North Yorkshire walks Selby Horseshoe

About the walk

A pleasant stroll for all seasons, with sections along roadside pavements, the canal towpath, and well-trodden tracks and footpaths, with only two stiles to climb.



Walk overview

Distance: 9 miles (14.5 km)

Time: 3.5 hours

Stiles: 2

Terrain: Mostly flat

Map: OS Explorer Map No.290

Local facilities: Ample cafes,
pubs, parking and toilets in Selby

centre.

Points of interest

In the centre of town, and known as one of England's finest Parish Churches, stands the magnificent Selby Abbey. Founded by the Monk Benedict of Auxerre, France in 1069, the main phase of building took place between 1100 & 1230AD.

This circular walk is produced by North Yorkshire County Council. Find more walks and rides on our website www.northyorks.gov.uk/walking. We welcome any feedback about this walk, contact details can be found on the back page.

Business and Environmental Services

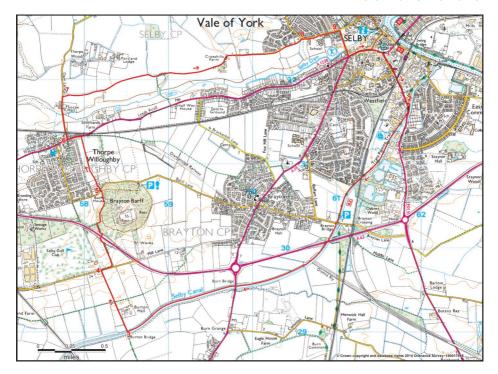
Route description

- **1.** Starting from Selby Abbey head in a south easterly direction along the A1041 Bawtry Road pavement.
- **2.** Join the canal towpath on the north side of the road bridge, near the traffic island from which Canal Road leads off to the left. Pass under the bridge and follow the towpath south westerly for about 3 miles.
- **3.** Turn right (away from the canal) at Burton Bridge and follow the bridleway towards Selby Golf Club.
- **4.** Cross the road, go through the kissing gate and follow the public footpath off to the right, through a gorse shrubbery, turning left to follow the golf course perimeter path. Continue over the A63 (Selby Bypass) where the path heads through Brayton Barff woodland.
- **5.** Emerge from the woods and cross over Barff Lane to join the bridleway up to the busy A1238 and Thorpe Willoughby. Carefully cross over the road and turn left along the pavement/ footway.
- **6.** Turn right onto a minor road Dam Lane and follow this road for approximately 400 metres, then turn right onto a public footpath at the signpost just beyond Thorpe Hall.
- **7.** Follow the farm track/path, keeping the hedge to your left, and eventually the route passes Cross Hills Farm and becomes a hard surfaced track.
- **8.** Soon after reaching the edge of town, at the road junction by the playground, turn right onto Flaxley Road.
- **9.** Continue along the pavement, then turn right into Scott Road, then left at the traffic lights to the Gowthorpe main shopping area. This leads back to the start of the walk at Selby Abbey.









Points of interest continued

It is claimed that Selby was the birthplace of King Henry I, son of William the Conqueror, who was staying in the town during one of his visits to the north whilst attempting to subdue the rebellious people of York. Henry ascended to the throne in 1100 and reigned for 35 years.

If you are lucky, this walk should offer you the chance to spot a whole myriad of wildlife, especially water birds along the canal side. The walk also passes through Brayton Barff, a spectacular ancient oak woodland.

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How to get there...

By Car: Selby lies to the south of York on the A19.

The post code for Selby Abbey is YO8 4PU.

Parking: Parking is available in Selby centre.

Public Transport: There is ample public transport to and

from Selby.

Train: Visit www.nationalrail.co.uk

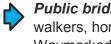
Bus: Contact Traveline 0871 2002233



Photo Credit: Liz Brown



Public footpath can be used by walkers. Waymarked with a yellow arrow.



Public bridleway can be used by walkers, horse riders and cyclists. Waymarked with a blue arrow.



Restricted byway can be used by walkers, horseriders, cyclists and non motorised vehicles. Waymarked with a purple arrow.



Byway open to all traffic (BOAT) can be used by walkers, horse riders, cyclists and motor vehicles. Waymarked with a red arrow.

Contact us

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD Our Customer Service Centre is open Monday to Friday 8.00am - 5.30pm (closed weekends and bank holidays). Tel: 01609 780 780 email: paths@northyorks.gov.uk www.northyorks.gov.uk/paths or you can access all North Yorkshire County Council information online at: www.northyorks.gov.uk

If you would like this information in another language or format such as Braille, large print or audio, please ask us. Tel: 01609 780 780

Email: communications@northyorks.gov.uk

Always follow The Countryside Code

- · Be safe plan ahead and follow any signs
- · Keep dogs under close control
- Prevent uncontrolled moorland fires
- Protect plants and animals, and take your litter home
- · Leave gates and property as you find them
- Consider other people

Walk your way to a healthier lifestyle.

Walking one mile burns virtually the same number of calories as jogging a mile, it just takes a little longer!

Walking is FREE and requires no special equipment or clothing.

Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure.