

Ripon Leisure and Wellbeing Hub - The Jack Laughter Centre pool programme

Half Term - Monday 25th May to Sunday 31st May 2026

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Bank Holiday Monday			Lane swim 7 - 9am			Adult lessons 9 - 10am		Family swim 10 - 11am			Lane swim 11.15am - 12.30pm		General swim 12.30 - 2pm			Rafts 2.15 - 3.45pm														
Tuesday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9am		Aquafit 9 - 10am		Accessible swim 10 - 11am			Lane swim 11.15am - 12.30pm		General swim 12.30 - 2pm			Rafts 2.15 - 3.45pm			Learn to swim 4 - 6pm			General swim 6 - 7pm		Aquafit 7 - 8pm		Lane swim / Private hire 8 - 9pm		Adult lessons 8 - 9pm			
Wednesday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9.30am			Learn to swim 9.30 - 11am				Lane swim 11.15am - 12.30pm		General swim 12.30 - 2pm			Rafts 2.15 - 3.45pm			Learn to swim 4 - 6pm			General swim 6 - 7pm		Aqua Zumba 7 - 8pm		Lane swim 8 - 9pm					
Thursday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9am		Accessible swim 9 - 10am		Aquababes 10 - 11am			Lane swim 11.15am - 12.30pm		General swim 12.30 - 2pm			Rafts 2.15 - 3.45pm			Learn to swim 4 - 6pm			Swim squads 6 - 9pm									
Friday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9am		General swim 9 - 10am		Family swim 10 - 11am			Lane swim 11.15am - 12.30pm		General swim 12.30 - 2pm			Rafts 2.15 - 3.45pm			Learn to swim 4 - 6.30pm			General swim 6.30 - 8pm		Lane swim 8 - 9pm							
Saturday		Lane swim 7 - 7.45am		General swim 7.45 - 8.30am		Learn to swim 8.30am - 12noon					General swim 12noon - 2.15pm			Rafts 2.30 - 3.45pm			Party hire 4 - 5pm		Private hire/staff training 5 - 6pm		* 45 minute session available for members to book via the Active North Yorkshire app ** Special Education Needs and Disabilities session									
Sunday		Lane swim 7 - 8.30am			Learn to swim 8.30 - 10.30am			General swim 10.30am - 12noon		Family swim 12noon - 1pm		**SEND's 1.15 - 2.15pm		Fun session with inflatable 2.30 - 3.45pm		Party hire 4 - 5pm		Private hire/staff training 5 - 6pm												

Programme subject to change.