

**Community Support Organisation –
“Finding you local support within your
community” Flowchart**

- The CSO offer;
- Information on local shopping options and trusted suppliers who are delivering directly This option enables the person to maintain control of their life, by feeling able to help themselves
 - Collection and delivery of shopping leaving deliveries on the doorstep or safe place to avoid close physical contact.
 - Collecting and delivering prescriptions. This will need to be collected by a nominated person or organisation.
 - Caring for pets for example walking a dog
 - Regular social contact via telephone, FaceTime, Skype or other methods that avoid physical contact with a person who can't get out so they have someone to chat to on the phone could make all the difference
 - Encouragement to contact others in the same situation by linking people together
 - Delivery of books and magazines or materials to support hobbies, such as wool for knitting or art materials
 - Reassurance with accurate and up to date advice and information of what local support is available
 - Signpost to other sources of local support within their community
 - Access needed to NYLAF for food
 - Information on local charities seeking volunteers for those wanting to volunteer

