

Main pool

08/26 862653882



ACTIVE
NORTH
YORKSHIRE



**NORTH
YORKSHIRE
COUNCIL**

Skipton Leisure and Wellbeing Hub Programme

From Monday 7th September

Small pool

	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm
Monday									Hydro jog 9.15 – 10am	General swim 10.am – 12noon					Aqua aerobics 12.15 – 1pm		Schools 1.15 – 2.45pm				Private lessons 3 – 4pm	Learn to swim 4 – 7.30pm						Social swim 7.30 –8.30pm						
Tuesday									Mini Splash time 9 – 9.55am	Ladies only Hydro jog 10 – 10.45am		Pre-school learn to swim 11.15am – 12.15pm	Accessible swim 12.20 – 1pm		Schools 1.15 – 2.45pm				Private lessons 3 – 4pm	Learn to swim 4 – 8pm														
Wednesday							Hydro jog 8 – 8.45am		Schools 9.15 – 11.30pm					Aqua aerobics 12.05 – 12.50pm		Staff training 1 – 3pm			General swim 3 – 3.55pm	Learn to swim 4 – 7.30pm						Aqua aerobics 7.45 – 8.30pm								
Thursday									Mini Splash time 9 – 9.55am	Pre-school learn to swim 10 – 11.30am				Accessible swim 12.20 – 1pm		Schools 1.15 – 2.45pm				General swim 3 – 3.55pm	Learn to swim 4 – 7.30pm						Social swim 7.30 –8.30pm							
Friday									Mini Splash time 9 – 9.55am	General swim 10am – 12noon					Aqua aerobics 12.15 – 1pm		Schools 1.15 – 2.45pm				General swim 3 – 3.55pm	Learn to swim 4 – 7pm						Under water hockey 7.30 – 8.15pm						
Saturday								Learn to swim 8.30 – 11am				General swim 11am – 12.45pm				*Inflatable fun session – bookable online 1.15 – 2.45pm									* Fun session Our fun session features floats, toys, and a small slide in our leisure pool, specially designed for younger swimmers. This session is bookable online. Please note that swimmer numbers are limited. Entry to the leisure pool is managed on a first-come, first-served basis on the day, using a wristband system.									
Sunday									SEN family Swim 9.05 – 10am			General swim 10.15 – 11.15am			General swim 11.30am – 12.30pm			*Inflatable fun session – bookable online 1 – 2.30pm				Party hire 2.45 – 3.45pm												
	5.45 am	6	6.30	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30	9.45 pm

General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am - 3.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	9am - 2.30pm	8am - 4.30pm

Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 4pm	8am - 4pm

Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	8.15am - 4pm	8.15am - 4pm

Pricing

Adult General Swim	£6.00	Adult Lane Swim	£6.00	Adult Gym Workout	£8.90
Junior General Swim (5-15)	£4.50	Junior Lane Swim	£4.50	Junior Gym Workout (14-17)	£5.50
Concession General Swim (67+)	£4.50	Concession Lane Swim (67+)	£4.50	Concession Gym Workout (67+)	£6.60
Under 4's	£1.10	Inflatable Junior	£5.00		