



North Yorkshire rides

Bank Newton bike and horse ride

About the ride

A moderate, circular off-road mountain bike route from Bank Newton Locks, mainly on tracks over rolling hills.



Ride overview

Distance: 8 miles (13 km)

Time: allow 1.5 to 2 hours

Terrain: Mostly tracks

Map: OL2 and OL41

Local facilities: None

Note: Horse riders are not permitted to use the canal towpath and should start the route from point 3. Parking is available on the road side at Bank Newton.

Points of interest

A fascinating area combining old buildings and settlements, linked by historic lanes and set along a winding industrial canal.

The canal was constructed to carry woollen goods from Leeds and Bradford and limestone from Skipton. The flight of five locks and bridge at Bank Newton were built about 1790.

This circular ride is produced by North Yorkshire County Council. Find more walks and rides on our website www.northyorks.gov.uk/walking. We welcome any feedback about this walk, contact details can be found on the back page.

Route description

1. Horse riders please see note on front page. From the layby, go through the gate onto the towpath. Information about cycling on towpaths is available from www.canalrivertrust.org. The canal to your left covers a distance of 127 miles and has 91 locks. It was built in the 18th century to provide a transport link between the industrial towns of Leeds and Liverpool.

2. At the canal bridge (no. 165), go under the bridge and then leave the towpath to the right. Turn left and continue down the lane. On reaching the crossroads, continue straight ahead along the bridleway past farm buildings.

3. At a fork in the track bear left across the field to the gate. Head for the ruined house through two more gates. Passing the ruined house on your left, go to the right of the hedge and continue up the track to Pot Haw Farm.

4. Turn left along a surfaced track for $\frac{3}{4}$ of a mile, past some houses on the right. Go left immediately before the garages on your left. Follow the track for $\frac{3}{4}$ of a mile to join the road.

5. Turn left onto the road and then right at the T-junction. Continue up the hill. On reaching the brow of the hill, turn left down the track signposted as a bridleway.

6. Follow the track along Ingthorpe Lane for $1\frac{1}{2}$ miles. The tarmac track turns into a gravel track heading over the hill towards East Marton. Notice the elongated small hills all aligned in the same direction, these are called drumlins and were formed by the ice retreating during the last ice age.

7. Just a few yards before you get to the A59, go left along the new bridleway that was kindly created by the landowner. At the end of the bridleway turn left at the lane and left again before the pub, following the lane down the hill.





Route description continued

8. Follow the lane past the stables on your right. Continue along the lane, then the bridleway, for 1½ miles, past houses at Newton Grange.
9. Cross the canal bridge and turn immediately left, go under the bridge onto the towpath and retrace your route back to the start. Alternatively, horse riders continue down the lane back to the crossroads in Point 2.

How to get there...

By Car: From the A65 in Gargrave take the road to Broughton. Turn right along Marton Road for approximately 1.5 miles until you reach Bank Newton.

Parking: In the layby adjacent to the canal at Grid Reference SD 916 535



Public footpath can be used by walkers. Waymarked with a yellow arrow.



Public bridleway can be used by walkers, horse riders and cyclists. Waymarked with a blue arrow.



Restricted byway can be used by walkers, horseriders, cyclists and non motorised vehicles. Waymarked with a purple arrow.



Byway open to all traffic (BOAT) can be used by walkers, horse riders, cyclists and motor vehicles. Waymarked with a red arrow.

Always follow **The Countryside Code**

- Be safe - plan ahead and follow any signs
- Keep dogs under close control
- Prevent uncontrolled moorland fires
- Protect plants and animals, and take your litter home
- Leave gates and property as you find them
- Consider other people

Walk your way to a healthier lifestyle.

Walking one mile burns virtually the same number of calories as jogging a mile, it just takes a little longer!

Walking is FREE and requires no special equipment or clothing.

Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure.

Contact us

North Yorkshire County Council, County Hall,
Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am - 5.30pm (closed weekends and bank holidays). Tel: **01609 780 780**

email: paths@northyorks.gov.uk

www.northyorks.gov.uk/paths or you can access all North Yorkshire County Council information online at: www.northyorks.gov.uk

If you would like this information in another language or format such as Braille, large print or audio, please ask us.
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