

North Yorkshire County Council Disabled Children's Service

**Personal Budgets, Resource Allocation Questionnaire
Secondary School Version, Ages 11 Plus**

The Questions

Be Equal Questions

A. To be fit and healthy (physical health)			
No additional support or occasional support required	Regular Support	Significant Support	Exceptional Support
0	8	21	28

This question is measuring physical health. It is focussing on the medical support needs to maintain physical health. So a young person with a learning disability or autism who is physically well would be in “no additional support required” unless they had a health need connected to a physical impairment.

No additional support is required when- when the young person has no particular health issues. They get common illnesses and they recover well. They generally keep good physical health.

Occasional Support is required when – the young person needs occasional additional support with health issues.

Regular Support is required- when the young person requires medical intervention which requires ongoing support and monitoring from adults who care for them for a condition which is having a serious impact upon their physical health. Some support would be met for example when the young person is doing group activities and they would need staff to be able to administer treatment for example or urgently respond but they would not require continual medical support, for example a regular risk of epileptic seizures. This would not include common health issues many young person face for example creams for dry skin and acne.

Significant support is required- when the young person requires continual assistance with their health. As a result of impaired mobility, posture and balance the young person needs frequent support from an adult through the day (for example peg feeding, moving and handling while in the toilet, moving and handling to change their position etc.) Personal care procedures to support them to move and change position are continually required to maintain the young person's physical health. The young person requires continual assistance from people who have had guidance and training to meet their health care needs.

Exceptional support is required- - when the young person's needs require two people or more to assist them because of their complex physical health needs. Some of this care will be with people who have specialist health care skills.

Or

Where the procedures that are required to maintain the young person's physical health require such care that they can only be delivered extremely slowly. These procedures take more than three hours each day and this has a huge impact on the young person's opportunities.

B. To be relaxed and happy (mental wellbeing)			
No additional support or occasional support required	Regular Support	Significant Support	Exceptional Support
0	13	21	28

No additional support is required - when the young person is generally happy and relaxed. A young person experiences the 'ups and downs' of growing up but does not have prolonged worries for which they need support. The young person, with help from parents, can cope with new places while experiencing just the usual nervousness most young people have when trying out a new place.

Occasional Support is required – when the young person needs occasional support to manage their feelings.

Regular Support is required - when the young person is frequently distressed as a result of issues with their mental wellbeing, medical condition, pain management or mood swings. The young person has a frequent sense of stress and anxiety. They need some reassurance, support and supervision on a regular basis to manage their feelings and to feel relaxed.

Significant Support is required - the young person's behaviour is very challenging (for example hitting others, destroying property, self-harming) due to their experience of stress and anxiety and this continually affects their wellbeing. Managing the young person's challenging behaviour dominates family life and the young person has or needs a behavioural plan in place

Exceptional support is required - As a response to the young person's challenging behaviour two adults are required at all times to support the young person to stay safe. A multidisciplinary team is in place or needs to be in place to support the family to ensure the young person stays safe.

C. To be able to travel safely and use public transport			
No Additional Support Required	Regular Support	Significant Support	Exceptional Support
0	4	6	8

No additional support is required when- the young person can access public transport and has the road safety skills to be able to do so. For older young person, fifteen plus, they have the potential to learn the skills to travel independently (an important skill for life that will increase their opportunities in the future).

Regular Support is required – when the young person does not currently have road safety skills but can learn these skills. They need support to remember skills and a detailed independent travel programme in order to become an independent traveller. Progress will require to be supported through continual review.

Significant Support is required - when the young person cannot learn independent travel skills and is expected to always need the support of an adult to use public transport and travel safely.

Or

The young person needs intensive support to prevent them from becoming very distressed or harming themselves when on a journey

Exceptional support is required - when the young person cannot use public transport even where it has reasonable adjustments because it is not accessible to them. They therefore need to use an adapted private vehicle that has been adapted to their needs

Or

When the young person cannot use public transport because the experience of using it would be too stressful for them or it is not safe for them or the public to do so. They need to travel with the support of one driver and one support staff or more at all times to ensure safety.

