

Northallerton Leisure and Wellbeing Hub Programme

Half Term - 16th to 22nd February 2026

Main pool

	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm		
Monday																															
	General Lanes ♦ 6.45 - 9am												Big Swim 9.15 - 11.45am		Adult Lane Swim ♦ 12noon - 1pm		Accessible Swim 1 - 2pm		Big Swim 2.15 - 3.45pm				Learn to Swim 4 - 6.45pm				Northallerton Amateur Swim Club 6.45 - 9pm				
Tuesday													General Lanes ♦ 6.45 - 9am	50+ ♦ 9 - 10am		Big Swim 10.15 - 11.45am		Adult Lane Swim ♦ 12noon - 1pm			Big Swim 1.15 - 3.45pm			Learn to Swim 4 - 6.30pm	General Swim ● 6 - 7pm		Adult Lessons 7 - 7.45pm		Adult Lane Swim ♦ 8 - 9pm		
Wednesday													General Lanes ♦ 6.45 - 9am	Aquafit 9.15 - 10am		Big Swim 10.15 - 11.45am		Adult Lane Swim ♦ 12noon - 1pm			Big Swim 1.15 - 3.45pm			Learn to Swim 4 - 6pm			Northallerton Amateur Swim Club 6 - 9pm				
Thursday													General Lanes ♦ 6.45 - 9am	50+ ♦ 9 - 10am		Big Swim 10.15 - 11.45am		Adult Lane Swim ♦ 12noon - 1pm			Big Swim 1.15 - 3.45pm			Learn to Swim 4 - 6pm	General Swim ● 6 - 7pm		Adult Lane Swim ♦ 7 - 9pm				
Friday													General Lanes ♦ 6.45 - 9am	Closed Staff Training 9 - 10am		Big Swim 10.15 - 11.45am		Adult Lane Swim ♦ 12noon - 1pm			Big Swim 1.15 - 3.45pm			Learn to Swim 4 - 5pm	Big Swim 5 - 6.30pm	Aquafit 6.30 - 7.15pm		Adult Lane Swim ♦ 7.30 - 9pm			
Saturday													General Lanes ♦ 7 - 8.30am	Learn to Swim 8.30 - 10.30am				Big Swim 10.45am - 3pm													
Sunday													General Lanes ♦ 8 - 9am	SEND 9.15 - 10.15am				Big Swim 10.30am - 3pm				Book your pool party 3.15 - 4.15pm									

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ♦ Lanes available ● Water slide ○ Water slide used intermittently



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Lagoon

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KEY ♦ Lanes available • Water slide • Water slide used intermittently



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