

Children and Families: Early Help Service Craven Area

Children and Families: Early Help provides support for a family when a need is identified at any point in a child's life. We work across all agencies and partners and we aim to deliver the right support, at the right time and in the right place to families.

The following group activities will be available to meet local need. All of these programmes are referral-only.

0-5 years Activities	More Information	Suitable for
Amazing Babies <i>Self-referral & referral</i>	6 weekly sessions of topics related to early development and learning, with play opportunities and the chance to chat with other parents/carers.	Babies from birth to pre-crawling & parents/carers
Little Explorers <i>Referral-only</i>	6 weekly sessions of topics related to early development and learning, with play opportunities and the chance to chat with other parents/carers.	Babies from crawling to walking & parents/carers
Active Learners <i>Referral-only</i>	6 weekly sessions of topics related to early development and learning, with play opportunities and the chance to chat with other parents/carers.	Toddlers from walking to pre-school & parents/carers
Small Talk <i>Referral-only</i>	7 weekly sessions with storytelling, rhymes & songs, messy play, music, plus lots of tips to help your child's communication. Developed by speech & language therapists and delivered by trained staff.	children aged 12 months-2 years (or appropriate developmentally) & parents/carers
Building Blocks for Language <i>Referral-only</i>	8 weekly sessions to help you to see how easy it can be to use and improve your child's language in everyday life. Developed by speech and language therapists and delivered by trained staff.	children aged 2-3 years (or appropriate developmentally) & parents/carers
Singing Speech <i>Referral-only</i>	6 weekly sessions to raise children's awareness of the sounds they are using; to encourage children to listen to the sounds in words; to help parents to integrate phonological awareness activities into their everyday routines. Referral via Speech and Language Therapist.	Children aged 3-4 years with delayed speech development & parents/carers
Bookstart Corner <i>Referral-only</i>	Home visits with children and parents/carers, to learn how to share books, stories and rhymes with your child in a fun way.	Children aged 12 months - 2 years & parents/carers

5-19 (25) years Activities	More Information	Suitable for
Switch <i>Referral-only</i>	8 weekly programme of activities suitable for children and young people who could benefit from support to develop their confidence and social skills.	Children and young people aged 5-16 years - tailored to different age ranges
LGBT+ support group <i>Self-referral & referral</i>	Support group for young people. For more information, contact Laura Milner on 07969 098788 or e-mail laura.milner@northyorks.gov.uk .	Young people aged 14-19 years
Monday Movers	A support group for young people with special educational needs or disabilities. If you think this may be for you or someone you know, please contact Laura on 07969 098788 or Lauren on 01609 534481 or 07811 474518.	Young people aged 14-19 years
Moving Forward <i>Self-referral & referral</i>	Activity and social group for young people with special needs and disabilities.	Young people aged 16-25 years
Creating Confidence	Create Confidence is a therapeutic intervention for children and young people who have historically witnessed and been affected by domestic abuse.	Young people aged 5-11 or 12-16
Get Your Kicks	6 week targeted course looking at CSE, Relationships, Alcohol, Drugs, and risky behaviour.	Young people aged 11 - 16

Parent/Carer Activities	More Information	Suitable for
Parenting Programmes <i>Referral-only</i>	Want to get the best out of family life? Interested in how to improve your relationship with your child/ren? 5 weekly sessions with a chance for discussions with other parents/carers	Any parents/carers with children aged 0-19 years
Children & Families Support Worker Appointments <i>Self-referral & referral</i>	Need advice and support? Come and talk to a Children & Families Worker/Support Worker. Call Skipton Children's Centre on 01609 798094 to make an appointment.	For expectant families and those with children from birth to 19 years

Activities delivered jointly with partner agencies

Breastfeeding support group

Drop-in group offers a welcoming environment for breastfeeding and expectant mums to meet other mums and socialise, or just drop in to access skilled support. Refreshments will be provided.

Mondays	12.30pm - 1.30pm	Skipton CC
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FUSE Theatre Group

Inclusive Theatre Group aimed at young people aged 11-25 including those with Special Educational Needs and Disabilities. Takes place at Skipton Children's Centre.

For more information contact Lauren on 01609 534481 or 07811 474518.