D. To be able to communicate well			
No additional support or occasional support required	Regular Support	Significant Support	Exceptional Support
0	6	14	16

No additional support is required- when a young person is a strong communicator through their first choice of communication and they can make clear their needs, wants and wishes. They need no support in achieving this outcome.

Occasional Support is required – when a young person needs occasional support to explain their needs and wants.

Regular Support is required- when a young person can explain some of their needs and wants but you need to check regularly that they have understood what they are saying. They may only pick out key words and their understanding of complex sentences may be impaired. If you are talking with the young person you need to check that they have understood what you are saying and are able to act on what has been asked of them.

Or

A young person has a hearing impairment which makes it difficult for them to hear consistently what is being said to them.

Significant Support is required- when as a result of a young person’s learning disability, it is difficult to understand the young person’s communication consistently and/or they have challenging support needs because of their frustration with communicating. They need 1:1 support in order to make their views known. This would usually include young people who communicate with technological aids but it requires professional support to be clear that their views have been correctly interpreted.

Or

The young person is deaf and needs the support of an interpreter to communicate with those who don’t know sign language.

Exceptional support is required - The young person does not use language or picture systems to express themselves. The young person communicates entirely through their behaviour, body language and vocalisations and their wishes from these expressions are interpreted by others.

(Please be aware that if the young person is deaf and needs interpreting services this may require the indicative allocation to be adjusted because of the high cost of interpreting services. This should be considered upon completion of the assessment.)

To Achieve Questions

A. To join in with activities with other young people my age			
No additional support or occasional support required	Regular Support	Significant Support	Exceptional Support
0	14	21	27

No additional support is required- when a young person is supported to get involved in their hobbies and leisure interests by their family and face few problems in doing so. A young person can accept the guidance and support from adults leading activities most of the time and can take part in the activity with other young people. The young person has few fears or worries about going out and getting involved in activities with people they know well.

Occasional Support is required – When a young person occasionally needs additional support to enable them to accept guidance and support from adults leading activities, but on the whole can take part in the group activity with other young people.

Regular Support is required – When a young person needs 1:1 support for a short period of time (in addition to the usual support provided to young people within the group) to introduce them successfully into the activity. Other adults who support the activity or club require training and/or support to ensure that the young person is included.

Significant support is required – when a young person needs to be continually supported throughout the activity. For example it is not enough for a parent to be nearby, a supporter needs to participate in the activity alongside the young person, making clear what they need to do or supporting them physically. The young person can only participate successfully in an activity if they have an individual worker alongside with them and who knows them well.

Exceptional support is required- When a young person needs 2 supporters to be with them throughout the activity. The support needs to be from people who are very aware of the young person's needs and have specific skills, for example in knowing how the young person communicates and/or in behavioural support.

Or

Where a young person, as a result of challenging behaviour, may pose a risk to themselves or others and this severely restricts the places they can visit and activities they can take part in.

Or

Where the procedures that are required to maintain the young person's health require such care that they can only be delivered so slowly that they take several hours each day and this has a huge impact on the young person's ability to engage in activities

B. To learn the skills I will need that will help me in future to have a chance of getting a job and to be as independent as I can be.

No additional support required	Regular Support	Significant Support	Exceptional Support
0	8	17	23

No additional support is required - when the young person is engaged in education or training that will lead to a nationally recognised qualification that will increase their opportunity of getting paid employment. It is a challenge for any young person to move out and live in their own home but they can access the support services that are available to get housing and have the potential to develop the skills to maintain their own home and live an independent life.

Regular Support is required - The young person needs support and reminders to stay on task to develop skills. The young person requires support within a small group to understand their course and to meet the requirements of external accreditation. This may involve study skills or self-directed learning, confidence building or particular detailed adaptations or individual arrangements for completion of examinations.

