

NORTHERN YORKSHIRE DALES RIDING CIRCULARS

Applicabilities / Suitabilities / Useful Statistics

Circular Rides Ref.	Distance (miles) approx.	% Off Road (approx)	Applicability			Suitability / degree of difficulty for horse riders		
			Horse Riding	Mountain Biking	Walking	Option suitable for most abilities	Options comprise steep gradients & difficult terrain	Demanding sections for experienced riders
R1+2	6* - 21*	75	✓	✓	✓	✓	✓	
R3	8 - 11	80	✓	✓	✓		✓ **	
R4	10	80	✓	✓	✓			✓ **
R5	9	50	✓	✓		✓		
R6	5 - 9	70	✓	✓	✓	✓	✓	

Please note that by the very nature of the geology of the Northern Yorkshire Dales most of the circular networks will have some degrees of difficulty. It is advisable not to ride alone.

* Includes Richmond Link

** Not advisable in adverse weather conditions especially over winter months

The BHS recommends before undertaking any of the above routes, horse & rider should be adequately insured against public liability. The BHS can provide public & personal cover for members. For more information or to join call 02476 840506.

CODE OF RIDING

- Care of the land** - please do not stray off the line of the route.
- Courtesy to others** - pay heed to walkers, cyclists and car park users.
- Acknowledge courtesy shown by drivers; observe the Highway Code.
- Consider the landowner/farmer** - leave gates as you find them, ride slowly past livestock, and observe local and seasonal notices, especially during shooting (Aug - Feb), lambing and bird nesting times.

Following a route

- Descriptions in bespoke guide maps are correct at time of issue, but landmarks or rights of ways may change, and way marking limited esp. in the YDNP.
- Take the relevant OS Explorer 1:25000 (302,304,0L30) and compass.

Parking

- Riders are responsible for finding safe and appropriate parking.
- Start points shown on map do not guarantee suitable parking.

Preparation

- Wear BS standard hard hat, comfortable riding boots and lower leg protection.
- BHS advises riders wear high visibility clothing while riding on roads.
- Carry mobile (limited coverage), money/card, tie up string, head collar and lead rope.
- It is advisable to pack sufficient food and drink and take appropriate clothing.
- Include waterproofs. Transparent A4 map case worn around neck is useful.
- Please be mindful of rapid weather changes especially over high ground.

Feedback

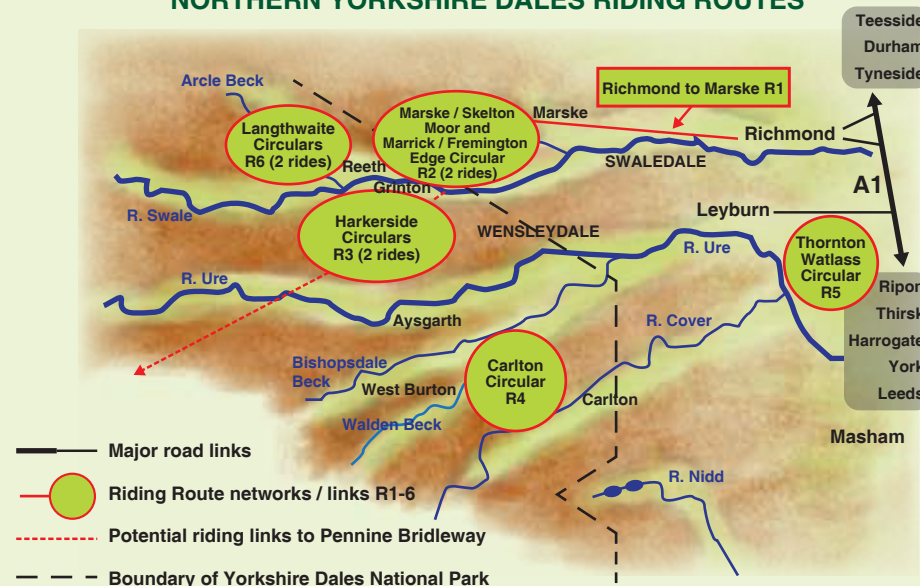
- Report back any route maintenance related problems to NYCC Rights of Way tel: 0845 8727374 or YDNP ranger service tel: 0300 4560030.

HORSE RIDING IN THE NORTHERN YORKSHIRE DALES

Swaledale, Arkengarthdale, Lower Wensleydale & Coverdale



NORTHERN YORKSHIRE DALES RIDING ROUTES



These circular rides use existing and well maintained public rights of way which take in some of the most spectacular scenery of the northern Yorkshire Dales including Swaledale, Lower Wensleydale and tributaries. The routes cater for a range of abilities and use mainly bridleways, green lanes and some unclassified county roads. The nature of the countryside in the dales means many of the routes are rugged and hilly. There are limited opportunities to canter but why rush through such fantastic scenery?

Local British Horse Society volunteer John Presgrave devised and mapped the routes with the support of Richmondshire and Bedale Bridleway Group, Public Rights of Way team at North Yorkshire County Council & Yorkshire Dales National Park Authority. The bespoke guide maps are specifically designed for horse rider use and provide an easy-to-follow route from a start point which can be reached by horsebox or trailer. Project logos are on occasional way marker and fingerposts. A PDF guide map for each can be downloaded for printout or loaded to most current smartphones via www.northyorks.gov.uk/rides. These routes are also part of the British Horse Society (BHS) National Equestrian Route Network which can be accessed via www.bhs.org.uk. Information on local accommodation and related amenities can also be found by visiting the BHS website, Welcome to Yorkshire and YDNP websites.

R1 Richmond - Marske

R2 Marske / Skelton Moor and Marske / Marrick / Fremington Edge 6-21 miles 2-7 hours

2 circulars including the demanding but rewarding Marrick-Fremington Edge loop.
Marske-Skelton Moor option is suitable for most riders.
Build in time if using the picturesque Richmond link along lower Swaledale to Marske.
Richmond to Marske and back makes for a delightful short ride.



