

Stokesley Leisure and Wellbeing Hub Programme

Half Term – 16th to 22nd February 2026

Main pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30 pm
Monday	General Lanes ♦ 6.30 – 10am					General Swim ● 10am – 12.30pm					Adult Swim ♦ 12.30 – 2pm		50+ ♦ 2 – 3pm		General Swim ● 3.45 – 6.45pm					Learn to Swim 3.45 – 6.45pm		Adult Lane Swim ♦ 7 – 8pm		Aquafit 8.15 – 9pm							
Tuesday	General Lanes ♦ 6.30 – 10am					General Swim ● 10 – 11.45am			Adult Swim ♦ 11.45am – 1pm		Aquafit 1.15 – 2pm		General Swim ● 2 – 5.45pm					Learn to Swim 3.45 – 5.45pm			Stokesley Amateur Swim Club 6 – 9pm										
Wednesday	General Lanes ♦ 6.30 – 9.15am				Aquafit 9.30 – 10.15am		Adult Lessons 10.30 – 11.15am		General Swim ● 11.15am – 12.30pm		Adult Swim ♦ 12.30 – 1.45pm				Pool Party 2.15 – 3.15pm		General Swim ● 3.45 – 6.45pm					Learn to Swim 3.45 – 6.45pm			Adult Lane Swim ♦ 7 – 8pm		General Lanes ♦ 8 – 9pm				
Thursday	General Lanes ♦ 6.30 – 10am					General Swim ● 10am – 12.30pm					Adult Swim ♦ 12.30 – 1.30pm		Closed for Staff Training 1.30 – 3.30pm					General Swim ● 3.45 – 6.15pm			Learn to Swim 3.45 – 6.15pm			Stokesley Amateur Swim Club 6.30 – 8.30pm			Adult Lane Swim ♦ 8.30 – 9.15pm				
Friday	General Lanes ♦ 6.30 – 8.45am				50+ ♦ 9 – 10am		Aquafit 10.30 – 11.15am		General Swim ● 11.15am – 12.30pm		Adult Swim ♦ 12.30 – 1.45pm		Accessible Swim 2 – 3pm		General Swim ● 3.15 – 8pm					Learn to Swim 3.45 – 6.45pm			Adult Lane Swim ♦ 8 – 9pm								
Saturday			Stokesley Amateur Swim Club 7 – 8.30am		Learn to Swim 8.45 – 11.45am					General Swim ● 8.45am – 2pm																					
Sunday				General Swim ● 8am – 12.15pm							Family Fun 12.30 – 1.30pm		Book your pool party 1.45 – 2.45pm		Stokesley Amateur Swim Club 3 – 5.30pm																

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C – 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ♦ Lanes available ● Single lane



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KEY ♦ Lanes available ● Single lane

