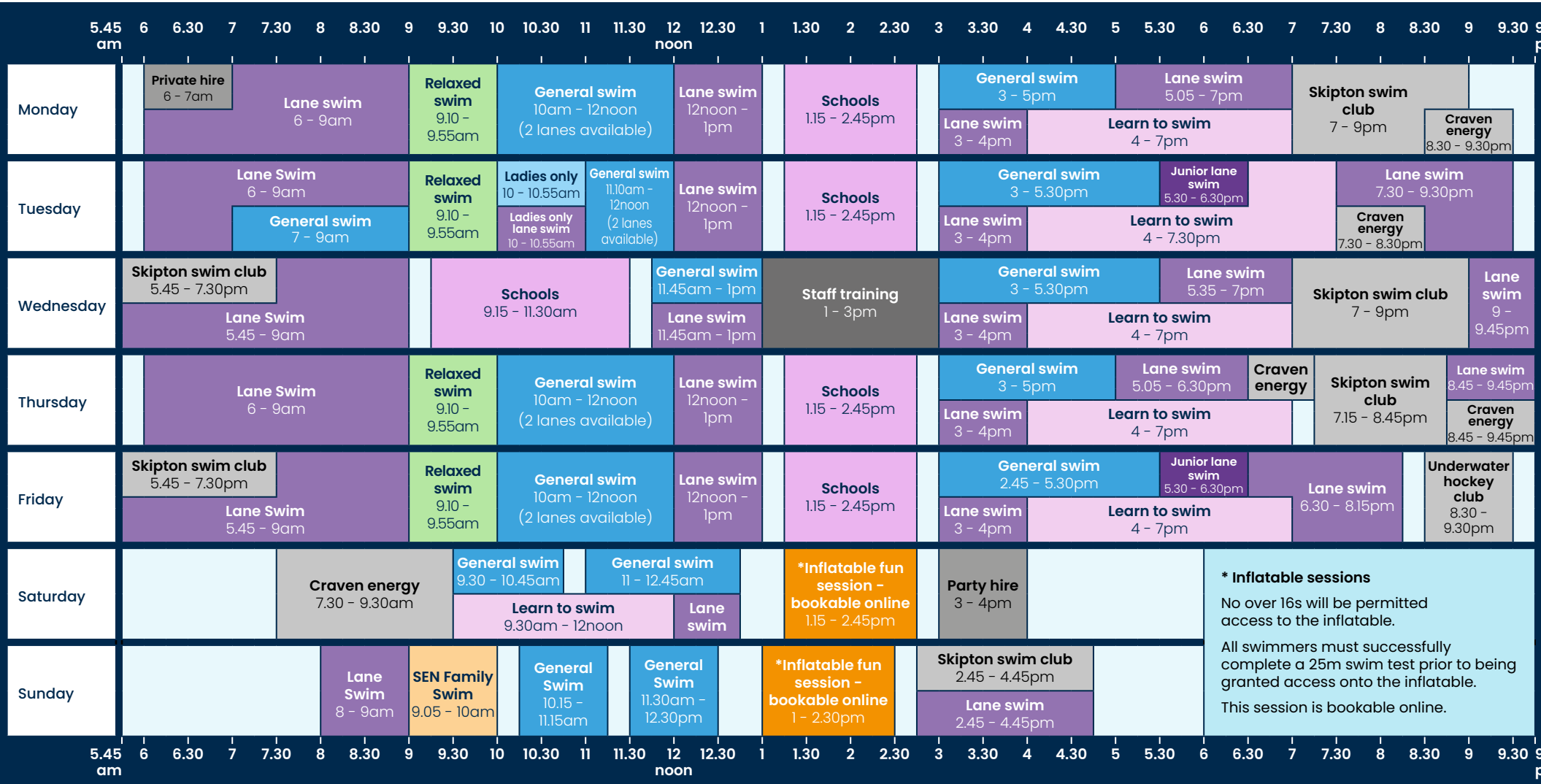
Skipton Leisure and Wellbeing Hub Programme

