

Starbeck Swimming Pool Programme

Easter Holidays - Monday 30th March to Sunday 5th April 2026

	7.30 am	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8 pm
Monday	Lane swim 7.30 - 8am	General swim 8 - 9.30am		Adult lessons 9.30 - 11am			Family swim 11am - 12noon		Adult swim 12noon - 1pm		Family swim 1 - 2pm		General swim 2 - 3pm		Adult swim 3 - 4pm		Learn to swim 4 - 6.30pm				General swim 6.30 - 8pm					
Tuesday	Lane swim 7.30 - 8am	General swim 8 - 9am	Adult swim 9 - 10am		Private hire 10 - 11am		Family swim 11am - 12noon			AquaFit 12.10 - 12.55pm	Aquatic therapy 1 - 2pm		General swim 2 - 3pm		Adult swim 3 - 4pm		Learn to swim 4 - 6pm				General swim 6 - 7pm		Adult swim 7 - 8pm			
Wednesday	Lane swim 7.30 - 8am	General swim 8 - 9.30am		Learn to swim 9.30 - 11am			AquaFit 11.05 - 11.50am		Aquatic therapy 11.50am - 1pm		Family swim 1 - 2pm		General swim 2 - 3pm		Adult swim 3 - 4pm		Learn to swim 4 - 6pm				General swim 6 - 7pm		Adult swim 7 - 8pm			
Thursday	Lane swim 7.30 - 8am	General swim 8 - 9am	Adult swim 9 - 10.30am		Family swim 10.30 - 11.40am		AquaFit 11.45 - 12.30pm		Family swim 12.30 - 2pm		General swim 2 - 3pm		Adult swim 3 - 4pm		Learn to swim 4 - 6pm				General swim 6 - 7pm		AquaFit 7 - 7.45pm					
Good Friday	Lane swim 7.30 - 8am	General swim 8 - 10am		Accessibility swim 10 - 11am		Adult swim 11am - 12noon		Family swim 12noon - 2pm		General swim 2 - 3pm		Adult swim 3 - 4pm		CLOSED												
Saturday			Learn to Swim 8.30am - 1pm						General swim 1 - 2pm		Adult swim 2 - 3pm		Family swim 3 - 4pm													
Easter Sunday	CLOSED																		* SEN session is a new session for family and friends of children under 16, with Special Educational Needs.							

Programme subject to change. We run an alternative programme during school holidays.