

# Skipton Leisure and Wellbeing Hub Programme

## Christmas Timetable 2025

## Main pool

|                                | 6 am | 7 | 7.30 | 8 | 8.30 | 9 | 9.30 | 10 | 10.30 | 11 | 11.30 | 12 noon | 12.30 | 1 | 1.30 | 2 | 2.30 | 3 | 3.30 | 4 | 4.30 | 5 | 5.30 | 6 | 6.30 | 7 | 7.30 | 8 | 8.30 | 9 | 9.30 | 9.45 pm |
|--------------------------------|------|---|------|---|------|---|------|----|-------|----|-------|---------|-------|---|------|---|------|---|------|---|------|---|------|---|------|---|------|---|------|---|------|---------|
| <b>Saturday</b><br>27/12/2025  |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
| <b>Sunday</b><br>28/12/2025    |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
| <b>Monday</b><br>29/12/2025    |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
| <b>Tuesday</b><br>30/12/2025   |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
| <b>Wednesday</b><br>31/12/2025 |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
| <b>Thursday</b><br>1/1/2026    |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
| <b>Friday</b><br>2/1/2026      |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |
|                                |      |   |      |   |      |   |      |    |       |    |       |         |       |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |   |      |         |

**General Information:** Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Small pool 30°C – 32°C. All sessions are inclusive of any changeover time required. Vending machines are available.

# Skipton Leisure and Wellbeing Hub Programme

## Christmas Timetable 2025

## Small pool

|                         | 6 am   | 7 | 7.30 | 8 | 8.30                                  | 9 | 9.30                                 | 10                           | 10.30                         | 11                            | 11.30 | 12 noon | 12.30                         | 1                                 | 1.30 | 2                                | 2.30 | 3                             | 3.30 | 4 | 4.30 | 5 | 5.30 | 6 | 6.30 | 7 | 7.30 | 8 | 8.30                       | 9 | 9.30 | 9.45 pm |
|-------------------------|--------|---|------|---|---------------------------------------|---|--------------------------------------|------------------------------|-------------------------------|-------------------------------|-------|---------|-------------------------------|-----------------------------------|------|----------------------------------|------|-------------------------------|------|---|------|---|------|---|------|---|------|---|----------------------------|---|------|---------|
| Saturday<br>27/12/2025  |        |   |      |   |                                       |   |                                      | General Swim<br>9:30 – 12:00 |                               |                               |       |         |                               | General Swim<br>12:30 – 14:30     |      |                                  |      |                               |      |   |      |   |      |   |      |   |      |   |                            |   |      |         |
| Sunday<br>28/12/2025    |        |   |      |   |                                       |   | SEN Friendly<br>Swim<br>9.05 – 10.00 |                              |                               | General Swim<br>10:15 – 12:00 |       |         |                               | General Swim<br>12:30 – 14:30     |      |                                  |      | Private Hire<br>14:45 – 15:45 |      |   |      |   |      |   |      |   |      |   |                            |   |      |         |
| Monday<br>29/12/2025    |        |   |      |   | Adult Leisure<br>Swim<br>8.00 – 10.00 |   |                                      |                              | General Swim<br>10:15 – 12:00 |                               |       |         | General Swim<br>12:30 – 15:00 |                                   |      |                                  |      |                               |      |   |      |   |      |   |      |   |      |   |                            |   |      |         |
| Tuesday<br>30/12/2025   |        |   |      |   | Adult Leisure<br>Swim<br>8.00 – 10.00 |   |                                      |                              | General Swim<br>10:15 – 12:00 |                               |       |         | General Swim<br>12:30 – 15:00 |                                   |      |                                  |      |                               |      |   |      |   |      |   |      |   |      |   |                            |   |      |         |
| Wednesday<br>31/12/2025 |        |   |      |   | Adult Leisure<br>Swim<br>8.00 – 10.00 |   |                                      |                              | General Swim<br>10:15 – 12:30 |                               |       |         |                               |                                   |      |                                  |      |                               |      |   |      |   |      |   |      |   |      |   |                            |   |      |         |
| Thursday<br>1/1/2026    | CLOSED |   |      |   |                                       |   |                                      |                              |                               |                               |       |         |                               |                                   |      |                                  |      |                               |      |   |      |   |      |   |      |   |      |   |                            |   |      |         |
| Friday<br>2/1/2026      |        |   |      |   |                                       |   |                                      |                              | General Swim<br>10:15 – 11:15 |                               |       |         |                               | Aqua<br>Aerobics<br>12.15 – 13.00 |      | General<br>Swim<br>13.15 – 17.15 |      |                               |      |   |      |   |      |   |      |   |      |   | UW Hockey<br>19.30 – 20.30 |   |      |         |
|                         | 6 am   | 7 | 7.30 | 8 | 8.30                                  | 9 | 9.30                                 | 10                           | 10.30                         | 11                            | 11.30 | 12 noon | 12.30                         | 1                                 | 1.30 | 2                                | 2.30 | 3                             | 3.30 | 4 | 4.30 | 5 | 5.30 | 6 | 6.30 | 7 | 7.30 | 8 | 8.30                       | 9 | 9.30 | 9.45 pm |

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# Health Suite

| Saturday<br>27/12/25 | Sunday<br>28/12/25 | Monday<br>29/12/25 | Tuesday<br>30/12/25 | Wednesday<br>31/12/25 | Thursday<br>1/1/26 | Friday<br>2/1/26 |
|----------------------|--------------------|--------------------|---------------------|-----------------------|--------------------|------------------|
| 08:00 – 14:30        | 08:00 – 16:45      | 08:00 – 15:00      | 08:00 – 15:00       | 08:00 – 12:15         | CLOSED             | 08:00 – 21:30    |

# Gym

| Saturday<br>27/12/25 | Sunday<br>28/12/25 | Monday<br>29/12/25 | Tuesday<br>30/12/25 | Wednesday<br>31/12/25 | Thursday<br>1/1/26 | Friday<br>2/1/26 |
|----------------------|--------------------|--------------------|---------------------|-----------------------|--------------------|------------------|
| 08:00 – 16:00        | 08:00 – 16:00      | 08:00 – 15:00      | 08:00 – 15:00       | 08:00 – 12:30         | CLOSED             | 06:00 – 21:30    |

# Revive Cafe

| Saturday<br>27/12/25 | Sunday<br>28/12/25 | Monday<br>29/12/25 | Tuesday<br>30/12/25 | Wednesday<br>31/12/25 | Thursday<br>1/1/26 | Friday<br>2/1/26 |
|----------------------|--------------------|--------------------|---------------------|-----------------------|--------------------|------------------|
| 09:00 – 16:00        | 09:00 – 16:00      | 09:00 – 15:00      | 09:00 – 15:00       | 08:30 – 12:30         | CLOSED             | 09:00 – 17:00    |

# Pricing

|  |        |                            |       |                              |       |
|--|--------|----------------------------|-------|------------------------------|-------|
| Adult General Swim                           | £6.00  | Adult Lane Swim            | £6.00 | Adult Gym Workout            | £8.20 |
| Junior General Swim (5-15)                   | £3.45  | Junior Lane Swim           | £3.45 | Junior Gym Workout (14-17)   | £5.75 |
| Concession General Swim (60+)                | £3.65  | Concession Lane Swim (60+) | £3.65 | Concession Gym Workout (60+) | £6.00 |
| Family Swim<br>(2 Adults + up to 3 children) | £17.15 |                            |       |                              |       |

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