Lower Swaledale from Richmond

R3 Harkerside / Whitaside / Grinton 8-11 miles 2-4 hours

2 circulars both taking in the remote lead mined moors with breath-taking views of Swaledale & pastoral stretches above the river Swale. Some steep, stony sections.
Be prepared for weather changes at the higher elevations.

R4 Carlton / Melmerby Moor / West Burton 10 miles 3-4 hours

Circular includes a steep and stony climb out of Walden Beck but affords fantastic vistas along most of its length, including Bishopdale, Coverdale and views across to Great Whernside and over to the North York Moors. Pubs / toilets in Carlton & West Burton.
Accommodation at Brough Farm, Middleham, nr. Leyburn (see individual guide map).



Swaledale from Whitaside on R3



Bishopdale on R4

R5 Thornton Watlass Circular 9 miles 2-3 hours

A very relaxing ride of few gradients and including green lanes. Quiet road stretches mainly offering wide verges. Especially pleasant by the River Ure and with the bonus of a pub en route in Thornton Watlass.



The Buck Inn and Green at Thornton Watlass

R6 Langthwaite Circulars 5-9 miles 2-4 hours

2 circulars either side of the impressive but remote Arkengarthdale, both of which scale the lead mined moors using old mining tracks, stony in parts, and pass through the picturesque village of Langthwaite. Pub / refreshments / accommodation at end of both circulars.

Circular 2 suitable for most riders. Circular 1 requires focus on terrain and navigation over Windegg Ings.



Riders above Arkengarthdale on R6



Please note that the promoted routes depicted are maintained to the best possible standards that the local authorities can afford, and whilst every effort has been made to ensure the routes and structures (i.e gates) are of a good standard at the time of launch, we would be grateful for ongoing feedback to ensure these routes continue to be accessible. Please see overleaf for contact numbers.

Acknowledgements

Routes devised and drawn by John Presgrave
Graphic design by Prontaprint, Darlington
Part funded and added to the National Equestrian Route Network by The British Horse Society
John Presgrave is also the author of Bridleway Rides in the South Pennines
published by The South Pennines Packhorse Trails Trust
1998 ISBN 0 9530573 13

KEYS

Map Key

	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	field wall
	cairn
	shooting butt
	steep gradient
	stony/rocky surface
	buildings

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on
 RHS/LHS - right/left hand side

User Key

	recommended route
	spur from Whashton Road car park
	start point/possible parking with grid reference
	alternative parking
	field gate
	bridle gate (5' wide) with user friendly latch
	gate with horse latch
	bridleway fingerpost
	other fingerposts
	water/stone trough
	viewpoint

Service Key

	public house
	church
	telephone
	post office

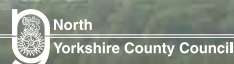


Coast to coast cairn overlooking Lower Swaledale

Acknowledgements

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 Supported by The British Horse Society.
 Graphic design by Prontaprint Darlington www.prontaprint.com/centre/darlington

Use of Richmond Gallops and car park and Permissive Bridleway, courtesy of Richmond Bургage Pastures Committee.



HORSE RIDING IN THE NORTHERN YORKSHIRE DALES

Richmond to Marske R1 (Approx. 4 miles)



Riding Directions east to west - continuous yellow line on map

Start Point S - Gingerfield Lodge car park ("The Gallops" Richmond Old Race Course)

Grid Reference - NZ158020

Also parking on the Whashton Road with bridleway link to start point **S**
 Alternative parking at Round Howe CP (pay and display) - Link to recommended route uses short section of A6108 which can be busy.


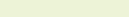
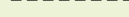
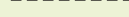

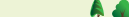
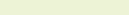

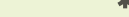
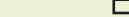

- 1 R and after few yards along road, L down BW until T-junction with surfaced road.
- 2 R along road (BW) past High Leases onto unsurfaced track, down and through Whitcliffe Wood, through HG at end, across meadow keeping to grassy track passing fort up on the right.
- 3 Continue west, through a series of 5 BGs, ignoring accesses to East, High and Low Applegarth.
- 4 Cross over footpath junction with signpost and continue west through BG and HG and past West Applegarth RHS.
- 5 Through next open G (note stone trough on right), uphill and along (past cairn marker for Coast to Coast path) and continue to end of BW.
- 6 At road, L (watch for downhill traffic from R), continue downhill and along till Marske circular is reached. 7

Riding Directions west to east - continuous yellow line on map.

- 7 East along road in direction of Richmond for approx. 1 mile, over Clapgate Bridge and uphill till BW on right is reached.
- 6 Through HG and along BW (passing Coast to Coast cairn) and eventually downhill (note stone trough on left) and through gate (open).
- 5 Continue east past West Applegarth on LHS, through HG then BG and to footpath junction with signpost.
- 4 Continue east along BW, through 5 BGs, ignoring accesses to Low, High and East Applegarth.
- 3 Continue east along grassy BW through meadow, passing fort up on left, then through HG of Whitcliffe Wood, along the track through the wood and uphill eventually passing High Lease on RHS, where track becomes surfaced, then downhill to bottom to BW finger post on left.
- 2 L uphill along signed BW to top where road is reached, then R along road to start point. **S**

KEYS

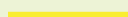


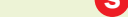
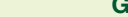
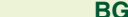
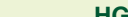
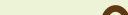
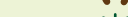
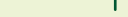
Map Key

	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	field wall
	field fence
	cairn
	shooting butt
	steep gradient
	stony/rocky surface
	buildings

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on

User Key

	recommended route
	link/other routes
	start point/possible parking with grid reference
	field gate
	bridle gate (5' wide) with user friendly latch
	gate with horse latch
	bridleway fingerpost
	other fingerposts
	water/stone trough
	viewpoint

