

Pateley Bridge Leisure and Wellbeing Hub pool programme

Monday 22nd December to Sunday 28th December – Week One Christmas Holiday 2025

	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30 pm
Monday	Lane swim 7 – 7.45am		General swim 7.45 – 9.30am				Adult swim 9.30 – 11am				General swim 11am – 2pm					Family swim 2 – 3.45pm				General swim 4 – 6.30pm					Aquafit 6.45 – 7.30pm		Lane swim 7.30 – 8.30pm	
Tuesday	Lane swim 7 – 7.45am		General swim 7.45 – 9.45am				* Social swim 9.45 – 11am				General swim 11am – 2pm					Family swim 2 – 3.45pm				General swim 4 – 7.30pm					Lane swim 7.30 – 8.30pm			
Wednesday Christmas Eve	Lane swim 7 – 7.45am		General swim 7.45 – 9.30am				Adult swim 9.30 – 11am				General swim 11am – 1.45pm					CLOSED												
Thursday Christmas Day	CLOSED																											
Friday Boxing Day	CLOSED																											
Saturday			Swim fit 8 – 9am		General swim 9am – 12noon					Family swim 12.45 – 2pm					We operate a no shoes policy in the changing area and on poolside. Shoe covers are available from reception.													
Sunday			Lane swim 8 – 9am		General swim 9am – 12noon					Family swim 12.45 – 2pm					* Social swim – a gentle splash free session ** Family fun with small pool toys *** For children over 8 years													
	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30 pm

We operate a no shoes policy in the changing area and on poolside. Shoe covers are available from reception.

* Social swim – a gentle splash free session

** Family fun with small pool toys

*** For children over 8 years

Programme subject to change. We run an alternative programme during school holidays.