

Skipton Leisure and Wellbeing Hub Programme

Half Term - Monday 16th to Sunday 22nd February 2026

Main pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm
Monday		Lane Swim & Club Hire (CE) 6 - 7am Single lanes	Lane Swim 7 - 9am		Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am	Lane Swim 11.20am - 12.50pm																			Lane Swim 5.30 - 7pm Single lanes		Club Hire 7 - 9pm						
Tuesday			Lane Swim 6 - 9am		Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am	Lane Swim 11.20am - 12.50pm																		Junior Lane Swim (10 -14 yrs) 5.30 - 6.30pm	Learn to Swim 6.30 - 7.30pm	Lane Swim (3 lanes) Craven Energy (3 lanes) 7.30 - 8.30pm	Lane Swim 8.30 - 9.30pm						
Wednesday		Lane Swim & Club Hire (SSC) 5.45 - 7.30am Single lanes	Lane Swim 7.30 - 8.45am		General Swim 9 - 11.30am		Lane Swim 11.45 - 1.15pm																		Lane Swim 5.15 - 7pm Single lanes		Club Hire 7 - 9pm	Lane Swim 9 - 9.45pm						
Thursday			Lane Swim 6 - 9am		Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am	Lane Swim 11.20am - 12.50pm																		Lane Swim 5.30 - 6.30pm Single lanes	Club Hire (CE) 6.30 - 7.15pm	Club Hire (SSC) 7.15 - 8.45pm	Lane Swim Single lanes & Craven Energy 8.45 - 9.45pm						
Friday		Lane Swim & Club Hire (SSC) 5.45 - 7.30am Single lanes	Lane Swim 7.30 - 9am		Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am	Lane Swim 11.20am - 12.50pm																		Junior Lane Swim (10 -14 yrs) 5.30 - 6.30pm	Lane Swim 6.30 - 7.30pm Single lanes	Lane Swim 7.30 - 8.15pm Wide lanes	Under Water Hockey 8.30 - 9.30pm						
Saturday				Club Hire (TRI) 7.30 - 9.30am		General Swim 9.30am - 12pm			General Swim 12.30 - 2.30pm			Private Pool Party 3 - 4pm																						
Sunday					Lane Swim 8 - 9am	SEN Family Swim 9.05 - 10am		General Swim 10.15am - 12noon			General Swim 12.30 - 2.30pm			Lane Swim & Club Hire (ssc) 2.45 - 4.45pm Single lanes																				

General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

01/26/78428113

Skipton Leisure and Wellbeing Hub Programme

Half Term - Monday 16th to Sunday 22nd February 2026

Small pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm
Monday								Hydro Jog 9.15 - 10am		General Swim 10 - 11.15am				Aqua Aerobics 12.15 - 1pm		General Swim 1.15 - 3.30pm						Learn to Swim 4 - 7.30pm			Adult Leisure Swim 7.30 - 8.30pm									
Tuesday								Parents & Under 5's Swim 9 - 9.55am	General Swim 10 - 10.55am	Duckling Lessons 11am - 12pm	Access Swim 12.05 - 12.45pm			General Swim 1.15 - 3.30pm						Learn to Swim 4 - 8pm														
Wednesday					Hydro Jog 8 - 8.45am			General Swim 9 - 11.30am				Aqua Aerobics 12.05 - 12.45pm			Closed staff Training 1.30 - 3.30pm					Learn to Swim 4 - 7.30pm			Aqua Aerobics 7.45 - 8.30pm											
Thursday								Parents & Under 5's Swim 9 - 9.55am	Duckling Lessons 10 - 11.30am		Access Swim 12.05 - 12.45pm			General Swim 1.15 - 3.30pm					Learn to Swim 4 - 7.30pm			Adult Leisure Swim 7.30 - 8.30pm												
Friday									General Swim 10 - 11.15am			Aqua Aerobics 12.15 - 1pm			General Swim 1.15 - 3.30pm				Learn to Swim 4 - 7.30pm															
Saturday								Learn to Swim 8 - 11am		General Swim 11am - 12pm				General Swim 12.30 - 2.30pm																				
Sunday								SEN Family Swim 9.05 - 10am		General Swim 10.15am - 12pm				General Swim 12.30 - 2.30pm			Private Pool Party 2.45 - 3.45pm																	

General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

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Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 9.30pm	8am - 2.30pm	8am - 4.45pm				

Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 9.30pm	8am - 4pm	8am - 4pm				

Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am - 5pm	9am - 4pm	9am - 4pm				

Pricing

Adult General Swim	£6.00	Adult Lane Swim	£6.00	Adult Gym Workout	£8.20
Junior General Swim (5-15)	£3.45	Junior Lane Swim	£3.45	Junior Gym Workout (14-17)	£5.75
Concession General Swim (60+)	£3.65	Concession Lane Swim (60+)	£3.65	Concession Gym Workout (60+)	£6.00
Family Swim (2 Adults + up to 3 children)	£17.15				

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Part of