Service Key

	public house
	church
	telephone
	post office



View towards Marske

HORSE RIDING IN THE NORTHERN YORKSHIRE DALES Marske - Skelton Moor Circular R2 (Approx. 6 miles)



Riding Directions (anticlockwise) - continuous yellow line on map

Start point  - Marske Beck Bridge

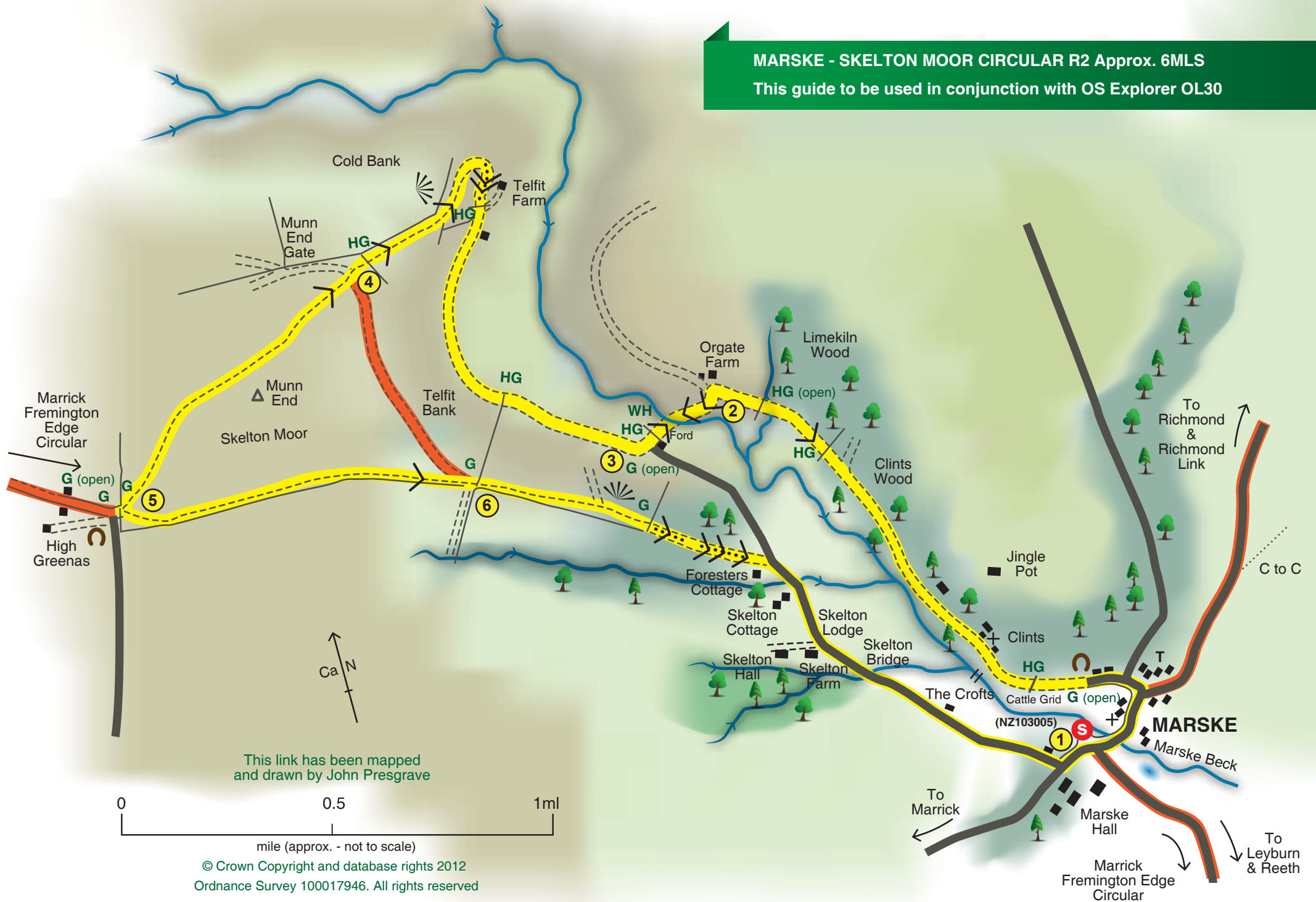
Grid Reference: NZ 103005

- 1 Proceed east over Marske Beck, L at next T junction, (R1 Richmond Link joins here) keeping L, through G at BW sign, along and through HG at cattle grid, past Clints, through Clints Wood, keeping L at fork (note way marker on L), through HG, uphill and through next HG and onto Orgate Farm.
- 2 L at Orgate Farm, down steep concrete drive, over stream, uphill through HG, ST and R through G (open).
- 3 ST along track, through HG, and forking L when Telfit Farm is reached, through HG, up steep and stony track, hairpin L, continuing uphill, through open G, uphill through field keeping wall on R till HG at top (cantering possibilities).
- 4 Continue uphill, crossing double track (can take short cut L to join circular at 6 here), continuing uphill on grassy track, across Skelton Moor (note Triangulation Point to LHS) until wall with G.
- 5 Turn L in front of G, meeting and keeping wall on R, gradually descending over trodden but somewhat arduous moorland terrain until double track from L, and G is reached.
- 6 ST along and down meadow keeping wall on R, through next G, and descend down stony double track, R at road T junction by Foresters Cottage, continuing along road, and L at T junction at end to return to start point (continue along road to follow R1 Richmond Link guide map back to Richmond).

