

Northallerton Leisure and Wellbeing Hub Programme 22nd to 28th December 2025

Main Pool

Monday	General Lanes ♦ 6.45 – 9am			Big Swim 9.15 – 11.45am			Adult Lane Swim ♦ 12noon – 1pm	Accessible Swim 1 – 2pm		Big Swim 2.15 – 3.45pm			Learn to Swim 4 – 6.45pm			Adult Lane Swim ♦ 7 – 9pm			
Tuesday	General Lanes ♦ 6.45 – 9am		50+ ♦ 9-10am Parent & Tots		Big Swim 10.15 – 11.45am			Adult Lane Swim ♦ 12noon – 1pm		Big Swim 1.15 – 3.45pm				Learn to Swim 4 – 6.30pm		General Swim ● 6 – 7pm	Adult Lessons 7 – 7.45pm		Adult Lane Swim ♦ 8 – 9pm
Wednesday	General Lanes ♦ 6.45 – 9am			Big Swim 9.15 – 11.45am				Adult Lane Swim ♦ 12noon – 1pm	CLOSED										
Thursday	CLOSED																		
Friday	CLOSED																		
Saturday		General Lanes ♦ 7 – 8.30am	General Swim ○ 8.30 – 10.30am			Big Swim 10.45am – 3pm													
Sunday		General Lanes ♦ 8 – 9am		SEND 9.15 – 10.15am		Big Swim 10.30am – 3pm													

Lagoon

Monday		Big Swim 9.15 – 11.45am			Big Swim 2.15 – 3.45pm		Learn to Swim 4 – 6.45pm				
Tuesday		Parent & Tots 9 – 10am		Big Swim 10.15 – 11.45am		Big Swim 1.15 – 3.45pm			Learn to Swim 4 – 6pm	General Swim ● 6 – 7pm	
Wednesday		Big Swim 10.15 – 11.45am		CLOSED							
Thursday	CLOSED										
Friday	CLOSED										
Saturday		General Swim ○ 8.30 – 10.30am			Big Swim 10.45am – 3pm						
Sunday		SEND 9.15 – 10.15am			Big Swim 10.30am – 3pm						

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C – 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ♦ Lanes available ● Water slide ○ Water slide used intermittently



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Northallerton Leisure and Wellbeing Hub Programme 29th December 2025 to 4th January 2026

Main Pool

Monday	General Lanes ♦ 6.45 – 9am			Big Swim 9.15 – 11.45am		Adult Lane Swim ♦ 12noon – 1pm	Accessible Swim 1 – 2pm		Big Swim 2.15 – 3.45pm			General Swim ● 4 – 6.30pm							
Tuesday	General Lanes ♦ 6.45 – 9am		50+ ♦ 9–10am Parent & Tot		Big Swim 10.15 – 11.45am		Adult Lane Swim ♦ 12noon – 1pm		Big Swim 1.15 – 3.45pm			General Swim ● 4 – 6pm		Adult Lane Swim ♦ 6 – 7pm					
Wednesday	General Lanes ♦ 6.45 – 9am			Big Swim 9.15 – 11.45am		Adult Lane Swim ♦ 12noon – 1pm	CLOSED												
Thursday	CLOSED																		
Friday	General Lanes ♦ 6.45 – 9am		Closed Staff Training 9 – 10am			Big Swim 10.15 – 11.45am		Adult Lane Swim ♦ 12noon – 1pm		Big Swim 1.15 – 3.45pm			Learn to Swim 4 – 5pm	Big Swim 5 – 6.30pm		Aquafit 6.30 – 7.15pm		Northallerton Amateur Swim Club 7.30 – 9pm	
Saturday		General Lanes ♦ 7 – 8.30am		Learn to Swim 8.30 – 10.30am			Big Swim 10.45am – 3pm												
Sunday		General Lanes ♦ 8 – 9am			SEND 9.15 – 10.15am			Big Swim 10.30am – 3pm					Book your pool party 3.15 – 4.15pm						

Lagoon

Monday		Big Swim 9.15 – 11.45am			Big Swim 2.15 – 3.45pm		General Swim ● 4 – 6.30pm		
Tuesday		Parent & Tots 9 – 10am		Big Swim 10.15 – 11.45am		Big Swim 1.15 – 3.45pm			General Swim ● 4 – 6pm
Wednesday		Big Swim 9.15 – 11.45am		CLOSED					
Thursday	CLOSED								
Friday		Big Swim 10.15 – 11.45am			Big Swim 1.15 – 3.45pm			Learn to Swim 4 – 5pm	Big Swim 5 – 6.30pm
Saturday		Learn to Swim 8.30 – 10.30am			Big Swim 10.45am – 3pm				
Sunday		SEND 9.15 – 10.15am		Big Swim 10.30am – 3pm				Book your pool party 3.15 – 4.15pm	

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