

Ripon Leisure and Wellbeing Hub - The Jack Laughter Centre pool programme

Summer Holidays - Monday 20th July to Sunday 6th September

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm	
Monday (31st August pool opening times: 7am - 4pm)	Lane swim 6.30 - 9am				Adult learn to swim 9 - 10am		Family swim 10 - 11am				Lane swim 11.15am - 12.30pm		Courses		General swim 12.45 - 2pm		Courses				Fun and floats 2.15 - 3.45pm				Learn to swim 4 - 6pm		General swim 6 - 7pm		Lane swim 7 - 9pm		
Tuesday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9am		Aquafit 9 - 10am		Accessible swim 10 - 11am				Lane swim 11.15am - 12.30pm		Courses		General swim 12.45 - 2pm		Courses				Fun and floats 2.15 - 3.45pm				Learn to swim 4 - 6pm		General swim 6 - 7pm		Aquafit 7 - 8pm		Lane swim/ Private hire
											Courses				Courses														Adult lessons 8 - 9pm		
Wednesday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9.15am				Learn to swim 9.30 - 11am				Lane swim 11.15am - 12.30pm		Courses		General swim 12.45 - 2pm		Courses				Fun and floats 2.15 - 3.45pm				Learn to swim 4 - 6pm		General swim 6 - 7pm		Aquafit 7 - 8pm		Lane swim 8 - 9pm
Thursday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9am		Accessible swim 9 - 10am		Aquababes 10 - 11am				Aquafit 11.15am - 12noon																				
											Courses																				
Friday	* Lane swim 6.30 - 7.45am		Lane swim 7.45 - 9am		General swim 9 - 10am		Family swim 10 - 11am				Lane swim 11.15am - 12.30pm		Courses		General swim 12.45 - 2pm		Courses				Fun and floats 2.15 - 3.45pm				Learn to swim 4 - 6.30pm		General swim 6.30 - 8pm		Lane swim 8 - 9pm		
Saturday		Lane swim 7 - 7.45am	General swim 7.45 - 8.30am		Learn to swim 8.30am - 12noon							General swim 12noon - 2.15pm							Fun and floats 2.30 - 3.45pm			Party hire 4 - 5pm		Private hire/staff training 5 - 6pm		* 45 minute session available for members to book via the Active North Yorkshire app					
Sunday		Lane swim 7 - 8.30am		Learn to swim 8.30 - 10.30am				General swim 10.30am - 12noon			Family swim 12noon - 1pm			**SEN 1.15 - 2.15pm			Inflatable fun session 2.30 - 3.45pm			Party hire 4 - 5pm		Private hire/staff training 5 - 6pm		** Special Education Needs and Disabilities session							
	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	

Programme subject to change. We run an alternative programme during school holidays.