

Pateley Bridge Leisure and Wellbeing Hub pool programme

Summer Holidays – Monday 20th July to Sunday 6th September 2026

	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30 pm
Monday (31st August pool opening times: 7am – 4pm)	Lane swim 7 – 7.45am	General swim 7.45 – 9.30am			Adult swim 9.30 – 10.30am		Pre – school learn to swim 10.30 – 11am		General swim 11.15am – 2pm						*** Family swim 2 – 3.45pm				Learn to swim 4 – 5.30pm			General swim 5.45 – 6.45pm		AquaFit 6.45 – 7.30pm		Lane swim 7.30 – 8.30pm		
Tuesday	Lane swim 7 – 7.45am	General swim 7.45 – 9am		Aquacore 9 – 9.45am		General swim 9.45 – 11.45am			*Social swim 11.45am – 12.45pm		General swim 12.45 – 2pm		*** Family swim 2 – 3.45pm <i>Closed for staff training on 18th August</i>				Learn to swim 4 – 5.30pm			General swim 5.45 – 7.30pm		Lane swim 7.30 – 8.30pm						
Wednesday	Lane swim 7 – 7.45am	General swim 7.45 – 9.30am			Aquacore 9.30 – 10.15am		Adult swim 10.15 – 11.15am		General swim 11.15am – 2pm						*** Fun and floats 2 – 3.45pm				Learn to swim 4 – 5.30pm			General swim 5.45 – 7.30pm		Lane swim 7.30 – 8.30pm Adult lessons 7.30–8pm				
Thursday	Lane swim 7 – 7.45am	General swim 7.45 – 9.30am			AquaFit 9.30 – 10.15am		Pre – school learn to swim		General swim 11am – 2pm						*** Family swim 2 – 3.45pm				Learn to swim 4 – 6pm			General swim 6.15 – 7.30pm		Lane swim 7.30 – 8.30pm				
Friday	Lane swim 7 – 7.45am	General swim 7.45 – 9.30am			Aqua circuits 9.30 – 10.15am		Adult swim 10.15 – 11.30am		General swim 11.30am – 1pm		Accessible swim 1 – 2pm		*** Family swim 2 – 3.45pm				Learn to swim 4 – 6pm			** Friday pool party 6.15 – 7.15pm			General swim 7.30 – 8.30pm					
Saturday			Swim fit 8 – 9am		Learn to swim 9 – 11.45am				General swim 11.45am – 12.45pm		Family swim 12.45 – 2pm		Party hire/courses/ staff training 2 – 4pm			We operate a no shoes policy in the changing area and on poolside. * Social swim – a gentle splash free session ** For children aged 8-12 years old *** w/c 20th July, 27th July and 3rd August we will be running intensive LTS session 3.30 – 4pm, so Family Swim and Fun and Floats will end at 3.30pm												
Sunday			Lane swim 8 – 9am		Family swim 9 – 11am			General swim 11am – 1pm			Family swim 1 – 2.30pm																	
	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30 pm

Programme subject to change. We run an alternative programme during school holidays.