

Skipton Leisure and Wellbeing Hub Programme

Half Term – Monday 16th to Sunday 22nd February 2026

Main pool

5.45 am 6 6.30 7 7.30 8 8.30 9 9.30 10 10.30 11 11.30 12 noon 12.30 1 1.30 2 2.30 3 3.30 4 4.30 5 5.30 6 6.30 7 7.30 8 8.30 9 9.30 9.45 pm																																									
Monday	Lane Swim & Club Hire (CE) 6 – 7am Single lanes		Lane Swim 7 – 9am					Over 60's 9.10 – 9.55am		General Swim 10 – 11.15am		Lane Swim 11.20am – 12.50pm					General Swim 1.15 – 5.15pm							Lane Swim 5.30 – 7pm Single lanes			Club Hire 7 – 9pm														
Tuesday		Lane Swim 6 – 9am							Over 60's 9.10 – 9.55am		General Swim 10 – 11.15am		Lane Swim 11.20am – 12.50pm					General Swim 1.15 – 5.15pm							Junior Lane Swim (10 –14 yrs) 5.30 – 6.30pm		Learn to Swim 6.30 – 7.30pm		Lane Swim (3 lanes) Craven Energy (3 lanes) 7.30 – 8.30pm		Lane Swim 8.30 – 9.30pm										
Wednesday	Lane Swim & Club Hire (SSC) 5.45 – 7.30am Single lanes			Lane Swim 7.30 – 8.45am			General Swim 9 – 11.30am					Lane Swim 11.45 –1.15pm			General Swim 1.30 – 5pm							Lane Swim 5.15 – 7pm Single lanes			Club Hire 7 – 9pm			Lane Swim 9 – 9.45pm													
Thursday		Lane Swim 6 – 9am							Over 60's 9.10 – 9.55am		General Swim 10 – 11.15am		Lane Swim 11.20am – 12.50pm					General Swim 1.15 – 5.15pm							Lane Swim 5.30 – 6.30pm Single lanes		Club Hire (CE) 6.30 – 7.15pm		Club Hire (SSC) 7.15 – 8.45pm		Lane Swim Single lanes & Craven Energy 8.45 – 9.45pm										
Friday	Lane Swim & Club Hire (SSC) 5.45 – 7.30am Single lanes			Lane Swim 7.30 – 9am			Over 60's 9.10 – 9.55am		General Swim 10 – 11.15am		Lane Swim 11.20am – 12.50pm					General Swim 1.15 – 5.15pm							Junior Lane Swim (10 –14 yrs) 5.30 – 6.30pm		Lane Swim 6.30 – 7.30pm Single lanes		Lane Swim 7.30 – 8.15pm Wide lanes		Under Water Hockey 8.30 – 9.30pm												
Saturday					Club Hire (TRI) 7.30 – 9.30am				General Swim 9.30am – 12pm					General Swim 12.30 – 2.30pm					Private Pool Party 3 – 4pm																						
Sunday							Lane Swim 8 – 9am		SEN Family Swim 9.05 – 10am			General Swim 10.15am – 12noon					General Swim 12.30 – 2.30pm					Lane Swim & Club Hire (SSC) 2.45 – 4.45pm Single lanes																			
5.45 am 6 6.30 7 7.30 8 8.30 9 9.30 10 10.30 11 11.30 12 noon 12.30 1 1.30 2 2.30 3 3.30 4 4.30 5 5.30 6 6.30 7 7.30 8 8.30 9 9.30 9.45 pm																																									

General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C – 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

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Half Term – Monday 16th to Sunday 22nd February 2026

Small pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm
Monday									Hydro Jog 9.15 – 10am	General Swim 10 – 11.15am				Aqua Aerobics 12.15 – 1pm		General Swim 1.15 – 3.30pm				Learn to Swim 4 – 7.30pm						Adult Leisure Swim 7.30 – 8.30pm								
Tuesday									Parents & Under 5's Swim 9 – 9.55am	General Swim 10 – 10.55am		Duckling Lessons 11am – 12pm		Access Swim 12.05 – 12.45pm		General Swim 1.15 – 3.30pm				Learn to Swim 4 – 8pm														
Wednesday							Hydro Jog 8 – 8.45am		General Swim 9 – 11.30am					Aqua Aerobics 12.05 – 12.45pm		Closed staff Training 1.30 – 3.30pm				Learn to Swim 4 – 7.30pm						Aqua Aerobics 7.45 – 8.30pm								
Thursday									Parents & Under 5's Swim 9 – 9.55am	Duckling Lessons 10 – 11.30am				Access Swim 12.05 – 12.45pm		General Swim 1.15 – 3.30pm				Learn to Swim 4 – 7.30pm						Adult Leisure Swim 7.30 – 8.30pm								
Friday										General Swim 10 – 11.15am				Aqua Aerobics 12.15 – 1pm		General Swim 1.15 – 3.30pm				Learn to Swim 4 – 7.30pm														
Saturday							Learn to Swim 8 – 11am					General Swim 11am – 12pm			General Swim 12.30 – 2.30pm																			
Sunday									SEN Family Swim 9.05 – 10am			General Swim 10.15am – 12pm				General Swim 12.30 – 2.30pm				Private Pool Party 2.45 – 3.45pm														
	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm

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Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 2.30pm	8am - 4.45pm

Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 4pm	8am - 4pm

Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am - 5pm	9am - 5pm	9am - 5pm	9am - 5pm	9am - 5pm	9am - 4pm	9am - 4pm

Pricing

Adult General Swim	£6.00	Adult Lane Swim	£6.00	Adult Gym Workout	£8.20
Junior General Swim (5-15)	£3.45	Junior Lane Swim	£3.45	Junior Gym Workout (14-17)	£5.75
Concession General Swim (60+)	£3.65	Concession Lane Swim (60+)	£3.65	Concession Gym Workout (60+)	£6.00
Family Swim (2 Adults + up to 3 children)	£17.15				