

Main pool

Programme subject to change. *All our bookable sessions can be booked via the Active North Yorkshire app or our website

Knaresborough Leisure and Wellbeing Hub pool programme

Summer Holidays – Monday 20th July to Sunday 6th September

Leisure pool

	5 am	5.30	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm					
Monday									Pre-school learn to swim 9 – 11.15am				General swim 11.15–12					Inflatable fun session 1 – 2.30pm					General swim 2.45 – 3.55pm		Learn to swim 4 – 7pm				Family Swim 7 – 8pm									
Monday 31st August									Toddler swim 9 – 10am		General swim 10am – 12.45pm									Inflatable fun session 1 – 2.30pm		General swim 2.45 – 3.55pm		CLOSED														
Tuesday									Toddler swim 9 – 10am		Pre-school learn to swim 10 – 11am				General swim 11.30am – 12.45pm					Bookable inflatable fun session 1 – 2.30pm					General swim 2.45 – 3.55pm		Learn to swim 4 – 7pm				Family Swim 7 – 8pm							
Wednesday									Toddler swim 9 – 10am				General swim 10.15 – 11.15am				General swim 11.30am – 12.45pm					Bookable inflatable fun session 1 – 2.30pm					General swim 2.45 – 3.55pm		Learn to swim 4 – 7pm				Family Swim 7 – 8pm					
Thursday									Toddler swim 9 – 10am				Pre-school learn to swim 10.15 – 11.15am				General swim 11.30am – 12.45pm					Bookable inflatable fun session 1 – 2.30pm					General swim 2.45 – 3.55pm		Learn to swim 4 – 6pm		Family Swim 6 – 8pm							
Friday									Toddler swim 9 – 10am		Pre-school learn to swim 10 – 11am		General swim 11am – 12noon		Toddler swim 12noon – 12.45pm				Bookable inflatable fun session 1 – 2.30pm					General swim 2.45 – 3.55pm		Learn to swim 4 – 7pm				Family Swim 7 – 8pm								
Saturday									Learn to swim 8.30am – 12noon								General swim 12.15am – 1.15pm				Bookable inflatable fun session 1.30 – 3pm					Family Swim 3.30 – 5.30pm												
Sunday									Learn to swim 8.30 – 11am						General swim 11am – 12noon				General swim 12.15am – 1.15pm					Bookable inflatable fun session 1.30 – 3pm					Family Swim 3.30 – 5.30pm									
	5.30 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm						

Programme subject to change. *All our bookable sessions can be booked via the Active North Yorkshire app or our website