

Northallerton Leisure and Wellbeing Hub Programme

Half Term - 25th to 31st May 2026

Main pool

	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday													Adult Lane Swim ♦ 12noon - 1pm	Accessible Swim 1 - 2pm			Big Swim 2.15 - 3.45pm			Learn to Swim 4 - 6.45pm										
Tuesday	General Lanes ♦ 6.45 - 9am		50+ ♦ 9 - 10am		Parent & Tots 9 - 10am		Big Swim 10.15 - 11.45am				Adult Lane Swim ♦ 12noon - 1pm		Big Swim 1.15 - 3.45pm						Learn to Swim 4 - 6.30pm		General Swim ● 6 - 7pm		Adult Lessons 7 - 7.45pm		Adult Lane Swim ♦ 8 - 9pm					
Wednesday	General Lanes ♦ 6.45 - 9am		Aquafit 9.15 - 10am				Big Swim 10.15 - 11.45am				Adult Lane Swim ♦ 12noon - 1pm		Big Swim 1.15 - 3.45pm						Learn to Swim 4 - 6pm		Northallerton Amateur Swim Club 6 - 9pm									
Thursday	General Lanes ♦ 6.45 - 9am		50+ ♦ 9 - 10am		Parent & Tots 9 - 10am		Big Swim 10.15 - 11.45am				Adult Lane Swim ♦ 12noon - 1pm		Big Swim 1.15 - 3.45pm						Learn to Swim 4 - 6pm		General Swim ● 6 - 7pm		Adult Lane Swim ♦ 7 - 9pm							
Friday	General Lanes ♦ 6.45 - 9am		Closed Staff Training 9 - 10am				Big Swim 10.15 - 11.45am				Adult Lane Swim ♦ 12noon - 1pm		Big Swim 1.15 - 3.45pm						Learn to Swim 4 - 5pm		Big Swim 5 - 6.30pm		Aquafit 6.30 - 7.15pm		Adult Lane Swim ♦ 7.30 - 9pm					
Saturday	General Lanes ♦ 7 - 8.30am		Learn to Swim 8.30 - 10.30am				Big Swim 10.45am - 3pm																							
Sunday			General Lanes ♦ 8 - 9am		SEND 9.15 - 10.15am		Big Swim 10.30am - 3pm										Book your pool party 3.15 - 4.15pm													

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ♦ Lanes available ● Water slide ○ Water slide used intermittently



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Lagoon

	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday																		Big Swim 2.15 - 3.45pm	Learn to Swim 4 - 6.45pm											
Tuesday							Parent & Tots 9 - 10am	Big Swim 10.15 - 11.45am			Big Swim 1.15 - 3.45pm					Learn to Swim 4 - 6pm			General Swim ● 6 - 7pm											
Wednesday							Big Swim 10.15 - 11.45am			Big Swim 1.15 - 3.45pm					Learn to Swim 4 - 6pm															
Thursday							Parent & Tots 9 - 10am	Big Swim 10.15 - 11.45am			Big Swim 1.15 - 3.45pm					Learn to Swim 4 - 6pm			General Swim ● 6 - 7pm											
Friday							Big Swim 10.15 - 11.45am			Big Swim 1.15 - 3.45pm					Learn to Swim 4 - 5pm		Big Swim 5 - 6.30pm													
Saturday						Learn to Swim 8.30 - 10.30am			Big Swim 10.45am - 3pm																					
Sunday							SEND 9.15 - 10.15am		Big Swim 10.30am - 3pm										Book your pool party 3.15 - 4.15pm											

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KEY ◆ Lanes available ● Water slide ○ Water slide used intermittently



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