Acknowledgements

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www.prontaprint.com/centre/darlington

MARSKE - SKELTON MOOR CIRCULAR R2 Approx. 6MLS
This guide to be used in conjunction with OS Explorer OL30



KEYS

Map Key

	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	boggy
	field wall
	field fence
	cairn
	shooting butt
	steep gradient
	stony/rocky surface
	buildings

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on
 R/LHS right/left hand side

User Key

	recommended route
	Richmond link, other routes
	start point/possible
	parking with grid reference
	alternative parking
	field gate
	bridle gate (5' wide)
	gate with horse latch
	bridleway fingerpost
	water/stone trough
	viewpoint
	other fingerposts

Service Key

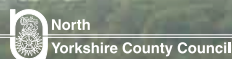
	public house
	church
	telephone
	post office



Looking across Marske Beck

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HORSE RIDING IN THE NORTHERN YORKSHIRE DALES

Marske - Marrick - Fremington Edge Circular R2 13 miles, 3-5 hours



Riding Directions: (clockwise)- continuous yellow line on map

Start point: Marske Beck

Grid Reference: NZ103004

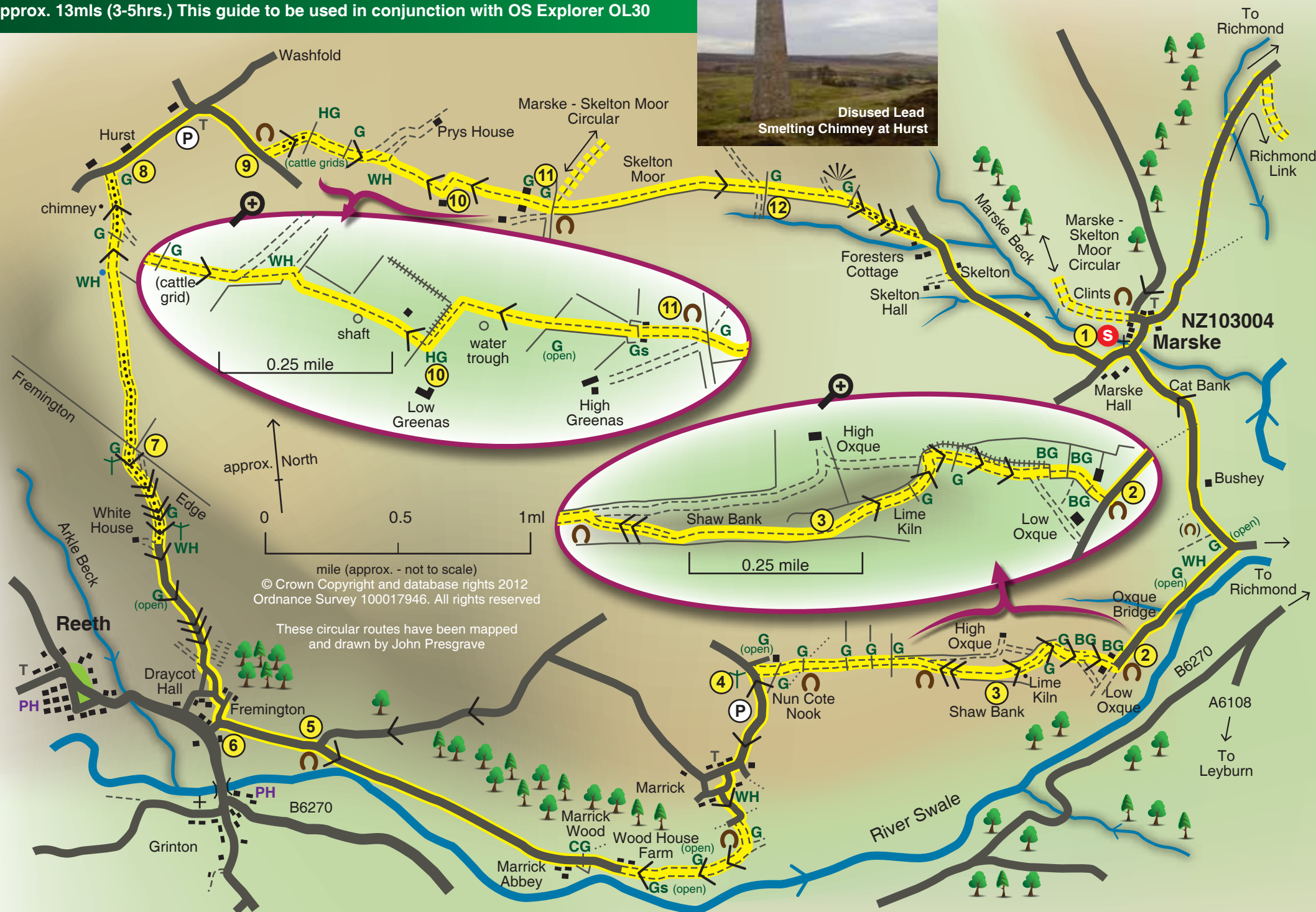
- 1 By Marske Bridge, follow road marked to Leyburn/Richmond, after 1 mile, ignore 1st BW sign R, take next lane R, through G (BW only) and by river on LHS.
- 2 R at BW sign just prior to Low Oxque Farm, ignoring farmyard on LHS, up past building on RHS, through 3 consecutive BGs, continue uphill following track keeping fence on RHS, through G, then bend L by G on RHS, continuing uphill through G, past disused limekiln on LHS to grassy top.
- 3 Follow wall on LHS for about ¼ mile, seeking out grassy track forking R, down to bottom track (note BW sign), continue west through series Gs to road.
- 4 L uphill and down to Marrick, bending R, then L opposite telephone booth, and L again down lane, R at bottom then immediate L down narrow green lane, through G (note BW sign), and R on double track, through Wood House Farm, using double side G at Marrick Priory cattle grid, and onto next road junction.
- 5 L (note BW sign) along road till next narrow lane on R just prior to main road at Fremington.
- 6 R up lane, next L, next R, then follow metalled road uphill (steep in parts) until access to White House, forking R (note way sign and WH) continuing up steep stony hill, through G, then very steep in parts, taking left fork just prior to top to lessen gradient (note sign).
- 7 ST through G at top, along double track (stony in parts) until G and road.
- 8 R at road (Hurst), R at telephone booth, uphill and L at next BW sign.
- 9 Down stony track, through 2 cattle grid Gs, and ST where track veers L, crossing very small stream, past way marker ST through open G, up field past old shaft on RHS, (barn on L) to bridle gate at field top.
- 10 L keeping fence on L, until G on L, then make R up field (note circular water tank on RHS) through open G, and series of sheep pen Gs (all but one are usually open), until end G with BW sign.
- 11 ST keeping wall on R, gradually descending over trodden but somewhat arduous moorland terrain until G is reached.
- 12 ST along and down meadow keeping wall on R, through next G, and descend stony double track, R at road by Foresters Cottage, continuing along road and L at T-junction at end to start point. (Continue along road to follow R1 link guide back to Richmond).