From Monday 2nd November

Main pool



General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

11/26 886174382

Swim England Water Wellbeing Accredited

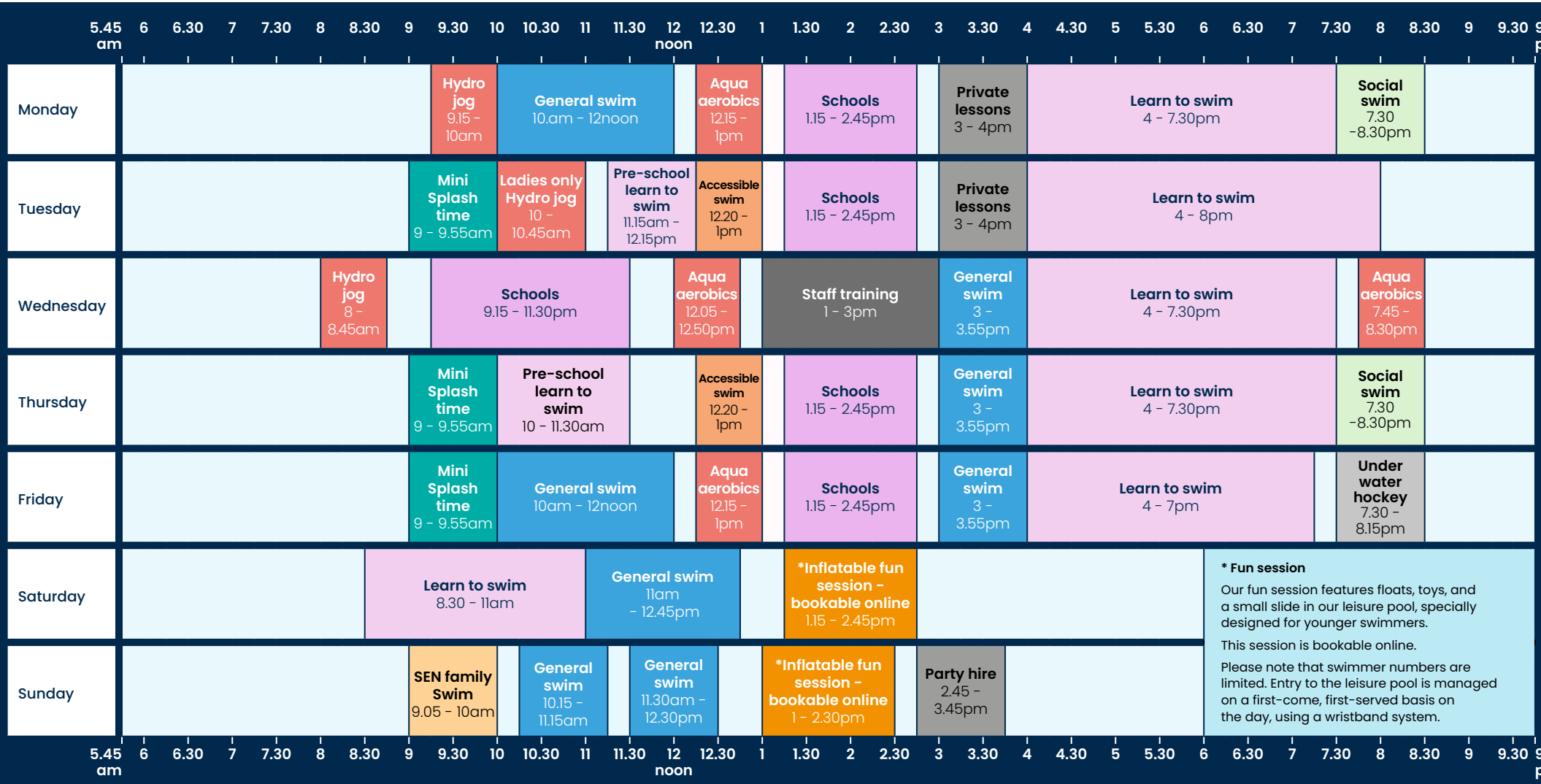
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Skipton Leisure and Wellbeing Hub Programme

From Monday 2nd November

Small pool



General Information: Swimwear and swimming equipment available to buy at reception. Times are subject to change on Bank Holiday. Please check our website and facebook page for news on any changes to the programme. Adult to child ratio is 1:2. All children under 8 must be accompanied by an adult or guardian in the water. We aim to operate our swimming pool temperature in line with industry guidance (PWTAG): Main pool 28°C - 30°C. All sessions are inclusive of any changeover time required. Vending machines are available.

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Steam & Sauna

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 1pm 3pm - 9.30pm	6am - 1pm (10-11am ladies only) 3pm - 9.30pm	6am - 9am 11.45am - 1pm 3pm - 9.30pm	6am - 1pm 3pm - 9.30pm	6am - 1pm 3pm - 9.30pm	8am - 2.45pm	8am -4.45pm

Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	6am - 9.30pm	8am - 4pm	8am - 4pm

Revive Cafe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	7.15am - 6.30pm	8.15am - 4pm	8.15am - 4pm

Pricing

Adult General Swim	£6.00	Adult Lane Swim	£6.00	Adult Gym Workout	£8.90
Junior General Swim (5-15)	£4.50	Junior Lane Swim	£4.50	Junior Gym Workout (14-17)	£5.50
Concession General Swim (67+)	£4.50	Concession Lane Swim (67+)	£4.50	Concession Gym Workout (67+)	£6.60
Under 4's	£1.10	Inflatable Junior	£5.00		

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