Significant Support is required - when the young person will need constant support to perform purposeful tasks. Training courses require to be tailored specifically to their needs. Work experience needs to be carefully crafted and supported by an employment coach constantly on a 1:1 basis. They need 1:1 support now to work towards the goals of employment and independence.

Exceptional support is required - the young person needs 2:1 support for their daily living, self-care, and independent skills. This may be a young person with complex health needs, a profound disability or challenging behaviour who requires 2:1 support and is at constant risk of being excluded from social life. There is a continuing need for professional advice and guidance from occupational therapy or psychology to develop plans to support the young person to maintain and develop skills.

Or

Where the procedures that are required to maintain the young person's health require such care that they can only be delivered so slowly that they take several hours each day and this has a huge impact on the young person's opportunities for independence.

C. To have a circle of friends			
No additional support or occasional support required	Regular Support	Significant Support	Exceptional Support
0	13	20	26

No additional support is required -when the young person enjoys other young people’s company and finds it easy to meet and make friends and continue friendships.

Occasional support is required – when the young person occasionally needs support to meet up with friends, and may sometimes need supervision when this happens.

Regular Support is required – when the young person needs the support of their family or carers to plan and prepare to get out of their home and meet up with their friends. Meetings with friends only happen when adults make arrangements and need some supervision when they happen

Significant Support is required - when the young person will need constant support while with other young people and need adults to organise their friendship activity. It takes a lot of effort for parents to support the young person to interact with other young people, keep the friendship going and provide support when they are with their friends.

Or

When a young person only tolerates other young people around them with great difficulty and requires 1:1 support when they are around other young people.

Exceptional Support is required - when friendships are hard to keep and the young person needs intensive support to keep in touch and keep their friendships. Two to one support is required to support meetings and activities with friends.

Or

Young people who find it very distressing to leave their home or environments that they know well and have extremely limited contact with young people their own age.

Stay Safe Questions

A. To be safe at home with immediate family			
No additional support required	Regular support	Significant support	Exceptional Support
0	15	30	40

Please note this question is scoring how risk aware the young person is within their home and how much supervision is required to support them to be safe around the house. It is not trying to rank parenting capacity (whether there are any safety issues as a result of the quality of care parents provide). If the council has concerns around parenting issues these would be worked with as a safeguarding or parent support issue.

No additional support is required - when the young person is safe at home with their family. The young person avoids danger in the home most of the time (e.g. boiling water, plug sockets) or those dangers are now not present because of aids adaptations in the house. The young person would not be expected to come to any harm if they were unsupervised in the house.

Regular support is required- when the young person will try and stay safe. It takes a lot of time to explain everyday risks in the home to the young person. The young person struggles to remember the explanation and they need to be continually reminded about danger and risk.

Or

The young person can occupy themselves safely but needs an adult to regularly check that they are safe if they are unsupervised in a room in the home.

Significant support is required - when the young person has the ability to reach dangers in the home and adult supervision in the same room is needed to stop the young person from becoming hurt.

Or

Without continual supervision in the same room the young person would be at risk of harm. This would include young people who cannot move out of the way of danger or who, if unsupervised, would not be able to change their posture.

Exceptional support is required- The young person is at serious risk of harm each day in the home. At present there is a high risk of injury and this needs to be managed each day. There are continual unexpected escalations of risk. The risk of serious harm is continually monitored and managed. Plans are subject to continual reviewed to respond quickly to fluctuating risk.

B. To be safe in the community			
No additional support or occasional support required	Regular support	Significant support	Exceptional Support
0	15	30	40

No additional support is required - when the community the young person lives in is a stable neighbourhood. The caring adults in the young person's life are trusted and the young person is safe in their company. The young person is safe with their friends and bullying is not happening at the moment.

Occasional Support is required – when there are occasional worries about the young person's safety in the community and intervention is needed by adults to keep the young person safe.

Regular Support is required- when there are worries about the young person's safety in their community. They are at risk of harm because of cognitive impairment or behaviour and need adult supervision at all times when out and about. This does not need to be on a 1:1 basis.

