



Specialist Postvention Support Pilot **Grant Specification and Application Guidance**

Introduction

North Yorkshire County Council is seeking applications from not for-profit organisations based or working in North Yorkshire to deliver a 12 month pilot specialist postvention support service.

Background

5,691 people died by suicide in England in 2019¹. Estimates vary on how many people are affected by each suicide – ranging from six to 60 people. A conservative estimate of 10 people directly affected by each of these deaths gives a minimum total of almost 57,000 people annually who could benefit from support after suicide.

The cost of a suicide has been calculated as £1.67m, with 70% of that figure representing the emotional impact on relatives.²

Friends and relatives of people who die by suicide have a 1 in 10 risk of making a suicide attempt themselves following their loss.

People bereaved by suicide are 80% more likely to drop out of education or work than their peers, while 8% of young adults bereaved by suicide had dropped out of an educational course or a job since the death.

In 2019, the NHS Long Term Plan set a clear direction for mental health, centred on integration and collaborative working to improve mental health outcomes.

To enable this delivery, geographical areas are being formed into integrated care systems (ICS), bringing together local partners from health, local authority and the voluntary sector, with the aim to align governance and decision-making processes, as well as funding and budgets.

This increased funding has enabled North Yorkshire to deliver the Suicide Action Plan <https://www.nypartnerships.org.uk/suicide> and provide additional support to those affected by suicide across North Yorkshire.

The [North Yorkshire Suicide Strategic Group](#) (NYSSG) monitor all suicides across the County and work closely with the North Yorkshire Police and Coroner service to ensure those affected by suicide are provided with the right support and information in the weeks, months and years following a suicide.

¹ ONS data 2019: [Suicides in England and Wales - Office for National Statistics \(ons.gov.uk\)](#)

² Public Health England, National Suicide Prevention Alliance: [support_after_a_suicide.pdf \(publishing.service.gov.uk\)](#)

The NYSSG provide funding for a range of suicide prevention and support programmes including suicide prevention & mental health training (available through our training hub - [Head First](#) - and periodically grants for grass roots community projects aiming to improve mental health outcomes for individuals across North Yorkshire are available.

All funding offered through the suicide prevention and support programmes contributes to the following outcomes:

- ❖ Supporting those affected by suicide including family and carers.
- ❖ Reducing stigma and discrimination
- ❖ Developing mentally healthy communities and workplaces
- ❖ Reducing loneliness and social and emotional isolation
- ❖ Reducing suicides

Postvention Support in North Yorkshire

North Yorkshire provides postvention support through the Major Incident Response Team (MIRT) <https://www.stopsuicidenenc.org/wp-content/uploads/2020/04/MIRT-postvention-service-North-Yorkshire.pdf> who offer the following:

- The MIRT team is a group of trained volunteers who offer their time to help with emotional and practical support to people affected by suicide.
- MIRT offers a free, professional and confidential service to support you through this time of loss.
- The service operates 24 hours a day, 7 days a week.
- The coroner provides families with the MIRT telephone number and sends a referral through to the team.
- MIRT volunteers are all trained in Mental Health and Psychological First Aid, so they can work effectively and safely.
- The role of a MIRT volunteer is to help through a person's loss, and support the individual / family as they begin to find ways to cope with the present and, eventually, the future. This is at a pace set by the individual and is a flexible service.
- The team will agree with the individual to visit them in a place where they feel safe and comfortable to talk (in line with Covid-19 guidance).

This Opportunity

Funding in the sum of £25k has been made available from NHS partners to provide a grant for a single voluntary sector partner (this could be one organisation or a partnership with a lead partner) to enhance the existing offer by developing and delivering a pilot specialist postvention support for individuals and families across 6 districts in North Yorkshire (delivery in Craven

is excluded from the scope of this funding opportunity as alternative provision is already in place).

Scope of Pilot

Applications are invited for proposals to design and deliver a pilot postvention support offer that provides specialist help for those affected by suicide including - family and carers - with both emotional and practical support. The design of your offer should seek to demonstrate the following characteristics:

- Delivers a stronger integrated suicide bereavement support service that improves the information and support available for those bereaved or affected by suicide.
- Demonstrates effective partnership working with other agencies to support families and communities.

We welcome your ideas on how you would design, develop and operate a new support offer and as such are not being prescriptive in terms of a delivery or operational model.

However, the successful applicant will be required to work alongside the existing postvention referral service in North Yorkshire as provided by the Major Incident Response Team (MIRT) to help develop a clear referral process for families and support the MIRT volunteers.

This funding is to provide the specialist and targeted counselling and other appropriate bereavement support for people affected by suicide that is currently not available from the MIRT volunteers. It is anticipated that the design of your proposal will not be limited to accepting referrals only from MIRT but should be accessible to anyone who needs support. The pilot will also need to establish case management and feedback processes with the MIRT Manager to ensure appropriate wrap around support is in place.

Grant available

The maximum grant available to deliver the pilot is £25,000 for 12 months.

Although we are confident that further funding will become available for postvention support beyond the period of the pilot this is not confirmed and should not be assumed.

Applications are open to not-for-profit mental health organisations currently based or operating in North Yorkshire.

How to Apply

All applications should be made on the **Specialist Postvention Support Pilot Application Form**. Completed applications should be submitted by email before **midnight** on **20 June 2021** to: Amber.graver@northyorks.gov.uk

Please do not PDF the application form.

Completing this Application Form

This application form is divided into three sections:

Section 1 – this section asks questions about the organisation applying. These questions are not scored but must be completed for your application to be accepted.

Section 2 – in this section we are seeking further information about your knowledge and experience, as well as how you intend to deliver the pilot and achieve the desired outcomes. These questions are scored.

Section 3 – further information and documentation to support your application. These questions are not scored but must be completed for your application to be accepted.

Evaluation

Completed applications will be evaluated by a panel comprising representatives from North Yorkshire County Council's Stronger Communities, Public Health teams, MIRT and people with lived experience.

Applicants will be notified regarding the outcome of their application by **25 June 2021**. It is anticipated that the project will commence on **1 July 2021** and conclude on **30 June 2022**.

Further information

If you would like further information would like to discuss the submission of an application, please contact:

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