

Collecting COVID-19 samples

❖ Prior To Taking a Swab

- Ensure you have explained the process to the resident and have informed consent or document best interests decision
- Ensure the resident is comfortable
- Encourage the resident to blow their nose and tilt their head back slightly, provide support if required



- ## ❖ The swabbing process will cause some discomfort, have a tissue and water to offer afterwards if appropriate



- ## ❖ Collect all the equipment you require and ensure you are familiar with good handwashing technique and the use of Personal protective equipment (PPE).



Training is available to support staff in the donning and doffing of PPE if required, please contact sarah.fiori@nhs.net for further information.

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❖ Equipment required

- Plastic apron
- Fluid resistant surgical face mask
- Eye protection
- Gloves
- Viral swab
- Hand washing facilities
- Area for preparing packaging

❖ To Swab

- Swab the back of the throat (each side and tonsils, avoiding the tongue),
- then insert swab into one nostril carefully until you feel some resistance, gently rotate 5 times and repeat in the other nostril
- Insert swab into collection tube and return in line with packaging instructions provided by the manufacturer

