

Harrogate Leisure and Wellbeing Hub pool programme

Half Term Holidays - Monday 26th October to Sunday 1st November

Main pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday				Swim squads 8 – 9am			General swim 9am – 1.30pm								Inflatable fun session 1.45 – 3.15pm		Learn to swim 4 – 7pm					Hotshots/ squads	General swim 8 – 9pm							
	* Lane swim 6.30am – 1pm															* Lane swim 4 – 9pm														
Tuesday				Swim squads 8 – 9am		General swim 9 – 10am			Inflatable fun session 10.15 – 11.45am			General swim 12.15 – 3pm					Learn to swim 4 – 6pm		Swim squads 6 – 9pm											
	* Lane swim 6.30 – 10am										* Lane swim 12.15 – 5.45pm																			
Wednesday				Swim squads 8 – 9am		General swim 9am – 1.30pm						Courses				Inflatable fun session 1.45 – 3.15pm			General swim 4 – 6pm			Learn to swim 4 – 6pm			Swim squads 6 – 8pm		General swim 7 – 9pm			
	* Lane swim 6.30am – 1.30pm																	Learn to swim 4 – 6pm			Swim squads 6 – 8pm		Lane swim 8 – 9pm							
Thursday				Swim squads 8 – 9am		General swim 9am – 1.30pm						Inflatable fun session 1.45 – 3.15pm					Learn to swim 4 – 7pm				General swim 7 – 9pm		Adult learn to swim							
	* Lane swim 6.30am – 1.30pm																* Lane swim 4 – 9pm													
Friday				Swim squads 8 – 9am		General swim 9am – 1.30pm						Inflatable fun session 1.45 – 3.15pm					Learn to swim 4 – 7pm				General swim 7 – 8pm									
	* Lane swim 6.30am – 1.30pm																* Lane swim 4 – 6.30pm				Hotshots 6.30 – 8pm									
Saturday	Swim squads 6.30 – 8.30am			General swim 8.30am – 12noon					Learn to swim 12noon – 1pm			Inflatable fun session 1.15 – 2.45pm				Courses 3 – 4pm			General swim 4.30 – 6pm											
	* Lane swim 6.30 – 8.30am			Learn to swim 8.30am – 12noon					* Lane swim 12noon – 1pm										* Lane swim 4.30 – 6pm											
Sunday					General swim 8am – 1pm					Courses 1030am – 1pm				Inflatable fun session 1.15 – 2.45pm				Party hire 3 – 4pm			General swim 4.30 – 6pm									
	* Lane swim 6.30am – 12.45pm																			* Lane swim 4.30 – 6pm										
	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm

Programme subject to change. We run an alternative programme during school holidays.

*45 minute session available for members to book via the Active North Yorkshire app.

Harrogate Leisure and Wellbeing Hub pool programme

Half Term Holidays - Monday 26th October to Sunday 1st November

Activity pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday																														
Tuesday																														
Wednesday																														
Thursday																														
Friday																														
Saturday																														
Sunday																														

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Harrogate Leisure and Wellbeing Hub pool programme

Half Term Holidays - Monday 26th October to Sunday 1st November

Leisure pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday						General swim 9am – 1.30pm									Inflatable fun session 1.45 – 3.15pm				Learn to swim 4 – 6pm			General swim 6 – 7pm								
Tuesday						General swim 9 – 10am			Inflatable fun session 10.15 – 11.45am			General swim 12.30 – 3.45pm						Learn to swim 4 – 6pm			General swim 6 – 7pm									
Wednesday						Learn to swim 9.15 – 11.15am			General swim 11.15am – 1.30pm					Inflatable fun session 1.45 – 3.15pm			Learn to swim 4 – 6pm			General swim 6 – 7pm										
Thursday						Learn to swim 9 – 11.30am				General swim 11.30am – 1.30pm					Inflatable fun session 1.45 – 3.15pm			Learn to swim 4 – 7pm												
Friday						General swim 9 – 11.15am				Learn to swim 11.30am – 1.15pm				Inflatable fun session 1.45 – 3.15pm			Learn to swim 4 – 7pm				General swim 7 – 8pm									
Saturday					Learn to swim 8.30 – 11am				General swim 11am – 1pm					Inflatable fun session 1.15 – 2.45pm			Party hire 3 – 4pm													
Sunday						General swim 9am – 1pm									Inflatable fun session 1.15 – 2.45pm			Party hire 3 – 4pm												

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