MARSKE - MARRICK - FREMINGTON EDGE CIRCULAR R2

Approx. 13mIs (3-5hrs.) This guide to be used in conjunction with OS Explorer OL30



Disused Lead Smelting Chimney at Hurst



KEYS

Map Key

	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	boggy
	field wall
	field fence
	cairn
	shooting butt
	steep gradient
	stony/rocky surface
	buildings

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on
 RHS/LHS - right/left hand side

User Key

	recommended route C1
	recommended route C2
	start point/possible parking with grid reference
	alternative parking
	field gate
	bridle gate (5' wide)
	gate with horse latch
	bridleway fingerpost
	water/stone trough
	viewpoint
	other fingerposts

Service Key

	public house
	church
	telephone
	post office

Upper Swaledale from Birks End

HORSE RIDING IN THE NORTHERN YORKSHIRE DALES

Harkerside Circulars R3 C1 approx. 11 miles - C2 approx. 8 miles



Riding Directions:

C1 orange line & numbering clockwise from **Grid Reference: SE038962**
 C2 yellow line & numbering anticlockwise from **Grid Reference: SE011983**

Circular 1-Gibbon Hill-Whitaside-Harkerside

Start point 1.7 miles south of Grinton

- 1 South west uphill passing cairns RHS, fence RHS, through BG downhill and R at T junction (Dents House).
- 2 West along Apedale Road, steep stony climb after 1 mile, levelling, through HG, & descending to next available R (small cairn).
- 3 Follow double track for approx. 2miles passing shooting lodge LHS, next L.
- 4 North downhill on double track until road (single track BW option near bottom), R on road (wide verges), past Harkerside Place LHS, to BW on R.
- 5 Through G, follow BW track uphill, meeting track from L, then uphill through G, continue up stony track, then along, and L at next junction onto less defined track, becoming double track, across stream, through HG.
- 6 Continue east, R at 1st available grassy track uphill, passing shooting butts on RHS, cross gravelled track, ST uphill to road, R and south along road to start point.

Circular 2- Swaledale Low Houses-Whitaside-Harkerside Moor

Start point 2.2 miles west of Grinton

- 1 West along road, ST at junction, R onto green lane (Low Lane) and follow until road and house on L, immediate L through G (BW signpost).
- 2 Up steep grassy BW (surface uneven and a little boggy in parts), keeping wall on RHS, through gateway at top on R, then L before ford, uphill through HG, stream on RHS until Birks End and road at top.
- 3 R along road, L at BW sign, double track uphill taking 1st available double track to L (small cairn), follow approx. 2 miles passing shooting lodge on LHS. (For shorter option, next L downhill to road, then L to start point .)
- 4 ST up steep stony track, to and across Harkerside Moor, descend to next junction.
- 5 L and follow double track along then downhill to G, then downhill a few yards and fork L down to G at road, then L along wide verged road till start point is reached.

Acknowledgements

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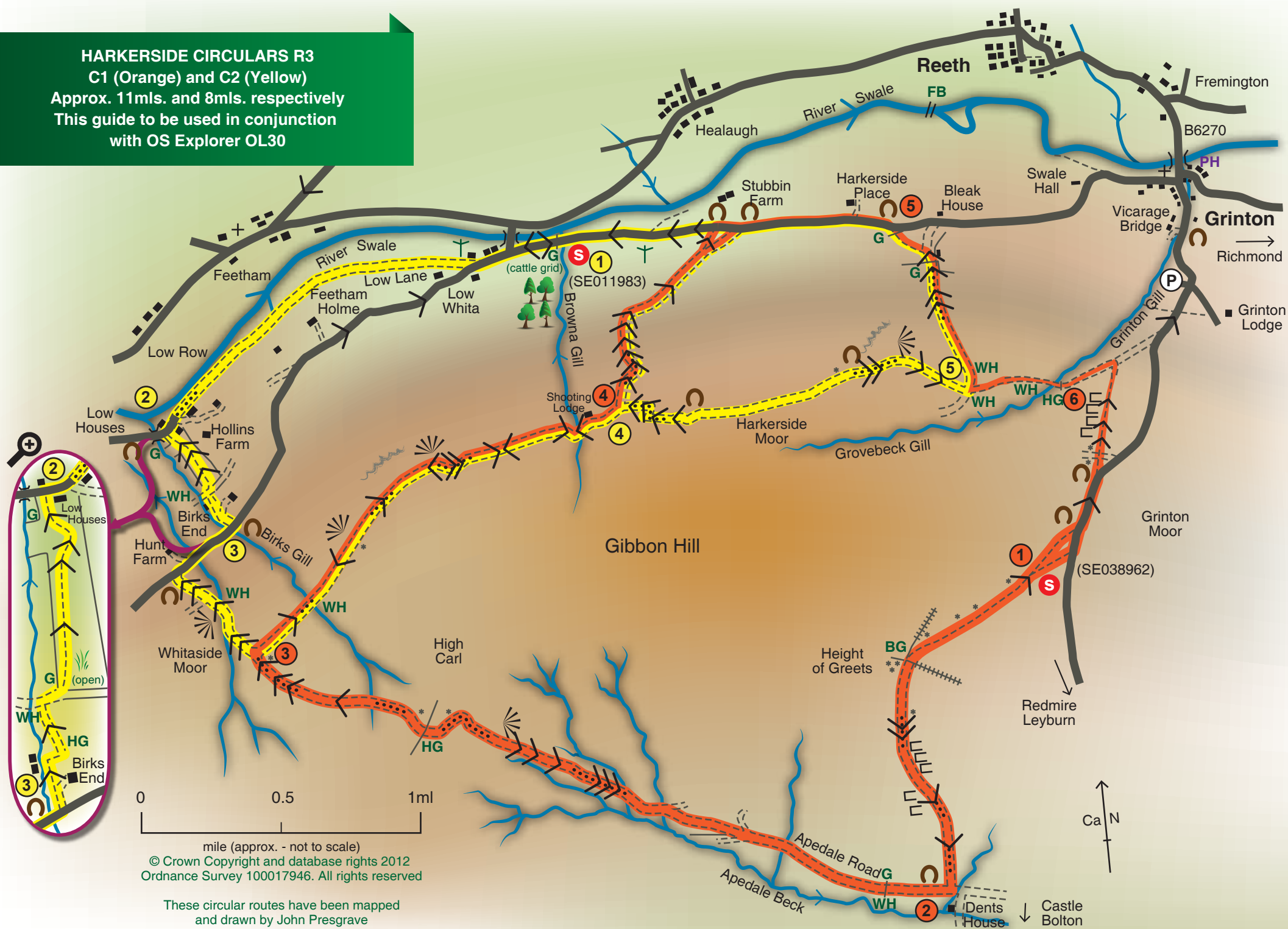


