

# Skipton Leisure and Wellbeing Hub Programme

## Half Term - Monday 25th to Sunday 31st May 2026

# Main pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm
Bank Holiday Monday			Lane Swim 8 - 10am				General Swim 10.15 - 12noon				General Swim 12.30 - 3.30pm				CLOSED																			
Tuesday	Lane Swim 6 - 9am				Over 60's 9.10 - 9.55am		General Swim 10 - 11.15am		Lane Swim 11.20am - 12.50pm				Inflatable session* 1.15 - 2.15pm		General Swim 2.30 - 5.15pm		Junior Lane Swim 5.30 - 6.30pm		Lane Swim 7.30 - 9.30pm															
Wednesday	Lane Swim & Club Hire (SSC) 5.45 - 7.30am		Lane Swim 5.45 - 8.45am				General Swim 9 - 11.15am				Lane Swim 11.20am - 12.50pm				Inflatable session* 1.15 - 2.15pm		General Swim 2.30 - 5.15pm		Lane Swim 5.30 - 7pm		Club Hire (SSC) 7 - 9pm				Lane Swim 9 - 9.45pm									
Thursday	Lane Swim 6 - 9am				Over 60's 9.10 - 9.55am		General Swim 10 - 11.15am		Lane Swim 11.20am - 12.50pm				Inflatable session* 1.15 - 2.15pm		General Swim 2.30 - 5.15pm		Lane Swim 5.30 - 6.30pm		Club Hire (CE)		Club Hire (SSC) 7.15 - 8.45pm				Lane Swim 8.45 - 9.45pm									
Friday	Lane Swim & Club Hire (SSC) 5.45 - 7.30am		Lane Swim 5.45 - 8.45am				Over 60's 9.10 - 9.55am		General Swim 10 - 11.15am		Lane Swim 11.20am - 12.50pm				Inflatable session* 1.15 - 2.15pm		General Swim 2.30 - 5.15pm		Junior Lane Swim 5.30 - 6.30pm		Lane Swim 6.30 - 8.15pm		Under Water Hockey 8.30 - 9.30pm											
Saturday	Club Hire (CE) 7.30 - 9.30am				General Swim 9.30am - 12noon				Learn to Swim 9.30am - 12noon				General Swim 12.30 - 2.30pm				Private Pool Party 3 - 4pm				<p><b>* Inflatable sessions</b></p> <p>No over 16s will be permitted access to the inflatable.</p> <p>All swimmers must successfully complete a 25m swim test prior to being granted access onto the inflatable.</p> <p>This session is bookable online.</p>													
Sunday	Lane Swim 8 - 9am				SEN Family Swim 9.05 - 10am		General Swim 10.15am - 12noon				General Swim 12.30 - 2.30pm				Club Hire (SSC) 2.45 - 4.45pm		Lane Swim 2.45 - 4.45pm																	

**General Information:** Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.



# Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am - 3.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	9am - 2.30pm	8am - 4.30pm

# Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am - 3.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 4pm	8am - 4pm

# Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am - 3.30pm	7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	8.15am - 4pm	8.15am - 4pm

# Pricing

Adult General Swim	£6.00	Adult Lane Swim	£6.00	Adult Gym Workout	£8.90
Junior General Swim (5-15)	£4.50	Junior Lane Swim	£4.50	Junior Gym Workout (14-17)	£5.50
Concession General Swim (67+)	£4.50	Concession Lane Swim (67+)	£4.50	Concession Gym Workout (67+)	£6.60
Under 4's	£1.10	Inflatable Junior	£5.00		