

Skipton Leisure and Wellbeing Hub Programme

Easter Holidays - Monday 30th March to Sunday 5th April 2026

Main pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm
Monday		Lane Swim & Club Hire (CE) 6 - 7am Single lanes		Lane Swim 7 - 9am				Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am		Lane Swim 11.20am - 12.50pm					General Swim 1.15 - 5.15pm (half pool from 3.30pm)						Lane Swim 5.30 - 7pm Single lanes		Club Hire 7 - 9pm				Craven Energy 8.30 - 9.30pm						
Tuesday		Lane Swim 6 - 9am						Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am		Lane Swim 11.20am - 12.50pm					General Swim 1.15 - 5.15pm (half pool from 3.30pm)						Junior Lane Swim (10 - 14 yrs) 5.30 - 6.30pm	Learn to Swim 6.30 - 7.30pm	Lane Swim (3 lanes) Craven Energy (3 lanes) 7.30 - 8.30pm		Lane Swim 8.30 - 9.30pm								
Wednesday		Lane Swim & Club Hire (SSC) 5.45 - 7.30am Single lanes		Lane Swim 7.30 - 8.45am				General Swim 9 - 11.30am			Lane Swim 11.45 - 1.15pm					General Swim 1.30 - 5pm (half pool from 3.30pm)						Lane Swim 5.15 - 7pm Single lanes		Club Hire (SSC) 7 - 9pm			Lane Swim 9 - 9.45pm							
Thursday		Lane Swim 6 - 9am						Over 60's 9.10 - 9.55am	General Swim 10 - 11.15am		Lane Swim 11.20am - 12.50pm					General Swim 1.15 - 5.15pm (half pool from 3.30pm)						Lane Swim 5.30 - 6.30pm Single lanes	Club Hire (CE) 6.30 - 7.15pm	Club Hire (SSC) 7.15 - 8.45pm		Lane Swim Single lanes & Craven Energy 8.45 - 9.45pm								
Good Friday					Lane Swim 8 - 10am				General Swim 10.15 - 12noon (SSC 10-12 reduced capacity)							General Swim 12.30 - 3pm			CLOSED															
Saturday					Club Hire (TRI) 7.30 - 9.30am			General Swim 9.30am - 12noon								General Swim 12.30 - 2.30pm			Private Pool Party 3 - 4pm															
Easter Sunday					Lane Swim 8 - 9am		SEN Family Swim 9.05 - 10am		General Swim 10.15am - 12noon							General Swim 12.30 - 2.30pm			Lane Swim & Club Hire (SSC) 2.45 - 4.45pm Single lanes															

General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

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Small pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm					
Monday									Hydro Jog 9.15 - 10am	General Swim 10 - 11.15am				Aqua Aerobics 12.15 - 1pm	General Swim 1.15 - 2.45pm	1:1 Private Lessons 2.45 - 3.45pm						Learn to Swim 4 - 7.30pm							Adult Leisure Swim 7.30 - 8.30pm										
Tuesday									Parents & Under 5's Swim 9 - 10am	General Swim 10 - 10.55am	Duckling Lessons 11 - 12noon			Access Swim 12.05 - 12.45pm	General Swim 1.15 - 2.45pm	1:1 Private Lessons 2.45 - 3.45pm						Learn to Swim 4 - 8pm																	
Wednesday								Hydro Jog 8 - 8.45am		General Swim 9 - 11.30am				Aqua Aerobics 12.05 - 12.45pm	General Swim 1.30 - 3.30pm							Learn to Swim 4 - 7.30pm							Aqua Aerobics 7.45 - 8.30pm										
Thursday									Parents & Under 5's Swim 9 - 10am		Duckling Lessons 10 - 12noon			Access Swim 12.05 - 12.45pm	General Swim 1.15 - 3.30pm							Learn to Swim 4 - 7.30pm							Adult Leisure Swim 7.30 - 8.30pm										
Good Friday									Adult Leisure Swim 8 - 10am		General Swim 10.15am - 12noon				General Swim 12.30 - 3pm								CLOSED																
Saturday										Learn to Swim 8 - 11am		General Swim 11am - 12noon			General Swim 12.30 - 2.30pm																								
Easter Sunday									SEN Family Swim 9.05 - 10am		General Swim 10.15am - 12noon				General Swim 12.30 - 2.30pm					Private Pool Party 2.45 - 3.45pm																			

General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Good Friday	Saturday	Easter Sunday
6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 3pm	9am - 2.30pm	8am - 4.30pm

Gym

Monday	Tuesday	Wednesday	Thursday	Good Friday	Saturday	Easter Sunday
6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 3pm	8am - 4pm	8am - 4pm

Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Good Friday	Saturday	Easter Sunday
9am - 5pm	9am - 5pm	9am - 5pm	9am - 5pm	9am - 3pm	9am - 4pm	9am - 4pm