HARKERSIDE CIRCULARS R3

C1 (Orange) and C2 (Yellow)

Approx. 11mls. and 8mls. respectively

This guide to be used in conjunction
with OS Explorer OL30



KEYS

Map Key	
	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	field wall
	field fence
	cairn
	shooting butt
	steep gradient
	stony/rocky surface
	buildings

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on
 RHS/LHS - right/left hand side

User Key

	recommended route
	alternative/link routes
	start point/possible parking with grid reference
	alternative parking
	field gate
	bridle gate (5' wide) with user friendly latch
	gate with horse latch
	bridleway fingerpost
	other fingerposts
	water/stone trough
	viewpoint

Service Key

	public house Forresters Arms-Carlton Accommodation Brough Farm, Middleham Nr. Leyburn Tel: 07776 186581
	church
	telephone
	post office



Viewpoint at Morpeth Scar

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HORSE RIDING IN THE NORTHERN YORKSHIRE DALES

Carlton - Melmerby Moor - West Burton Circular R4 (Approx. 10 miles)



Riding Directions (anticlockwise) - continuous yellow line on map

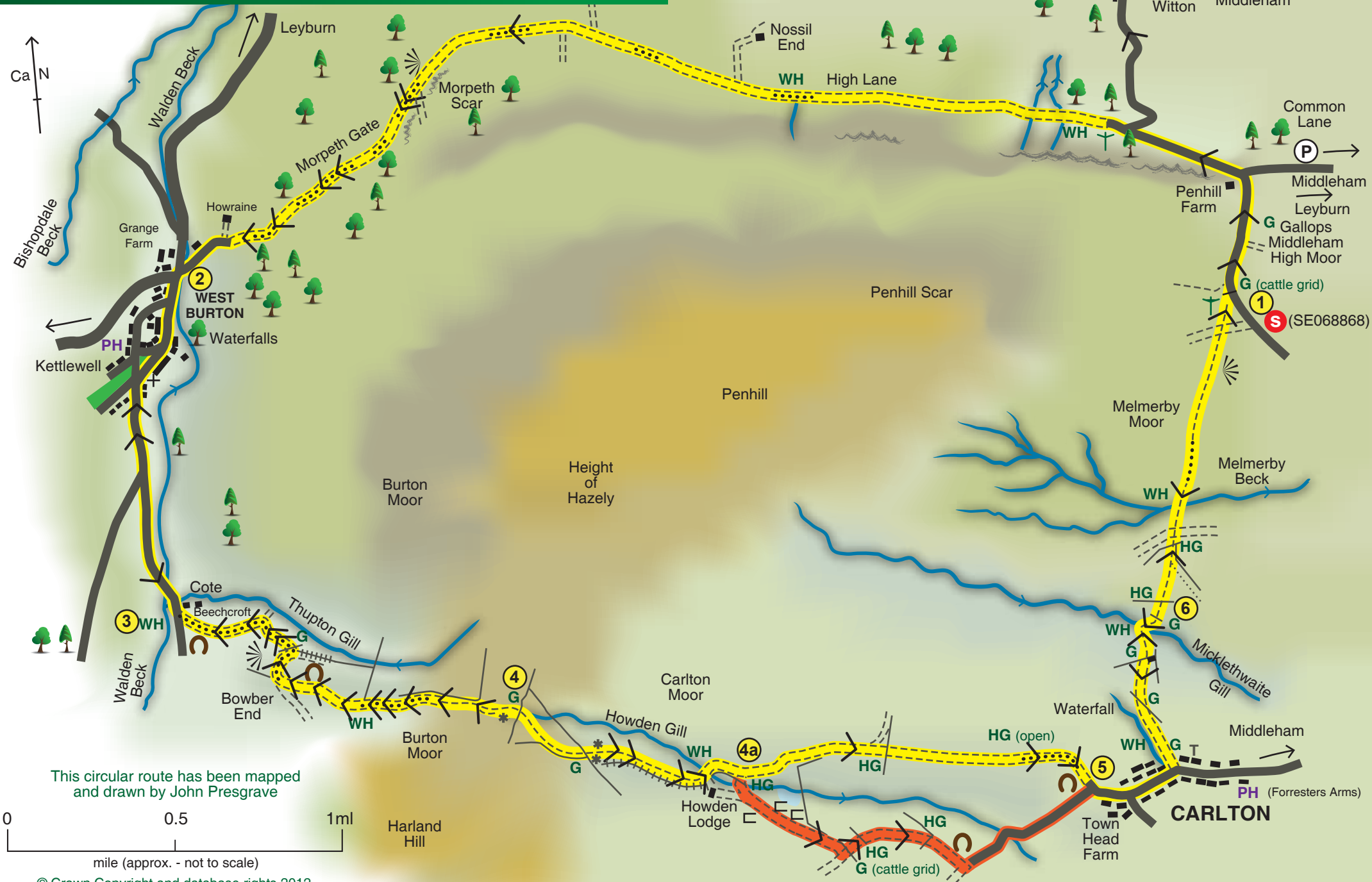
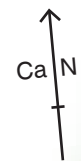
Start point - 700m south of Penhill Farm

