

Stokesley Leisure and Wellbeing Hub Programme

Half Term Holidays – Monday 26th October to Sunday 1st November

Main pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30 pm
Monday	Lane Swim 6.30 – 10am						General Swim 10 – 11.30am			Lane Swim 11.30am – 1pm				Fun & Floats 1.30 – 2.30pm			General Swim 3 – 6.45pm Learn to Swim 3.45 – 6.45pm						Lane Swim 7 – 8pm			Aquafit 8.15 – 9pm					
Tuesday	Lane Swim 6.30 – 10am						General Swim 10 – 11.45am			Lane Swim 11.45am – 1pm				Aquafit 1.15 – 2pm	General Swim ● 2 – 5.45pm Learn to Swim 3.45 – 5.45pm						Stokesley Amateur Swim Club 6 – 9pm										
Wednesday	Lane Swim 6.30 – 9.15am						Aquafit 9.30 – 10.15am		Adult Learn to Swim 10.30 – 11.15am	Lane Swim 11.30am – 1pm General Swim 11.30am – 1pm		Relaxed Swim 1 – 2pm	General Swim ● 2 – 3.30pm				Learn to Swim 3.45 – 6.45pm General Swim 3.45 – 6.45pm					Lane Swim 7 – 9pm									
Thursday	Lane Swim 6.30 – 10am						General Swim 10am – 12.30pm				Lane Swim 12.30 – 1.30pm		General Swim ● 1.30 – 3.30pm Closed Staff Training 1.30 – 3.30pm			Learn to Swim 3.45 – 6.15pm General Swim 3.45 – 6.15pm				Stokesley Amateur Swim Club 6.30 – 8.30pm			Lane Swim 8.30 – 9.15pm								
Friday	Lane Swim 6.30 – 9am					General Swim ● 9 – 10.15am			Aquafit 10.30 – 11.15am	General Swim 11.15am – 12.30pm		Lane Swim 12.30 – 1.45pm			Accessible Swim 2 – 3pm	Learn to Swim 3.45 – 6.15pm General Swim 3.15 – 8pm						Lane Swim 8 – 9pm									
Saturday		Stokesley Amateur Swim Club 7 – 8.30am			Learn to Swim 8.45 – 11.45am				General Swim 8.45am – 2pm																						
Sunday				General Swim ● 8am – 12.15pm									Fun & Floats 12.30 – 1.30pm			Book your pool party 1.45 – 2.45pm		Stokesley Amateur Swim Club 3 – 5.30pm													

General Information: Lockers £1 returnable. Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C – 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

KEY ◆ Lanes available ● Single lane

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Small pool

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KEY ♦ Lanes available ● Single lane