Significant support is required when – when there are worries about the young person's safety in their community because of cognitive impairment or behaviour. There is a risk that they may harm themselves or others. They need 1:1 adult supervision at all times when out and about.

Exceptional support is required when - when there are worries about the young person's safety in their community because of cognitive impairment or behaviour. They are at risk of harm AND there is a high risk of the young person injuring other people. This has to be constantly managed because the young person has no sense of danger or social boundaries and/or has severe challenging behaviour. They need 2:1 adult supervision at all times when out and about.

Family Section

A. Family life is good and there is time for everyone in the family to enjoy life and pursue the things that matter to them			
No additional support required	Regular Support	Significant Support	Exceptional Support
0	14	22	30

No additional support is required- when family life is good, the family cope well and are resilient in supporting the young person's needs. The family do not experience regular stress as a consequence of supporting their young person's needs. Parents or carers have some time regularly to pursue their own interests and to relax.

Regular Support is required-when the young person's needs result in the parent/carers regularly experiencing stress. This has an impact on their day to day wellbeing. Parents have very little time to relax.

Or

When there are occasional difficult behaviours which sometimes place siblings at risk and siblings may experience disruption in their ability to have friends around the house or to do homework.

Significant Support is required - when the parents and carers experience severe stress as a result of the impact of caring for the young person and this is affecting their mental or physical health and this is in turn affecting the whole family.

Or

The needs of the young person require a lot of support and time from parents that the other young person in the family are seriously effected and this is resulting in siblings experiencing high levels of stress or tiredness.

Exceptional support is required – when parent/carers feel such high levels of stress as a result of the impact of caring for the young person that the family is in crisis and professional support is needed to sustain the family.

Or

When parents/carers have their own health care needs that have exceptional impact on their ability to support their young person day to day.

B. Parent/ Carers get a good nights sleep			
No additional support required	Regular Support	Significant Support	Exceptional Support
0	6	9	12

No additional support is required- when the parent/carers generally sleep well, are usually not disturbed through the night and get sufficient sleep to be able to have the energy to care for the young person without feeling overtired.

Regular Support is required - when the parent/carers sleep is disturbed 5 nights a week or more.

Or:

The sleep pattern of the young person is very erratic e.g. either three nights a week going to bed after midnight or up before 6am

Significant Support is required - when the parent/carers are up several times throughout the night every night to support the young person

Exceptional support is required - when the young person requires their medical condition to be monitored throughout the night and the young person requires interventions for several hours each night

C. Parents carers get the support they need from friends, neighbours and extended family which regularly provides them with short breaks			
No additional support required	Regular Support	Significant Support	Exceptional Support
0	10	15	20

No additional support is required- when the parent/carers are well supported by friends, neighbours and their extended family. There are several people who know and love the young person and are willing to help with caring for them. The parent/carer knows that there is a group of people they can turn to for help on a regular basis.

Regular Support is required - when the parent/carers receive some extended family and friend support but this is infrequent and for only very short times. There are few breaks provided by family and friends for the carer.

Significant Support is required - when the parent/carers receive no support from family and friends with the care of the young person and this leads to stress and overtiredness. Although there is not a supportive network amongst extended family and friends there is support from a partner or a family member living with them.

Exceptional support is required - when a parent/carer feels extremely isolated. One person is caring for the young person solely without any support from family or friends. The parent carer is under a great strain as a result and this is having a big impact on their health and wellbeing.

Individual Record Sheet

NYCC CYPS version

Who helped fill this in? (Family members, young person, school, other professionals)

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Date questionnaire completed...

Name of young person or young person:			DOB:	
1. Equal				
A	B	C	D	Total Equal Score
2. Achieving				
A	B	C	n/a	Total Achieving Score
3. Safe				
A	B	n/a	n/a	Total Safe Score
4. Family				
A	B	C	n/a	Total Family Score
Total Score				

Contact us

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