Grid Reference: SE 068868

- North then L at T-junction at Penhill Farm (ST if using alternative), follow downhill, and L at sign to West Burton. Track level for about 2 miles, then series of stony descents, becoming surfaced before crossing bridge over Walden Beck.
- L and ST uphill into West Burton, keeping L with green on R then fork L uphill (to Walden only), keeping L at next junction down and across Walden Beck and on to BW sign on L.
- L up BW (note preserved kiln chimney on R), long steep and stony climb. R after 1st G, up stony track and after 180 yards take left at fork, continuing uphill now grassy track with gill down to left passing BW sign on L, then again becoming a steep and stony track, keeping wall on LHS, until levelling off at plateau (cairn), ST single track till G.
- Continue along single track, through next G, starting gradual descent between 2 cairns, descending more steeply, keeping fence on RHS until Howden Lodge comes in sight, joining the Howden track to cross the stream, and around Howden Lodge.
- 4a** Can take G to the R immediately after Howden Lodge as alternative, which meets up with circular at **5**, or ST on double track through HG, becoming grassy, through further HG (open), then stony descent to T-junction.
- L and L again through Carlton village, and L at telephone kiosk, up through G, along track through next double G, uphill and through G adjacent to building on RHS, down field with wall on RHS, steep descent into Mickethwaite Gill and up to G.
- Through G, L up field track to HG, then ST and down through next HG, across gravelled track, across stream, up and ST along stony then firmer single track across Melmerby Moor, crossing further double track and downhill to road, then R to start point **1** (or continue downhill to Penhill Farm and R to alternative).

CARLTON - MELMERBY MOOR WEST BURTON CIRCULAR R4 Approx. 10 MLS

This guide to be used in conjunction with OS Explorer OL30



This circular route has been mapped and drawn by John Presgrave

KEYS

Map Key

	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	field wall
	steep gradient
	stony/rocky surface
	buildings

User Key

	recommended route
	start point/possible parking with grid reference
	field gate
	bridle gate (5' wide) with user friendly latch
	gate with horse latch
	bridleway fingerpost
	other fingerposts
	water/stone trough
	viewpoint

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on
 RHS/LHS - right/left hand side

Service Key

	public house Buck Inn Thornton Watlass
	refreshments/toilets
	church
	telephone
	post office



The Buck Inn and Green at Thornton Watlass

HORSE RIDING IN THE NORTHERN YORKSHIRE DALES Thornton Watlass Circular R5 (Approx. 9 miles)



Riding Directions (clockwise) - continuous yellow line on map

Start point - east end of Stubbing Nook Lane

Grid Reference: SE 217876

- 1 R at High Pond House, eastbound along green lane, past 2 consecutive Gs (open except when cattle crossing), and onto metalled road to Cowling.
- 2 ST at Cowling, and R uphill through Burrill village then R immediately after the Grange on RHS.
- 3 Continue south along metalled road for ¾ mile until Thornton Watlass, passing green with PH on LHS, then past church on RHS whilst forking L.
- 4 Within yards, fork R onto BW, along to G, then R across field to BG (and small pond) at west end.
- 5 Continue along narrow track (Halfpenny Lane) to Halfpenny Houses, L at metalled road, and immediately R onto lane to Charlcot.
- 6 Continue west along lane passing West Lodge kennels then Charlcot on LHS, where lane becomes unmetalled and eventually runs parallel with River Ure before terminating at T-junction with metalled road.
- 7 L along metalled road, R at cross roads and follow uphill becoming wide verged until next T-junction at Cocked Hat.
- 8 R and follow east along wide verged road, R in 1 mile at Stubbing Nook, and follow until start point is reached.

