



What's On

Tuesday 2nd Jan - Thursday 29th Mar 2018

Children and Families' Service: Prevention
**Hambleton Area (Covering Northallerton, Bedale, Stokesley,
Great Ayton, Thirsk, Easingwold and surrounding areas)**

	Time	Activity	More Information	Where
MONDAY	9:30am - 11:00am	Ready for School Feb 2018 Invite only	A 6 week course of activities linked to the Early Years Foundation Stage, to develop and promote independence and to support parents to encourage skills that enable their children to be ready for school. 3 & 4 year olds <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	10:00am - 11:30am	Stay & Play with 0-19 Parenting & Family Support Drop-in	Weekly Stay & Play session running alongside Family Support Drop-In, offering information, advice and guidance to parents and families.	The Hive, RAF Leeming
	10:00am - 11:30am	Mini Multiples Drop-in 8th Jan, 5th Feb & 5th Mar	For parents/carers of twins, triplets and more. Expectant parents welcome. <i>Free</i>	Northallerton Children's Centre, DL6 1RB
	10:00am - 11:00am	Singing with Jasmine Drop-in Weekly (excluding 8th Jan, 5th Feb & 5th Mar)	A fun, friendly and interactive session for families. Supporting social and emotional development through songs music and rhymes. <i>Free</i>	Northallerton Children's Centre, DL6 1RB
	1:30pm - 3:00pm	Weigh, Stay & Play Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	1:00pm - 2:00pm	Singing Speech 8th Jan - 5th Feb Referral from Speech and Language Therapist	A 5 week programme. Fun with actions, songs, rhymes and music to promote speech & language skills for your pre-school child. 3 & 4 year olds <i>Free</i>	Northallerton Children's Centre, DL6 1RB
TUESDAY	9:15am - 11:00am	Weigh, Stay & Play Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
	9:30am - 11:30am	Breastfeeding Group Drop-in Weekly	This group offers a welcoming environment for breastfeeding and expectant mums to meet other mums to form a social network and get support with breastfeeding. Run jointly by Family Outreach Support Workers and the Health Visiting Team. Refreshments available. Mothers, Mums-to-be and partners welcome. <i>Free</i>	Thirsk Children's Centre, YO7 1DS

	Time	Activity	More Information	Where
TUESDAY	9:15am - 10:40am	Breastfeeding Group Drop-in Term time only (excluding 2nd Jan & 13th Feb)	This group offers a welcoming environment for breastfeeding and expectant mums to meet other mums to form a social network and get support with breastfeeding. Run jointly by Family Outreach Support Workers and the Health Visiting Team. Refreshments available. Mothers, Mums-to-be and partners welcome. Free	The Galtres Centre, Easingwold, YO61 3AE
	10:00am - 11:00am	Singing with Jasmine Drop-in 9th Jan, 23rd Jan, 30th Jan, 27th Feb & 6th Mar	A fun, friendly and interactive session for families. Supporting social and emotional development through songs music and rhymes. 0-5 year olds Free	RAF Leeming Community Centre
	10:00am - 11:30am	Young Parent's Group Drop-in Weekly (excluding 2nd Jan & 9th Jan)	Weekly session offering support and advice alongside play activities with the opportunity to meet other parents. Parents under 25 years old Free	Northallerton Children's Centre, DL6 1RB
	11:00am - 12:00pm	Words and Monkey Music Drop-in Term time only (excluding 2nd Jan & 13th Feb)	Themed sessions which explore stories through songs and nursery rhymes. These aim to support the engagement of children with reading, develop vocabulary and language skills while having fun. Birth - 4 years old Free	The Galtres Centre, Easingwold, YO61 3AE
	1:30pm - 2:30pm (will run 2:00 - 3:00pm during March)	Messy Play and Family Support Drop-in Weekly (excluding 2nd Jan & 9th Jan)	Messy Play session running alongside Family Support drop-in. 0-5 years Free	Stokesley Methodist Church, TS9 5AD
	1:00pm – 2:30pm	Small Talk Invite only	A course to promote the importance of early communication with your child and encourage speech development. 1 & 2 year olds Free	Thirsk Children's Centre, YO7 1DS
	5:30pm - 7:30pm	First Aid for Parents 23rd Jan Please book	A course for parents which covers CPR / drowning/ choking/ fevers and rashes (febrile convulsions)/ poisoning/ burns. Parents of birth - 8 year olds Free	Thirsk Children's Centre, YO7 1DS 01609 533068
	6:00pm - 7:30pm	Youthability Drop-in Term time only (excluding 2nd Jan & 13th Feb)	Youth Club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. 11 - 25 years old Free	Thirsk Children's Centre, YO7 1DS
WEDNESDAY	9:15am - 11:30am Health Team from 9:30am	Weigh, Stay & Play Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus play in an informal and friendly atmosphere. Birth - 4 years old Free	The Parish Rooms, Tanpit Lane, Easingwold, YO61 3HD
	9:30am - 11:00am	Weigh, Stay & Play 17th Jan, 7th & 21st Feb, 7th & 21st Mar Drop-in	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus play in an informal and friendly atmosphere. Birth - 4 years old Free	Alanbrooke School, Station Road, Topcliffe, Thirsk, YO7 3SF

