

## Your resilience

- **Know your risks** be informed, be aware, and prepared for incidents that may happen in your area
- **Know your community's emergency alerts and warning systems** -
  - Sign up for flood and weather alerts
  - Know how to turn off utilities

## Your family

- **Prepare for your family's needs** medication, medical information, and dietary requirements
- **Use this leaflet** to make a plan in case you're separated
- **Make a grab bag** using the checklist in this leaflet – remember to think about children and pets

## Your home and car

- **Make a home escape plan** so you can get out quickly and safely
- Know how to **turn off utilities**
- Test **smoke** and **carbon monoxide detectors**
- Keep **insurance** up to date
- Keep a **car emergency kit**

## North Yorkshire Local Resilience Forum (NYLRF)

A partnership of emergency services, councils, health, utilities, and voluntary groups that prepare for, respond to and recover from major incidents across York and North Yorkshire.

By working as a team, we make sure we can respond quickly and recover as soon as possible.

## Stay Informed

During an emergency, reliable information is important. Make sure you know where to find updates and information.

Messages will be broadcast on reputable news channels.

### Key contacts:

Emergency	<b>999 in an emergency or 101 non-emergency</b>
National Gas Emergency Service	<b>0800 111 999</b>
Electricity Network Operator	<b>105</b>
Yorkshire Water	<b>0345 1 24 24 24</b>
Environment Agency Floodline	<b>0345 988 1188</b>
North Yorkshire Local Resilience Forum	<b>0300 131 2131</b> and say <b>'local resilience forum'</b> when prompted

### Useful websites:

NYLRF	<b><a href="http://northyorks.gov.uk/nylrf">northyorks.gov.uk/nylrf</a></b>
Police	<b><a href="http://northyorkshire.police.uk">northyorkshire.police.uk</a></b>
Fire	<b><a href="http://northyorksfire.gov.uk">northyorksfire.gov.uk</a></b>
Ambulance	<b><a href="http://yas.nhs.uk">yas.nhs.uk</a></b>
Water	<b><a href="http://yorkshirewater.com">yorkshirewater.com</a></b>
Flood	<b><a href="http://check-for-flooding.service.gov.uk">check-for-flooding.service.gov.uk</a></b>
Met Office	<b><a href="http://weather.metoffice.gov.uk">weather.metoffice.gov.uk</a></b>
North Yorkshire Council	<b><a href="http://northyorks.gov.uk">northyorks.gov.uk</a></b>
City of York Council	<b><a href="http://york.gov.uk">york.gov.uk</a></b>

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# HOUSEHOLD EMERGENCY PLAN

Stay informed

Have a plan

Stay safe.



Find out more:  
[northyorks.gov.uk/nylrf](http://northyorks.gov.uk/nylrf)



**Make sure you are not in danger. If an emergency happens, dial 999 for instructions.**

**Generally if the danger is outside:**

**Go in** – find a safe place of shelter

**Stay in** – until told what to do next

**Tune in** – check local radio and reputable news channels for information, advice and updates.

**If the danger is inside:**

**Get out, stay out and call emergency services.**

Contact all members of your household

Name	Mobile Number

**Do children need picking up?**

These people can collect children from school.

Name	Mobile Number

If we cannot get home, we can meet or stay at:

Name	Location (near home)	Location (further away)

If it is safe to do so, turn off utilities. If necessary and safe to do so, install and activate protection measures such as flood doors.

If evacuating, collect grab bag and inform your household of the relocation plan.

# Grab Bag Checklist

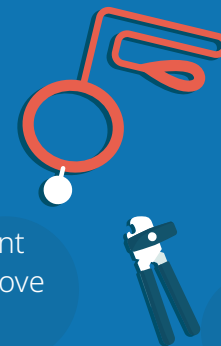
Put together an emergency grab bag in case you are evacuated or stranded in your home.

- Copy of this plan
- First aid kit and medication
- Battery-powered or wind-up torch and radio
- Spare batteries
- Mobile phone and charger
- Notebook, pen or pencil
- Blankets
- Bottled water
- Non-perishable food and snacks
- Warm clothes and waterproofs
- Spare house and car keys, money, insurance details
- Pet supplies
- Toiletries
- Candles and matches



Other handy items you may need at home:

- Pet food and accessories
- Fire extinguisher
- Baby food and nappies
- Children's toys and activities
- Alternative cooking equipment such as a BBQ or camping stove



**Car kit:**

- Ice scraper and de-icer
- Snow shovel
- Map
- First aid kit
- Wind up torch and radio
- Blanket
- Phone charger
- Spare batteries
- Warm spare clothes or waterproofs

