

# Pateley Bridge Leisure and Wellbeing Hub pool programme

Half Term - Monday 16th to Sunday 22nd February 2026

	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30 pm
Monday	Lane swim 7 - 7.45am	General swim 7.45 - 9.30am		Adult swim 9.30 - 11am			General swim 11am - 2pm			Family swim 2 - 3.45pm			Learn to swim 4 - 5.30pm			General swim 5.30 - 6.45pm		Aquafit 6.45 - 7.30pm		Lane swim 7.30 - 8.30pm								
Tuesday	Lane swim 7 - 7.45am	General swim 7.45 - 9am	Aquacore 9 - 9.45am		General swim 9.45 - 11.45am		*Social swim 11.45am - 12.45pm	General swim 12.45 - 2pm		Family swim 2 - 3.45pm			Learn to swim 4 - 5.30pm			General swim 5.45 - 7.30pm		Lane swim 7.30 - 8.30pm										
Wednesday	Lane swim 7 - 7.45am	General swim 7.45 - 9.30am	Aquacore 9.30 - 10.15am	Adult swim 10.15 - 11.15am		General swim 11.15am - 2pm			Family swim 2 - 3.45pm			Learn to swim 4 - 5.30pm			General swim 5.45 - 7.30pm		Lane swim 7.30 - 8.30pm			Adult lessons 7.30-8pm								
Thursday	Lane swim 7 - 7.45am	General swim 7.45 - 9.30am	Aquafit 9.30 - 10.15am	Learn to swim 10.30 - 11am		General swim 11am - 2pm			Family swim 2 - 3.45pm			Learn to swim 4 - 6pm			General swim 6.15 - 7.30pm		Lane swim 7.30 - 8.30pm											
Friday	Lane swim 7 - 7.45am	General swim 7.45 - 9.30am	Aqua circuits 9.30 - 10.15am	Adult swim 10.15 - 11.15am		General swim 11.15am - 1pm	Accessible swim 1 - 2pm		Family swim 2 - 3.45pm			Learn to swim 4 - 6pm			**Pool party 6.15 - 7.15pm		General swim 7.30 - 8.30pm											
Saturday		Swim fit 8 - 9am		Learn to swim 9 - 11.45am		General swim 11.45am - 12.45pm	Family swim 12.45 - 2pm		Party hire/courses/staff training 2 - 4pm			We operate a no shoes policy in the changing area and on poolside. * Social swim - a gentle splash free session ** For children aged 8-12 years old																
Sunday		Lane swim 8 - 9am		Family swim 9 - 11am		General swim 11am - 1pm		Family swim 1 - 2.30pm		Party hire/Courses 2.30 - 3.30pm																		

Programme subject to change.

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