	Time	Activity	More Information	Where	
WEDNESDAY	9:30am - 10:30am	Discovering Learning <i>Structured Sessions - parents & children to attend together</i> Drop-in (excluding 3rd Jan)	Each week we will be sharing ideas & experiences enabling parents/carers to take home new knowledge & ideas to use at home. This session is to support parents/carers in encouraging skills that enable their children to be ready for nursery & school. Birth - 5 years old Wk 1. Why Play Matters Wk 2. Child Development Ages & Stages Wk 3. Sensory Play and How it impacts Wk 4. Early Communication Wk 5. Encouraging Mark Making Wk 6. Managing behaviour in a positive way Wk 7. Managing behaviour in a positive way part 2 Wk 8. Family Rules and Rewards Wk 9. Sleep Wk 10. Getting Ready for School Wk 11. Promoting Learning at Home Wk 12. Outdoor Adventures	Northallerton Children's Centre, DL6 1RB	
	10:00am - 11:30am	Weigh, Stay & Play with 0-19 Parenting & Family Support Drop-in 1 st & 3 rd Weds each month (excluding 3rd Jan)	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <i>Free</i>	The Hive, RAF Leeming	
	1:00pm - 3:00pm	Speech & Language Drop-In 3rd Jan & 7th Mar	Drop-in session for parents to speak to a therapist about any worries about their child's speech or language progress. Birth - 4 years old <i>Free</i>	Stokesley Health Centre, TS9 5DY	
	1:00pm - 1:45pm	Baby Yoga 10 th Jan – 7 th Feb or 21 st Feb – 21 st Mar Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	Northallerton Children's Centre, DL6 1RB 01609 534634	
	1:30pm - 3:00pm	Baby & Me 10th Jan - 7th Feb or 21st Feb - 28th Mar Please book	A short term weekly post-natal course to get to know other parents whilst finding out lots about the first few months of your baby's life. 7 weeks - 6 months old <i>Free</i>	The Galtres Centre, Easingwold, YO61 3AE 01609 533068	
	2:00pm - 3:00pm	Baby Massage 10 th Jan – 7 th Feb or 21 st Feb – 21 st Mar Please book	A 5 week course for parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Northallerton Children's Centre, DL6 1RB 01609 534634	
	6:30pm - 8:00pm	Youthability Drop-in Term time only (excluding 14th Feb)	Youth Club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. 11 - 25 years old <i>Free</i>	Cultureshack, Bedale High School, DL8 2EQ	
	6:00pm - 7:30pm	Ante-natal Class Please call for dates and to book	4 week ante-natal course to prepare for the birth of a baby, caring for baby & yourselves. <i>Partnership delivery between Health Visitors, Midwives & Family Outreach & Support Workers.</i> Expectant parents & partners <i>Free</i>	Northallerton on 01609 534634 or Thirsk on 01609 533068	
	THURSDAY	9:00am - 11:00am	Speech & Language Drop-In 18th Jan, 22nd Feb & 15th Mar	For parents to discuss any concerns they have about their child's speech development with a Speech and Language Therapist. Under 5 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
		9:15am - 11:15am	Speech & Language Drop-In 4th Jan, 1st Feb & 1st Mar	For parents to discuss any concerns they have about their child's speech development with a Speech and Language Therapist. Birth - 4 years old <i>Free</i>	Northallerton Children's Centre, DL6 1RB



