30pm		Staff Training 1.30 – 3.30pm					Learn to Swim 3.30 – 5.30pm			General Swim ● 5.30 – 6.30pm		Adult Lane Swim ♦ 6.30 – 9pm						
Wednesday		General Lanes ♦ 7 – 9am					General Swim ● 9 – 11am					Fun Zone 11am – 12.30pm					Adult Lane Swim ♦ 12.30 – 1.30pm		CLOSED																
Thursday	CLOSED																																		
Friday	CLOSED																																		
Saturday				General Lanes ♦ 8 – 9am		General Swim ● 9am – 12.45pm																													
Sunday				General Lanes ♦ 8 – 9am		Family Fun 9 – 10am			Fun Zone 10 – 11am		General Swim ● 11am – 12noon		Book your pool party 12noon – 1pm																						
6.45 am77.3088.3099.301010.301111.3012 noon12.3011.3022.3033.3044.3055.3066.3077.3088.309 pm																																			

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C – 30°C. All sessions are inclusive of any changeover time required. RAF swim tests may take place Mon-Fri between 7.45-9am. Vending machines are available.

KEY ♦ Lanes available ● Single lane



Bedale Leisure and Wellbeing Hub Programme

29th December 2025 to 4th January 2026

pool

	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm	
Monday			General Lanes ♦ 6.45 – 9am			General Swim ● 9 – 11am			50+ ● 11am – 12.30pm			Adult Lane Swim ♦ 12.30 – 1.30pm		Fun Zone 1.30 – 3pm			General Swim ● 3 – 6pm														
Tuesday		General Lanes ♦ 7 – 9am			General Swim ● 9 – 11am			Fun Zone 11am – 12.30pm			Adult Lane Swim ♦ 12.30 – 1.30pm		Staff Training 1.30 – 3.30pm				General Swim ● 3.45 – 6.30pm														
Wednesday		General Lanes ♦ 7 – 9am			General Swim ● 9 – 11am			Fun Zone 11am – 12.30pm			Adult Lane Swim ♦ 12.30 – 1.30pm		CLOSED																		
Thursday	CLOSED																														
Friday		General Lanes ♦ 7 – 9am			General Swim ● 9 – 11am			Fun Zone 11am – 12.15pm				Adult Lane Swim ♦ 12.30 – 1.30pm		Accessible Swim 1.30 – 2.30pm		General Swim 2.30 – 4pm			Learn to Swim 4 – 5.45pm			General Swim ● 5.45 – 7pm									
Saturday				General Lanes ♦ 8 – 9am		Learn to Swim ● 9am – 12.45pm							General Swim 12noon – 12.45pm																		
Sunday				General Lanes ♦ 8 – 9am		Family Fun 9 – 10am		Fun Zone 10 – 11am		General Swim ● 11am – 12noon		Book your pool party 12noon – 1pm																			
	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm	

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