Activities delivered by partner agencies in our centres

Midwifery clinics

Care and advice for you and your baby through pregnancy and for up to 28 days after birth. Ring Skipton Hospital on 01756 702341 to book an appointment.

Mon - Thurs	8.30am-4.00pm	Skipton CC
Fri	8.30am – 4.00pm	Skipton CC

Health Visiting clinics

Drop-in sessions. Meet the health visiting team for advice, support and weight review. Please arrive at least 15 minutes before end time. For children from birth - 5 years and parents/carers. Tel: 01423 544265.

Mon	10.30 - 12.15pm	Skipton CC
Wed	9.30 - 11.15am	Skipton CC
Thurs	9.30 - 11.15am	South Craven CC
4th Tues of month	10.00 - 11.00	Hellifield Methodist Church
1st Wed of month	10.15 - 11.30	St Andrew's Church, Gargrave
1st & 3rd Thurs of month	2.00 - 4.00	Settle Health Centre
Alternate Tuesdays	2.00 - 4.00	Bentham Health Centre
Alternate Wednesdays	10.15 - 11.30	Ingleton Methodist Church

For library services and activities please contact your local library.

Skipton - 01609 534548
 Crosshills Community Library - 01609 534502
 Gargrave & Malhamdale - 07960 704509
 Grassington Hub & Library - 01756 752222
 Settle Community Library - 01609 534535
 Bentham Community Library - 01609 534533
 Embsay Community Library - 01756 700367
 Ingleton Community Library - 01609 534504

Speech and Language therapy drop-in sessions

Worried about your child's speech and language? If your child is under 6, come along with your child to see a qualified Speech and Language Therapist.

A referral form is required for children over 6 years old. For queries please telephone either of the numbers below.

Tuesday 11th June 9th July	9.30 - 11.30	Skipton General Hospital (01756) 701708
Friday 14th June 12th July	9.30 - 11.30	Settle Health Centre (01729) 822205

Weaning sessions

Sessions on introducing solids/weaning with your baby, delivered by the health visiting team. Suitable for parents of babies from 3 months old upwards. Babies welcome to attend too!

1st Mon of the month.	9.30 - 10.30	Skipton CC
2nd Wed of the month.	1.00 - 2.00	South Craven CC (Glusburn)
4th Wed of the month.	1.00 - 2.00	North Craven CC (Settle)

North Yorkshire Youth

For details of the youth clubs held at Glusburn and Settle please contact Rachel Rabjohns, Youth Development Worker for the Craven area, on 07500 787621.

Adult Learning and Skills Service

For details of learning opportunities and courses taking place in the local area please telephone the customer service centre on 01609 780780 or e-mail south.adultlearning@northyorks.gov.uk

Contact us:

Skipton Children & Family Hub

Brougham Street, Skipton, BD23 2ES

Tel: 01609 798094

skiptoncc@northyorks.gov.uk

South Craven Children & Family Hub

Colne Road, Glusburn, Keighley, BD20 8PN

Tel: 01609 798558

skiptoncc@northyorks.gov.uk

North Craven Children & Family Hub

30 Duke Street, Settle, BD24 9DN

Tel: 01609 533990

skiptoncc@northyorks.gov.uk

Families Information Service (FIS)

You can find help accessing a childcare provider by:-

Website: www.northyorks.gov.uk/nyfamilies

Emailing: fis.information@northyorks.gov.uk

Calling : 01609 533483

Texting: 07624 802425



**DO WE HAVE YOUR
EMAIL DETAILS?**

**If not, please let a member
of staff know**

Other community venues:

Bentham Health Centre, LA2 7JP

Church House, Main Street, Grassington,
Skipton, BD23 5AD

Ingleton Methodist Church, LA6 3EH

Methodist Chapel, Haw Grove, Hellifield,
BD23 4JA

Settle Health Centre, BD24 9HZ

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LIKE US at: [www.facebook.com/
cravenareaCFSP](http://www.facebook.com/cravenareaCFSP)

General Enquiries:

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays). Tel: **01609 780780**

Email: customer.services@northyorks.gov.uk Web: www.northyorks.gov.uk

If you would like this information in another language or format please ask us.

Tel: **01609 780780** Email: customer.services@northyorks.gov.uk