THURSDAY

Time	Activity	More Information	Where
9:30am - 11:30am	Childminder Drop-In (excluding 4th Jan, 18th Jan, 15th Feb, 22nd Feb & 15th Mar)	A session for childminders and children to meet and share good practice linked to the Early Years Foundation Stage while enjoying the Children's Centre's facilities. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
9:30am - 11:00am	Weigh, Stay & Play 18th Jan, 15th Feb & 15th Mar Drop-in	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus play in an informal and friendly atmosphere. Birth - 4 years old <i>Free</i>	Linton-on-Ouse Village Hall, YO30 2AX
9:30am - 11:00am	Weigh, Stay & Play with 0-19 Parenting & Family Support Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <i>Free</i>	Northallerton Children's Centre, DL6 1RB
10:00am - 12:00pm	Weigh, Stay & Play with 0-19 Parenting & Family Support Drop-in Weekly	Child clinic in partnership with the Health Visiting Team. Opportunity to weigh your child plus stay & play in an informal and friendly atmosphere. <i>Free</i> The 4th Thursday of every month (25th Jan, 22nd Feb, 22nd Mar) a weaning talk will take place within the session from 11.00-12.00pm.	Great Ayton Friends Meeting House, TS9 6BJ
10:00am - 10:45am	Baby Yoga 11 th Jan – 8 th Feb Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	Cultureshack, Bedale High School, DL8 2EQ 01609 534634
11:00am - 12:00pm	Baby Massage 11th Jan – 8th Feb Please book	A 5 week course for parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Cultureshack, Bedale High School, DL8 2EQ 01609 534634
12:30pm - 1:30pm	Baby Massage 22 nd Feb – 22 nd Mar Please book	A 5 week course for parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Stokesley Town Hall, TS9 5DG 01609 534634
1:00pm - 2:30pm	Baby & Me 11th Jan - 8th Feb or 1st Mar - 29th Mar Please book	A short term weekly post-natal course to get to know other parents whilst finding out lots about the first few months of your baby's life. Term time only. 7 weeks - 6 months old <i>Free</i>	Northallerton Children's Centre, DL6 1RB 01609 534634
1:00pm - 2:30pm	Baby & Me 11th Jan - 8th Feb or 22nd Feb - 29th Mar Please book	A short term weekly post-natal course to get to know other parents whilst finding out lots about the first few months of your baby's life. 7 weeks - 6 months old <i>Free</i>	Thirsk Children's Centre, YO7 1DS 01609 533068
1:00pm - 2:30pm	Building Blocks For Language Invite only Term time only	A course for parents of children with delayed speech, language or communication skills. 2 & 3 year olds <i>Free</i>	Northallerton Children's Centre, DL6 1RB
5:45pm - 7:15pm	Youthability Drop-in Term time only (excluding 4th Jan & 15th Feb)	Youth Club for young people with special educational needs and disabilities. To provide inclusive activities in an informal environment. 11 - 25 years old <i>Free</i>	Northallerton Children's Centre, DL6 1RB


