

Northallerton Leisure and Wellbeing Hub Programme

Summer Holidays – Monday 20th July to Sunday 6th September

Main pool

	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm	
Monday (31st August pool opening times: 12noon – 6.45pm)	General lanes ♦ 6.45 – 9am					Big swim 9.15 – 11.45am					Adult Lane swim ♦ 12noon – 1pm		Accessible swim 1 – 2pm			Big swim 2.15 – 3.45pm					Learn to swim 4 – 6.45pm				Northallerton Amateur Swim Club 6.45 – 9pm						
Tuesday	General lanes ♦ 6.45 – 9am				50+ ♦ 9 – 10am			Big swim 10.15 – 11.45am					Adult Lane Swim ♦ 12noon – 1pm			Big swim 1.15 – 3.45pm					Learn to swim 4 – 6.30pm				General swim ● 6 – 7pm		Adult lessons 7 – 7.45pm			Adult lane swim ♦ 8 – 9pm	
					Parent & tots 9 – 10am																										
Wednesday	General lanes ♦ 6.45 – 9am					AquaFit 9.15 – 10am			Big swim 10.15 – 11.45am					Adult Lane Swim ♦ 12noon – 1pm			Big swim 1.15 – 3.45pm					Learn to swim 4 – 6pm				Northallerton Amateur Swim Club 6 – 9pm					
Thursday	General lanes ♦ 6.45 – 9am				50+ ♦ 9 – 10am			Big swim 10.15 – 11.45am					Adult Lane Swim ♦ 12noon – 1pm			Big swim 1.15 – 3.45pm					Learn to swim 4 – 6pm				General swim ● 6 – 7pm		Adult Lane Swim ♦ 7 – 9pm				
					Parent & tots 9 – 10am																										
Friday	General lanes ♦ 6.45 – 9am					Closed Staff Training 9 – 10am			Big swim 10.15 – 11.45am					Adult Lane Swim ♦ 12noon – 1pm			Big swim 1.15 – 3.45pm					Learn to swim 4 – 5pm		Big swim 5 – 6.30pm		AquaFit 6.30 – 7.15pm			Northallerton Amateur Swim Club 7.30 – 9pm		
Saturday		General Lanes ♦ 7 – 8.30am			Learn to Swim 8.30 – 10.30am					Big swim 10.45am – 3pm																					
Sunday				General Lanes ♦ 8 – 9am			SEN swim 9.15 – 10.15am			Big swim 10.30am – 3pm									Party hire 3.15 – 4.15pm												
	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C – 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ♦ Lanes available ● Water slide ○ Water slide used intermittently



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Lagoon

	6.45 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
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