

## Be part of Team North Yorkshire

### Play your part to keep everyone safe in North Yorkshire

- Wash your hands regularly for 20 seconds with soap and water or use hand sanitiser
- Keep a safe 2 metre distance, meet outside where possible, avoid crowded places, do not meet up with anyone outside your home if you have Covid-19 symptoms
- You **must** wear a face covering on public transport and in shops
- If you have Covid-19 symptoms, book a test immediately and self-isolate at home  
[www.northyorks.gov.uk/TestandTrace](http://www.northyorks.gov.uk/TestandTrace) or call **119**

### Travel Safely

- Do not travel if you have Covid-19 symptoms
- You **must** wear a face covering on public transport
- Maintain a 2 metre distance where possible

**STAY SAFE**  
IN NORTH YORKSHIRE

If you have symptoms including high temperature, a new cough or loss or change to sense of smell or taste, book a test and self-isolate at home  
[www.northyorks.gov.uk/TestandTrace](http://www.northyorks.gov.uk/TestandTrace)