Time	Activity	More Information	Where
9:15am – 10:45am	Stay & Play with 0-19 Parenting & Family Support Drop-in <i>Will only be running until 26th Jan 2018</i>	Weekly Stay & Play session running alongside Family Support Drop-in, offering information, advice and guidance to parents and families. <i>Free</i>	Cultureshack, Bedale High School, DL8 2EQ
9:30am - 10:30am	Words and Monkey Music Drop-in Term time only (excluding 5th Jan & 16th Feb)	Themed sessions which explore stories through songs and nursery rhymes. These aim to support the engagement of children with reading, develop vocabulary and language while having fun. Term time only. Birth - 4 years old <i>Free</i>	Thirsk Children's Centre, YO7 1DS
9:30am - 12:30pm	Learning Skills and Advice	12th & 26th Jan, 9th Feb, 2nd & 23rd Mar To book an appointment please contact abby.armstrong@northyorks.gov.uk	Cultureshack, Bedale High School, DL8 2EQ
09:30am - 11:30am	Speech & Language Drop-In 10th Jan & 7th Mar	Drop-in session for parents to speak to a therapist about any worries about their child's speech & language progress. Birth - 4 years old <i>Free</i>	Health Centre, Bedale, DL8 2AH
10:00am - 11:30am	Breastfeeding Group Weekly Drop-in	This group offers a welcoming environment for breastfeeding and expectant mums to meet other mums to form a social network and get support with breastfeeding. Run jointly by Family Outreach Support Workers and the Health Visiting Team. Refreshments available. Mothers, Mums-to-be and partners welcome. <i>Free</i>	Northallerton Children's Centre, DL6 1RB
10:00am - 10:45am	Baby Yoga 12th Jan - 9th Feb or 23rd Feb - 23rd Mar Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	Thirsk Children's Centre, YO7 1DS 01609 533068
11:00am - 12:00pm	Baby Massage 12th Jan - 9th Feb or 23rd Feb - 23rd Mar Please book	For parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	Thirsk Children's Centre, YO7 1DS 01609 533068
1:00pm - 1:45pm	Baby Yoga 12th Jan - 9th Feb or 23rd Feb - 23rd Mar Please book	Yoga sessions to aid baby's muscle development by stretching and moving, improving skills such as grasping, co-ordination, rolling and crawling. Suitable for age 8 weeks - crawling <i>£15 per course per family</i>	The Galtres Centre Easingwold, YO61 3AE 01609 533068
1:00pm - 2:30pm	Cook, Craft & Play Invite only Term time only (excluding 5th Jan & 16th Feb)	An informal session for parents under the age of 25 years and their children. Families can prepare food to take home (a main, snack or pudding) or create crafty gifts. Cookery & crafts will alternate each week. Birth - 4 years old. <i>Free</i>	Thirsk Children's Centre, YO7 1DS
2:00pm - 3:00pm	Baby Massage 12th Jan - 9th Feb or 23rd Feb - 23rd Mar Please book	For parents to learn gentle massage for their babies to aid relaxation, develop muscle tone, co-ordination, to aid digestion and to strengthen immune systems. Suitable for age 4 weeks - crawling <i>£15 per course per family</i>	The Galtres Centre Easingwold, YO61 3AE 01609 533068
4:00pm - 5:30pm	Fuse Theatre Invite only Term time only	An inclusive theatre group for young people with Special Education Needs and Disabilities (SEND) plus non-SEND young people. Contact Hannah Ley on 01609 535768 for more information. 11 - 25 years old <i>Free</i>	The Cultureshack, Bedale High School, DL8 2EQ

	Time	Activity	More Information	Where
SATURDAY	10:30am - 12:30pm	Stay & Play SEND 13th & 27th Jan 10th & 24th Feb 10th & 24th Mar Drop-in	An informal get together and play session for parents with children with special educational needs and disabilities. Based on activities, stories and ideas linked to the Early Years Foundation Stage. Birth - 11 years old Free	Thirsk Children's Centre, YO7 1DS
	10:00am - 12:30pm	First Aid for Parents 24th Feb Please book	A course for parents which covers CPR/ drowning/ choking/ fevers and rashes (febrile convulsions)/ poisoning/ burns. Parents of birth - 8 year olds Free	Northallerton Children's Centre, DL6 1RB 01609 534634
	10:00am - 12:30pm	First Aid for Parents 3rd Mar Please book	A course for parents which covers CPR/ drowning/ choking/ fevers and rashes (febrile convulsions)/ poisoning/ burns. Parents of birth - 8 year olds Free	The Galtres Centre Easingwold, YO61 3AE 01609 533068