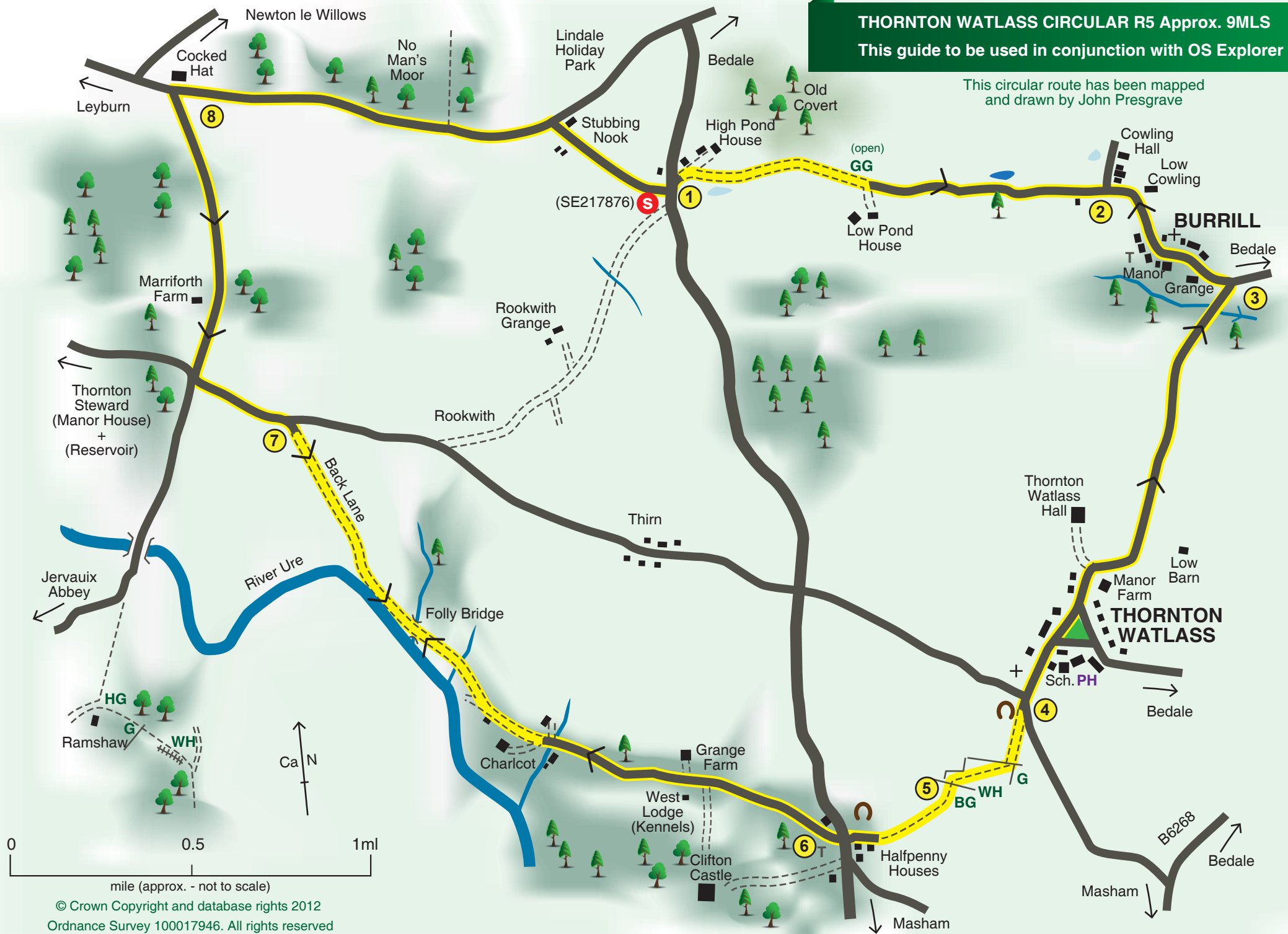
Acknowledgements

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 Supported by The British Horse Society.
 Graphic design by Prontaprint Darlington.
www.prontaprint.com/centre/darlington



THORNTON WATLASS CIRCULAR R5 Approx. 9MLS
This guide to be used in conjunction with OS Explorer 302

This circular route has been mapped and drawn by John Presgrave



KEYS

Map Key

	metalled road
	unmetalled double track
	single track
	footpath
	river/direction of flow
	wood
	boggy
	field wall
	cairn
	shooting butt
	steep gradient
	stony/rocky surface
	buildings

Riding Directions Key

R, L - turn right, turn left
 BW - bridleway
 ST - straight on
 RHS/LHS - right/left hand side

User Key

	recommended route C1
	recommended route C2
	start point/possible parking with grid reference
	alternative parking
	field gate
	bridle gate (5' wide)
	gate with horse latch
	bridleway fingerpost
	water/stone trough
	viewpoint

Service Key

	public house
	church
	telephone
	post office
	CB Inn car park by start point -
	Tel: 01748 884567 to park & for refreshments & accommodation



Riders above Arkengarthdale



HORSE RIDING IN THE NORTHERN YORKSHIRE DALES

Langthwaite Circulars R6 C1 approx. 5 miles - C2 approx. 9 miles



Riding Directions - (Clockwise C1, Anticlockwise C2)

Start Point - Opposite The Charles Bathurst Inn Langthwaite for both circulars
 Parking at CB Inn car park Tel: 01748 884567

Grid Reference - NY999031

Circular 1 - Covering the east flank of Arkengarthdale (yellow line)

- Through G behind PH, down BW through 2 Gs, over bridge, pass L of West House and Scar House, then L uphill, stony through G, then grassy uphill (ignore BW track on R) and on through BG and G passing Hillside West on left.
- Fork R in front of next gate, uphill on less defined track with wall on L. At sheepfold in the wall, head north to road over undefined moorland terrain (uneven and a little boggy in places, though periodically flailed).
- North on road for approx. 150 yards, R into BW (old mining track) and R at T junction after approx 1 mile, and then take G on right after further 1/2 mile (mining track bends left here).
- South down single track, becoming double then single, through G at field bottom, then -
 - either L down stony hollow, through BG, R at double track, R onto road,
 - or R, then L, down track with wall on left, to roadside gate, then R down road.
- R after bridge and north on through road, past church, to start point.

Circular 2 - Covering west flank of Arkengarthdale (orange line)

- North on road for approx 1.5 miles past Spencer Intake on right, then L onto BW at bridleway sign.
- Continue along BW (old mining track), ST at junctions, uphill, steep and stony in parts, until junction at top with cairns.
- L following cairns on right keeping to mining track.
- Bear L at next junction, crossing line of shooting butts, and continue downhill until road is reached.
- R at road and downhill to next BW sign on left.
- Follow double track BW east for approx 1.5 miles until road is reached, L on road, through cattle grid gate, and L at next BW sign.
- Continue uphill along BW past Gill House on L, BW becoming single track and a little boggy in parts, through G, uphill past Baldershaw House on L, and onto road.
- R at road then follow downhill till T-junction, then L back to start.

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