

# Harrogate Leisure and Wellbeing Hub pool programme

## Half Term – Monday 25th to Sunday 31st May 2026

# Main pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm			
<b>Bank Holiday Monday</b>			Swim camp 7.30 - 8.30am		General swim 8.30 - 10am			* Lane swim 10 - 11am			General swim 11am - 1.45pm						Bookable Fun session 2 - 3.30pm				<b>CLOSED</b>												
<b>Tuesday</b>			Swim camp 7.30 - 8.30am		General swim 8.30 - 10am					Bookable Fun session 10.15 - 11.45pm				General swim 12.15 - 4pm							Learn to swim 4 - 6pm										Squads 6 - 9pm		
			* Lane swim 6.30 - 10am												* Lane swim 12.15 - 6pm																		
<b>Wednesday</b>			Swim camp 7.30 - 8.30am		General swim 8.30 - 10am			* Lane swim 10am - 11am			General swim 11am - 1.45pm						Bookable Fun session 2 - 3.30pm				General swim 4 - 9pm												
			* Lane swim 6.30am - 1.45pm																			Learn to swim 4 - 6pm		Squads 6 - 8pm		* Lane swim 8 - 9pm							
<b>Thursday</b>			Swim camp 7.30 - 8.30am		General swim 8.30 - 10am			* Lane swim 10am - 11am			General swim 11am - 1.45pm						Bookable Fun session 2 - 3.30pm					Learn to swim 4 - 7pm				General swim 7 - 9pm			Adult lessons				
			* Lane swim 6.30am - 1.45pm																				* Lane swim 4 - 9pm										
<b>Friday</b>			Swim camp 7.30 - 8.30am		General swim 8.30 - 10am			* Lane swim 10am - 11am			General swim 11am - 1.45pm						Bookable Fun session 2 - 3.30pm					Learn to swim 4 - 7pm			General swim 7 - 8pm								
			* Lane swim 6.30am - 1.45pm																				* Lane swim 4 - 6.30pm			Squads 6.30 - 8pm							
<b>Saturday</b>			Squads 7 - 8.30am (half pool)			Learn to swim 8.30 - 12 noon				* Lane swim 12noon - 1pm				Bookable Fun session 1.15 - 2.45pm			Party hire 3 - 4pm					General swim 4.30 - 6pm											
			* Lane swim 6.30 - 8.30am			General swim 8.30am - 1pm																											
<b>Sunday</b>			General swim 6.30am - 1pm																														
			* Lane swim 6.30am - 1pm													Bookable Fun session 1.15 - 2.45pm		Party hire 3 - 4pm					General swim 4.30 - 6pm					Squads 6 - 9pm					

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\*45 minute session available for members to book via the Active North Yorkshire app.

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## Half Term – Monday 25th to Sunday 31st May 2026

# Activity pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
<b>Monday</b>													<b>AquaFit</b> 12.15 – 1pm				<b>Bookable Fun session</b> 2 – 3.30pm	<b>CLOSED</b>												
<b>Tuesday</b>										<b>Bookable Fun session</b> 10.15 – 11.45am	<b>Accessible swim</b> 12 noon – 1pm				<b>Learn to swim</b> 1.15 – 2.45pm	<b>Aqua natal Good Boost</b> 3-3.45pm				<b>Learn to swim</b> 4 – 6pm	<b>Squads</b> 6 – 9pm									
<b>Wednesday</b>							<b>AquaFit</b> 9.30 – 10.15am	<b>Adult lessons</b> 10.15 – 11am	<b>Adult lessons</b> 11 – 11.45am	<b>AquaFit</b> 11.45am – 12.30pm				<b>Bookable Fun session</b> 2 – 3.30pm				<b>Learn to swim</b> 4 – 5pm	<b>Diving lessons/squads</b> 5 – 8pm					<b>AquaFit</b> 8.15 – 9pm						
<b>Thursday</b>										<b>Accessible swim</b> 11am – 12 noon	<b>AquaFit</b> 12.05 – 12.50pm				<b>Bookable Fun session</b> 2 – 3.30pm				<b>Learn to swim</b> 4 – 6pm	<b>Diving squads/ lessons</b> 6 – 7.45pm										
<b>Friday</b>													<b>AquaFit</b> 12noon – 12.45pm	<b>Good Boost</b> 1 – 1.45pm				<b>Bookable Fun session</b> 2 – 3.30pm							<b>Learn to swim</b> 4 – 7pm	<b>General diving</b> 7.15 – 8pm				
<b>Saturday</b>				<b>Learn to swim</b> 8.30am – 1pm									<b>Bookable Fun session</b> 1.15 – 2.45pm							<b>General diving</b> 4.30 – 6pm										
<b>Sunday</b>				<b>Learn to swim</b> 8.30 – 11am				<b>Diving lessons/squads</b> 11am – 1pm							<b>Bookable Fun session</b> 1.15 – 2.45pm							<b>Diving lessons/squads</b> 3 – 6pm								

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# Harrogate Leisure and Wellbeing Hub pool programme

## Half Term – Monday 25th to Sunday 31st May 2026

# Learner pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm	
<b>Monday</b>							<b>Toddler swim</b> 9 - 10am		<b>General swim</b> 10am - 1.45pm								<b>Bookable Fun session</b> 2 - 3.30pm				<b>CLOSED</b>										
<b>Tuesday</b>							<b>Toddler swim</b> 9 - 10am		<b>Bookable Fun session</b> 10.15 - 11.45am				<b>General swim</b> 12.15 - 3.45pm							<b>Learn to swim</b> 4 - 6pm		<b>General swim</b> 6 - 7pm									
<b>Wednesday</b>							<b>Learn to swim</b> 9 - 11.30am				<b>General swim</b> 11.30am - 1.45pm					<b>Bookable Fun session</b> 2 - 3.30pm			<b>Learn to swim</b> 4 - 6pm		<b>General swim</b> 6 - 7pm										
<b>Thursday</b>							<b>Learn to swim</b> 9 - 11.30am				<b>General swim</b> 11.30am - 1.45pm					<b>Bookable Fun session</b> 2 - 3.30pm			<b>Learn to swim</b> 4 - 7pm					<b>General swim</b> 6 - 7pm							
<b>Friday</b>							<b>Toddler swim</b> 9 - 10am	<b>General swim</b> 10 - 11.15am		<b>Learn to swim</b> 11.30am - 1pm	<b>General swim</b> 1 - 1.45pm				<b>Bookable Fun session</b> 2 - 3.30pm				<b>Learn to swim</b> 4 - 7pm				<b>General swim</b> 7 - 8pm								
<b>Saturday</b>							<b>Learn to swim</b> 8.30 - 11am				<b>General swim</b> 11.15am - 1pm					<b>Bookable Fun session</b> 1.15 - 2.45pm		<b>Party hire</b> 3 - 4pm													
<b>Sunday</b>							<b>Toddler swim</b> 9 - 10am		<b>General swim</b> 10am - 1pm						<b>Bookable Fun session</b> 1.15 - 2.45pm		<b>Party hire</b> 3 - 4pm														

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