Courses and Parenting Support

Create Confidence	The Create Confidence programme is a tool box of targeted art based interventions to improve resilience, confidence and self-esteem in children and young people who may have been witness to domestic abuse and family difficulties in the past. <i>Invite only</i>
Being Ok	A group to provide information and advice in an informal and supportive environment. Opportunities to discuss a number of issues including relationships, sex, masculinity and values. Term time only. <i>Invite only</i>
Girl's Group	A group to provide a friendly, safe and supportive environment for girls to meet socially, be involved in positive activities as well as undertake opportunities for informal education on a variety of issues that affect girls lives. Available across Hambleton area. Term time only. <i>Invite only</i> 13-16 year olds
Emotional First Aid for Parents 	This is not a parenting course but focuses on the parents own emotional well being helping them identify their own early warning signs of emotional distress and develop their own sense of positive emotional health and wellbeing. Please contact your local Children's Centre 
Mellow Parenting	Would you like to... Learn new ways to help you to improve your child's behaviour? Have some time to think about what things in your life are helping you or giving you problems in finding your own way to be a parent? Try to understand why your child behaves in the way he/she does? Then Mellow Parenting might help! <i>Invite only. Creche provided.</i> Suitable for parents of children aged 0 - 5 years
Incredible Years	A 7 week free course covering a set of topics that give you the opportunity to explore different aspects of parenting and how to support your children's needs and manage their behaviour as they grow. <i>Tuesdays 1-3pm at Northallerton Children's Centre.</i> Please ring to book your place on: 01609 534634 Suitable for parents of children from 0 - 9 months.
Strengthening Families (1-3pm)	6 week course for parents and young people aged 10-14 years. Includes specific activities that help parents and carers learn nurturing skills that support their young people. This course aims to develop healthy and positive relationships between parents and children. Please ring Northallerton Children's Centre to book your place: 01609 534634
Time Out for Parents - The Teenage Years	7 week programme designed for families who have teenagers. To help parents and carers understand and support their teenagers during this time of change and to enhance the emotional health of both young people and parents. The course looks at:- Parenting Styles, Emotional Needs, Why it is Tough Being a Teenager, Handling Conflict, Big Issues, Good Physical & Mental Health, Sustaining Close Relationships. Please ring Northallerton Children's Centre to book your place: 01609 534634
Live It, Feel It, Do It	Social & emotional targeted group for young people to develop knowledge of areas such as; personal safety, healthy lifestyles & positive relationships. <i>Invite only</i> 6 - 11 year olds

Other Information

<p>Safeguarding</p> 	<p>For the safeguarding of children and young people using our services, we do not allow the use of mobile phones in any of the Children's Centre sessions that we offer. If you need to take a call, please take it outside of the building. Photos can be taken by staff on the Centre's own camera. Please ask staff if you want a copy of a specific photo and they will be happy to print it for you.</p>
<p>Volunteering at Hambleton Children's Centres</p>	<p>Every Children's Centre needs an extra pair of hands on occasions. We need volunteers to help with a lot of what we do, such as parents providing support for regular sessions, basic administrative duties, researching and creating displays or promoting sessions and events. We would be delighted to hear from you if you could help in any way. Please contact Thirsk Children's Centre on 01609 533068 or Northallerton Children's Centre on 01609 534634.</p>
<p>2 Year Old Funding</p>	<p>If you have a 2 year old child and you are in receipt of one of the following benefits, you may be eligible for free funded childcare for your child:</p> <ul style="list-style-type: none"> · Income Support · Jobseeker's Allowance (income based) · Income-related Employment and Support Allowance · Child Tax Credit with income less than £16,190 · Working Tax Credit with an annual income less than £16,190 · Support under the immigration and asylum act 1999 · Guarantee element of State Pension Credit <p>For information contact us on: 01609 533068/01609 534634 or the Families Information Service on: 01609 533483</p>
<p>3 & 4 Year Old Funding</p>	<p>The current free childcare entitlement for 3 and 4 year olds is being increased from 15 to 30 hours per week for working parents from September 2017. The national eligibility criteria that families must meet are as follows;</p> <p>Both parents must be working (or the sole parent if in a lone parent family), each parent must have a minimum income of 16 hours at national minimum wage, but have an income less than £100,000 per year. For more information and how to apply visit http://www.northyorks.gov.uk/article/33505/30-hours-extended-early-years-entitlement-for-eligible-three-and-four-year-olds</p>
<p>Employment, Education, and Training support</p>	<p>Are you aged 16 - 19 and not in education, employment or training? If you would like to access support from our service regarding this, or if you would like some more information on what we can offer, then please contact the Hambleton Prevention Hub on 01609 536206.</p>
<p>Portage Home Visitors</p>	<p>Portage home visitors work with parents/carers of children (0-5) with Special Educational Needs and Disabilities to empower them as educators of their own children. They model learning through play in order to promote early learning and development. This is a 5 star registered service with the National Portage Association.</p> <p>Requests for involvement can be made via Inclusive Single Point of Access process. The involvement form and information can be found here: https://www.northyorks.gov.uk/send-specialist-support-and-provision</p>
<p>Healthy Start Vitamins</p>	<p>We sell women's and children's Healthy Start vitamins in our Children's Centres and also accept the Healthy Start vouchers. Please enquire at reception about these.</p>

