

# Knarborough Leisure and Wellbeing Hub pool programme

## Easter Holidays - Monday 30th March to Sunday 5th April 2026

# Main pool

	5.30 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
<b>Monday</b>			General swim 6.30 - 9am			Social swim 9 - 10am			Aquatic Therapy	General swim 10am - 12noon		AquaFit 12noon - 12.45pm			Fun session 1 - 2.30pm			Good Boost		Learn to swim 4 - 6pm		Swim squads 6 - 9pm										
		* Lane swim 6.30 - 9am			Learn to swim 9- 11am			* Lane swim 11 - 12.45pm					* Lane swim 2.45 - 6pm																			
<b>Tuesday</b>		General swim 6.30 - 9am		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 4pm		Learn to swim 4 - 7pm		AquaFit 7 - 7.45pm		Staff training 8 - 9pm												
		* Lane swim 6.30 - 9am		Learn to swim 9- 11am		* Lane swim 11 - 12.45pm					* Lane swim 2.45 - 8pm																					
<b>Wednesday</b>		General swim 6.30 - 9am		Social swim Lane Swim		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 4pm		Learn to swim 4 - 7pm		AquaFit 7.15 - 8pm		General swim 8 - 9pm										
		* Lane swim 6.30 - 9am		Learn to swim 9- 11am		* Lane swim 11 - 12.45pm					* Lane swim 2.45 - 9pm																					
<b>Thursday</b>		General swim 6.30 - 9am		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		Fun session 1 - 2.30pm		Good Boost		Learn to swim 4 - 7pm		Adult Lessons		General swim 7 - 9pm												
		* Lane swim 6.30 - 9am		Learn to swim 9- 11am		* Lane swim 11 - 12.45pm					* Lane swim 2.45 - 9pm																					
<b>Good Friday</b>		General swim 7 - 9am		Social swim 9 - 10am		Bump Boost		General swim 10am - 12noon		AquaFit 12noon - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 4pm		<b>CLOSED</b>																
		* Lane swim 7am - 12.45pm						* Lane swim 2.45 - 4pm																								
<b>Saturday</b>		Swim squads 5.30 - 8.30am		Learn to swim 8.30am - 12noon				General swim 12.15am - 1.15pm		Fun session 1.30 - 3pm		Party hire 3.30 - 4.30pm		Party hire 4.45 - 5.45pm		* Lane swim 6 - 7pm																
		* Lane swim 6.30 - 11am				General swim																										
<b>Easter Sunday</b>	<b>CLOSED</b>																															

Programme subject to change. \*All our bookable sessions can be booked via the Active North Yorkshire app or our website

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## Easter Holidays - Monday 30th March to Sunday 5th April 2026

# Leisure pool

	5.30 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday									Learn to swim 9 - 11.15am				General swim 11.30 - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 3.55pm		Learn to swim 4 - 7pm				Family Swim 7 - 8pm									
Tuesday									Toddler swim 9 - 10am		Learn to swim 10 - 11am		General swim 11.15am - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 3.55pm		Learn to swim 4 - 7pm				Family Swim 7 - 8pm									
Wednesday									Toddler swim 9 - 10am		General swim 10 - 11.15am		General swim 11.30am - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 3.55pm		Learn to swim 4 - 7pm				Family Swim 7 - 8pm									
Thursday									Toddler swim 9 - 10am		Learn to swim 10.15 - 11.15am		General swim 11.30am - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 3.55pm		Learn to swim 4 - 6pm		Family Swim 6 - 8pm											
Good Friday									Toddler swim 9 - 10am		Learn to swim 10 - 11am		General swim 11.15am - 12.45pm		Fun session 1 - 2.30pm		General swim 2.45 - 3.55pm		<b>CLOSED</b>													
Saturday									Learn to swim 8.30am - 12noon				General swim 12.15am - 1.15pm		Fun session 1.30 - 3pm		Party hire 3.30 - 4.30pm		Party hire 4.45 - 5.45pm		Bookable family swim 6 - 7pm											
Easter Sunday	<b>CLOSED</b>																															

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