

**Be part of Team North Yorkshire**

# **Protect your friends and family from Covid-19**

- Wash your hands regularly for 20 seconds with soap and water or use hand sanitiser
- Play your part to keep everyone safe in North Yorkshire



**STAY SAFE**  
IN NORTH YORKSHIRE

**If you have symptoms including high temperature, a new cough or loss or change to sense of smell or taste, book a test and self-isolate at home**  
[www.northyorks.gov.uk/TestandTrace](http://www.northyorks.gov.uk/TestandTrace)