Child Health Clinics

Northallerton Area	Bedale Area	Stokesley Area	Thirsk Area
<p>Northallerton Methodist Church, DL7 8EG 1st & 3rd Monday of the month 1:00-2.45pm</p> <p>Northallerton Children's Centre, DL6 1RB Every Thursday 9:30-11:00am</p>	<p>Bedale Children's Centre, Cultureshack, DL8 2EQ 2nd & 4th Tuesday of the month 10:00-11:30am</p> <p>The Hive, RAF Leeming 1st & 3rd Wednesday of the month 10:00-11:30am</p>	<p>Stokesley Health Centre, TS9 5DY Every Tuesday 9:30-11:00am</p> <p>Hutton Rudby Village Hall 1st Wednesday of the month Term Time Only 10:00-11:00am</p> <p>Hutton Rudby Methodist Chapel 2nd & 4th Wednesday of the month 2:00-3:00pm</p> <p>Great Ayton Friends Meeting House Every Thursday 10:00-12:00pm</p>	<p>Thirsk Children's Centre, YO7 1DS Every Monday 1:30-3:00pm & Every Tuesday 9:15-11:00am</p> <p>The Parish Rooms, Easingwold, YO61 3HD Every Wednesday 9:15-11:30am</p> <p>Alanbrooke School, YO7 3SF 1st & 3rd Wednesday of the month</p> <p>Linton Village Hall, YO30 2AX 3rd Thursday of the month</p>

Contact Us

Hambleton Prevention Service Hub

NYCC Children and Families Service - Prevention
1, Racecourse Lane, Northallerton
North Yorkshire
DL7 8AD
Tel: 01609 536206
Email: pshubhambleton@northyorks.gov.uk

Hambleton Children's Centres

Thirsk Children's Centre
Hambleton Place
Thirsk
YO7 1DS

Tel: 01609 533068

Email: thirskcc@northyorks.gov.uk

Northallerton Children's Centre
c/o Alverton Community Primary School
Mount Road
Northallerton
DL6 1RB

Tel: 01609 534634

Email: northallertoncc@northyorks.gov.uk

Bedale Children's Centre
Cultureshack
Bedale High School
Fitzalan Road
Bedale
DL8 2EQ

Breastfeeding Support

Please visit <https://www.northyorks.gov.uk/breastfeeding> for information and our interactive map which shows where you can get support across North Yorkshire.

DO WE HAVE YOUR UPDATED EMAIL AND TELEPHONE DETAILS?

If not please let a member of Children's Centre staff know



Find us on Facebook:

www.facebook.com/HambletonSouthAreaCFSP

or

www.facebook.com/HambletonNorthCFSP



The Families Information Service

Visit our website

www.nyfamilies.info

or call our friendly team on

01609 533483

You could also email us at

fis.information@northyorks.gov.uk

or text **07624 802425**

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays). Tel: **01609 780 780**

Email: customer.services@northyorks.gov.uk Web: www.northyorks.gov.uk

If you would like this information in another language or format please ask us.

Tel: **01609 780 780** Email: customer.services@northyorks.gov.uk