

Thirsk and Sowerby Leisure and Wellbeing Hub Programme Easter Holidays - 6th to 12th April 2026

Main Pool

Easter Monday		50+ ♦ 11am - 12noon	Adult Lane Swim ♦ 12.15-1.15pm	General Swim ♦ 1.30 - 3.30pm	Learn to Swim 4 - 5.30pm					
Tuesday	Crash Courses ■ General Lanes ♦ 6.45 - 9am	General Swim ♦ 9.15 - 11.45am	Adult Lane Swim ♦ 12noon - 1pm	General Swim ♦ 1.15 - 3.30pm	Learn to Swim 4 - 5.30pm	General Swim ♦ 5.45 - 6.45pm	Thirsk White Horse Swim Team 7 - 8.30pm	Adult Lane Swim ♦ 8.45-9.30pm		
Wednesday	Crash Courses ■ General Lanes ♦ 6.45 - 9am	General Swim ♦ 9.15 - 11.45am	Adult Lane Swim ♦ 12noon - 1pm	50+ ♦ 1.15 - 2.15pm	Accessible Swim 2.30 - 3.30pm	Learn to Swim 4 - 6pm	General Swim ♦ 5.15 - 6.15pm	Nordic Diver 6.30-7.30pm	AquaFit 7.45 - 8.30pm	Adult Lane Swim ♦ 8.45-9.30pm
Thursday	Crash Courses ■ General Lanes ♦ 6.45 - 9am	General Swim ♦ 9.15 - 11.45am	Adult Lane Swim ♦ 12noon - 1pm	General Swim with inflatable slide* 2 - 3pm	Learn to Swim 4 - 6pm	Thirsk White Horse Swim Team 6 - 8.30pm		Adult Lane Swim ♦ 8.45-9.30pm		
Friday	General Lanes ♦ 6.45 - 7.45am	AquaFit 8 - 8.45am	General Swim ♦ 9 - 10.30am	Fun Zone 10.45 - 11.45am	Adult Lane Swim ♦ 12noon - 1pm	General Swim ♦ 1.30 - 3.30pm	Learn to Swim 4 - 5pm	General Swim ♦ 5.15 - 6.15pm	Thirsk White Horse Swim Team 6.30 - 9pm	
Saturday	Thirsk White Horse Swim Team 7 - 8.30am	Learn to Swim 9 - 11am	General Swim ♦ 11am - 12.30pm	Family Fun 12.30 - 1.30pm	Adult Lane Swim ♦ 1.45 - 2.45pm					
Sunday	Thirsk White Horse Swim Team 7 - 8.30am	Adult Lanes 8.45 - 9.45am	General Swim ♦ 10am - 12.15pm	Adult Lane Swim ♦ 12.30 - 1.30pm	Book your pool party 1.45 - 2.45pm					

Small Pool

Easter Monday		Pre School Lessons 11am - 1pm	General Swim 1.30 - 3.45pm	Learn to Swim 4 - 6pm			
Tuesday	Crash Course 8 - 9am	General Swim 9.15 - 11.45am	General Swim 1.15 - 3.30pm	Learn to Swim 4 - 6pm	General Swim 6 - 6.45pm		
Wednesday	Crash Course 8 - 9am	General Swim 9.15 - 11.45am	Accessible Swim 2.30 - 3.30pm	Learn to Swim 4 - 5.30pm	General Swim 5.30-6.15pm		
Thursday	Crash Course 8 - 9am	General Swim 9.15 - 11.45am	Pre School Lessons 12noon - 1pm	Learn to Swim 4 - 5.30pm	General Swim 5.30-6.15pm		
Friday	Crash Course 8 - 9am	General Swim 9 - 10.30am	Fun Zone 10.45 - 11.45am	Pre School Lessons 12noon - 2pm	General Swim 2.15 - 3.30pm	Learn to Swim 4 - 5pm	General Swim ♦ 5.15 - 6.15pm
Saturday	Learn to Swim 8 - 11am	Pre School Lessons 11am-12noon	Family Fun 12.30 - 1.30pm	General Swim 1.45 - 2.45pm			
Sunday	General Swim 8.45am - 1.30pm	Book your pool party 1.45 - 2.45pm					

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ♦ Lanes available ■ One lane will be unavailable 8am-9am during crash course *Limited spaces please pre-book



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